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THURSDAY, JULY 21ST 2016

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**GARETH JAMIESON REVIEWS THE NEW TARZAN MOVIE**  
PAGE 16

'Able to carry out more scans and reduce waiting times...'

## PoW hospital takes delivery of its second CT scanner...

A SECOND computerised tomography – or CT – scanner has been delivered to the Princess of Wales Hospital.

The scanner takes detailed digital internal images of the body to help doctors diagnose conditions such as strokes and injuries to internal organs, and to monitor conditions such as cancer.

The hospital already has one CT scanner and carried out over 11,000

CT scans last year. The second scanner was bought last year, but has been mothballed until now, pending available space and the redesigning of the radiography department at PoW.

A second scanner – operating alongside the first – means patients will have faster access to scans and the hospital will be able to carry out more scans, helping to reduce waiting times.

It will also offer more advanced diagnostic tests for cancer patients. (CONTINUED ON PAGE 14)

## LIONS RAISE FUNDS FOR HOSPITAL



### It's carnival time again in Porthcawl!

IT'S carnival time again in Porthcawl this Saturday, July 23, and the organisers are promising a fun-filled day for the family.

The theme for this year is 'Life on a beach' – and there have been plenty of community groups coming forward to enter a float in the Buccaneers carnival procession, or joining it as walkers in fancy dress.

Organiser Kerry Marlow told The GEM: "We have numerous float and walker entries. The procession will be led by the RNLI, Police and Coastguard, followed by the Westside Allstars Comedy Band.

"En route we will be entertained by the Pre Hee men, South Cymru Sapphires Marching Band, Pencoe Tumbler and Seren Arabic.

"All of our collectors will have sealed buckets, so please give generously, as we donate everything to the local community."

As usual, the procession will start at 1.30pm from Sandy Bay Caravan park, going along New Road, Eastern Promenade, Portway roundabout, John Street, Promenade, Mary Street, Suffolk Place, South Road and Fitzhamon Road – ending at the rugby club.

(CONTINUED ON PAGE 14)

BRIDGEND Lions' president John Paton and fellow Lions presented a cheque for £1,000 to Karen Robinson, ward manager of Y Bwthyn Newydd at the Princess of Wales Hospital on July 13. Dr Wheddon, the Palliative Care registrar, is standing behind Karen, with members of Y Bwthyn's staff.

*Samantha B*

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### Appeal after collision

SOUTH Wales Police is appealing for information following a road traffic collision which occurred in Ogmere Vale on Thursday, July 14.

At approximately 7.20pm, two vehicles – a Citroen Saxo and a Citroen Picasso – were in a head-on collision as they travelled along Wyndham Street. Six people were taken to hospital with non-life threatening injuries.

Police are appealing for witnesses to come forward, and would especially like the occupants of a blue vehicle which was travelling in front of the Citroen Saxo in the moments leading up to the incident to make contact.

Anybody who witnessed the collision, or who may have seen the manner in which either car was being driven prior to the collision, is asked to contact 101 quoting reference \*264535.

### Cats Protection Bridgend Summer Fete!

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Find us at:

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T: 01656 724396

W: [www.bridgend.cats.org.uk](http://www.bridgend.cats.org.uk)

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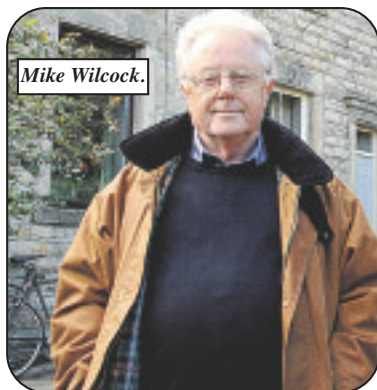
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## Mike's classic locomotive film goes off rails during BBC broadcast!



Mike Wilcock.

REPORT by TIM CHAPMAN

GEM photographer Mike Wilcock, who lives in Llanblethian, runs a very successful YouTube video channel featuring his own classic railway films – and last week, one of them made national headlines.

So far Mike has had 943,000 hits on YouTube and he thinks he will pass the 1,000,000 mark later this year.

He said: "A production company called Plum Pictures contacted me because they had seen my YouTube channel and wanted to use some of my film for the BBC 4 series *Trainspotting Live*."

"It was broadcast on BBC 4 on Monday, Tuesday and Wednesday evenings last week."

"They were live at stations like Didcot, Stafford and Clapham Junction."

But the BBC got a

little mixed up.

Mike explained: "Peter Snow announced a live shot of some class 66 locomotives and they put my film on, but it wasn't live it was obviously recorded."

Eagle-eyed railway enthusiasts spotted that footage of the eight-strong loco convoy at Bishton flyover near Newport was identical to a video Mike put up on YouTube on February 15.

In *The Sun* and *The Telegraph* railway enthusiasts were quick to point out the BBC's howler. In fact, the story made *The Sun*'s front page.

On the whole, Mike is not complaining about the BBC's series.

He said: "The good thing was that it brought railway enthusiasts into the 21st century, demonstrating that it's now about video cameras and mobile phones, not trainspotting in anoraks with notebooks."

## Walk on the mild side for Noah's Ark

NOAH'S Ark Children's Hospital charity holds its fundraising walk on Sunday, September 18.

The day begins at the Norwegian Church in Cardiff at 10.45am with a Zumba session to warm up before the walk – either three or 10 kilometres – from 11am.

Walkers are invited to wear fancy dress, although a T-shirt will be given to each person who registers. Registration is £5 per person.

Telephone 09221 847310 or visit [www.noahsarkcharity.org](http://www.noahsarkcharity.org) for more information.

## Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)

• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

## No hate crimes? '...THEN TELL THAT TO THE PERSON WHO VANDALISED MY CAR'

I read the report headed 'Councillor's racism allegations not backed in Cowbridge' (The GEM, July 7) on my return from overseas on July 13.

It made interesting reading, particularly as it quoted Liane Bartlett, of South Wales Police, claiming: "We have not seen an increase in hate crime incidents reported to us in the last week"; that may be true but there is one extra one now!

During the period I was away, some individual(s) decided to take issue, cowardly, with my beliefs, criminally damaging my vehicle parked in the Town Hall car park.

(GEM NOTE: The letter writer had a 'Vote Leave' sticker on his car, and the word 'STAY' was scratched beneath it on the car's paintwork.)

I am not sure what the latest penalty for 'hate crime' is, but for criminal damage a term of up to 10 years' imprisonment can be applied – obviously, should the perpetrator be identified and convicted – unlikely in this case.

What is sadder for me, however, is that throughout the Referendum process, the Remainers were suggesting that they, the more intellectually-gifted demographic group, wanted to stay – while those less gifted were motivated to leave – hence

## Principles were put before self-interest

BACK in Victorian times, the miners of south Wales were the most intelligent, principled voters in Britain.

Their politics were not shaped by the simple self-interest that motivates angry, confused voters of today, but on their clear vision of social justice for every citizen, a sense of purpose which is not even understood now.

Of course, the destruction of heavy industries has made it more difficult for thoughtful voters to share their thoughts and discover common cause, in the clubs and chapels which they had built.

Politics now is completely splintered between different factions who have no

desire to search for the Common Good. That ideal has been murdered by some politicians and the moguls of the national media, in favour of selfish 'individualism', which is easier for them to control.

A society without principles can only travel in one direction, helpless in a free market economy manipulated by advertising gurus and greedy tycoons, towards the mindless, aggressive populism of Donald Trump.

It is a logical development, that complete self-centredness must lead to resentment of everyone else, instead of the collective principles of mutual concern nurtured by Clem Attlee and Ghandi.

C N Westerman, Brynna.

the voting pattern in Cardiff and the Vale compared to other parts of Wales.

In the case of the vandal/s who damaged my vehicle in a criminal way, while taking issue with my stated belief, their intellectual development has clearly been arrested – but that is their problem.

Our problem, as residents of Cowbridge, is that he/she also challenged any 'safe space' we have to communicate different beliefs to others locally.

Such behaviour is far more serious and exemplifies the slow breakdown of the rule of law, both locally and nationally, exacerbated by the light touch 'policing by passing panda' that more visible and effective policing of our community has been reduced to.

Dr Paul Langmaid CBE, Cowbridge.

## Young Brexiteers voted for what was best for them

THE GEM letter on July 7 headed 'Brexiteers were like lemmings' by Steve Whitehead, strongly implies that those who have not had a university education are less intelligent and 'easily led'.

So, how come the Remain group couldn't persuade them to see it their way? Could it be that young Brexiteers should be given more credit for being 'streetwise' in their thinking?

They look around their locality, talk to friends and family. They have taken their own experiences of work and opportunities into

account and voted for what they thought was 'best for them'. Which is what we all do!

About half of the 'young group' are either in higher education or have completed it, so why didn't it galvanise them to vote Remain?

I find that strange. But there again, I find it strange that the UK has one of the largest economies in the world and yet has foodbanks in the Vale.

Even 'stranger', I find it puzzling that Alun Cairns finds it strange that the Valleys voted Leave.

I think he'll find that the Vale and the Valleys are like 'chalk and cheese'.

B Hall, Llantwit Major.

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## 'Parties should get the message right'

I WRITE with reference to Mr Kemp's recent letter about low turnout in the Rhosce council by-election and would suggest that any combination of the following thoughts may have been in people's minds when they chose not to turn out:

"We had a general election year, Welsh Assembly elections last month, and the EU referendum last week; and now I'm being asked to vote again."

"None of the candidates represents my views."

"I've given up voting, because however I have voted in the past, little or nothing ever improves. We all know that career politicians are cut from the same cloth regardless of the principles they claim to

represent. None of them is to be trusted."

"The Vale Council has become a self-serving organisation with a complete disregard for its duty to its residents. It is a waste of time and if I don't vote to return a representative, it may just disappear."

Of course, we should see it as our duty to vote, but I think that canvassers are as much to blame as the public. There was a time when, on the doorstep, canvassers from all parties would urge us to: "Use your vote, even if you don't vote for us. Your vote is important."

It has been nearly 20 years since I have heard this.

Political parties need to be sending the right message, not just the message which best suits them.

Alison Fairweather, Barry.

## Historian's tribute to commanding officer

IN the July 7 edition of The GEM, you published an article 'Battle of the Somme – in art' which included a painting *Care of Wounded Soldiers at Cardiff Royal Infirmary*.

The painting depicts Lieutenant Colonel David Hepburn, commanding officer of the Third Western General Hospital, visiting wounded soldiers at the King Edward VII hospital – later re-named Cardiff Royal Infirmary – in

1916. At the time, he was Dean of the Faculty of Medicine in Cardiff.

The painting is now at the Queen Alexandra's Royal Army Nursing Corps Museum in Aldershot, having originally hung in one of the main corridors at CRI.

A detailed biography of Professor Hepburn by the historian Dr Alun Wyn Roberts appears in my book *Blood, Guts and Heroes – a tribute to those doctors from Wales who were involved with the Great War*. John Jenkins, Miskin.

## HIGH TIDE TIMES

(UNTIL JULY 28)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
21 Thur	08.12	9.7	20.29	9.9
22 Fri	08.51	9.8	21.12	9.9
23 Sat	09.33	9.8	21.54	9.8
24 Sun	10.12	9.7	22.33	9.6
25 Mon	10.55	9.4	23.21	9.4
26 Tues	11.44	9.0		
27 Wed	00.12	8.9	12.39	8.7
28 Thur	01.13	8.5	13.45	8.4

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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RNLI lifeguards attempt to move the tonne of water.

## Tonne up! RNLI tells swimmers, 'Respect the Water!'

**LIFEBOAT crews and lifeguards were no match for the tonne of water on Porthcawl's seafront last week as the charity presents a timely reminder for the public to respect the water this summer.**

The cubic metre of water – weighing one tonne – has been put on display in Porthcawl and Tenby to help people realise how heavy a relatively small volume of water is.

Coastal fatality figures showed that 20 people lost their lives around the Welsh coast last year, the highest number since 2011. The number of near-fatal incidents was even higher, with the RNLI's lifeboat crews and lifeguards in Wales saving 78 lives in 2015.

The tonnes of water are to draw attention to the charity's national drowning prevention campaign, 'Respect the Water', which aims to

halve accidental coastal deaths by 2024. The RNLI safety campaign highlights the dangers of cold water shock and rip currents as well as reminding people to be prepared when visiting the coast.

Nicola Davies, south Wales community reduction manager said: "I would like to challenge everyone visiting Porthcawl and Tenby this summer to have a go and see if they can push the tonne of water – it's heavier than you think."

"People need to treat the water with respect – it's powerful and unpredictable. If you're planning to get into the water, be aware that even if it looks calm on the surface, there can be strong rip currents beneath the surface, which can quickly drag you out to sea. The sea is powerful and can catch out even the strongest and most experienced swimmers."

For more information on 'Respect the Water', visit [RNLI.org/RespectTheWater](http://RNLI.org/RespectTheWater).

## HSBC 'closing the door after the horse has bolted in Porthcawl' – AM

**REGIONAL AM Suzy Davies has added her objection to plans by HSBC to close its Porthcawl branch.**

Mrs Davies asked the bank to reconsider because of problems customers might have trying to access banking services.

She said: "Banks are an important element of our high streets and they draw people in. Porthcawl has already seen the loss of services and shops and losing the HSBC branch will be another blow for those traders who are trying to make a livelihood."

"Not everyone is comfortable in banking online."

"Walk-in customers tend to be older citizens. We already live in a world of passwords, which is inconvenient for those who merely forget them, but very distressing to those who have memory loss conditions or sight loss. They are also an expensive problem for the executors of estates

without the necessary information to access online accounts."

She said that these plans will affect older people disproportionately.

HSBC has written to her, saying that appointments are being offered to customers in these branches to discuss future banking needs and they were conscious of problems for the elderly and disabled.

Mrs Davies added: "This is a case of closing the stable door after the horse had bolted. I welcome the decision to allow customers to use their local post offices to carry out some of their banking business which will give a boost to those post offices – but not everything can be done at the post office."

"I look forward to hearing from HSBC about any contact they had with the Older People's Commissioner about how best to take older people's views into consideration before making this decision, not afterwards."

## Rocking back to the fifties!



Mr Len Castle, Dave Wickenden (centre) and chairman Mr Keith Duggan.

**IT is always a joy to experience different artists at the Porthcawl Stroke Club, a spokesperson reports.**

Dave Wickenden – billed as Europe's number one Buddy Holly impersonator – was a brilliant artist and professional, who took many of the members down memory lane by playing the guitar and singing hit songs from the fifties.

Buddy Holly, the Beverley Brothers, Elvis, Frank Sinatra, Tommy Steele and more featured in his repertoire. People were singing and tapping their feet, and it was nice to see everyone just enjoying the moment, a really pleasant and entertaining morning.

After the death of one of our longest-serving members, we all needed an inspirational

influence. Jean Groom would have loved this session. Jean was always smartly dressed and never let her illness get in the way of leading a full life.

Our thoughts go out to her loving family. Mary Evans, who has been in hospital for some time, would also have enjoyed this session.

Full of laughter and fun, she is a really happy lady. Thinking of you Mary, good health and best wishes for a speedy recovery.

Anyone wishing to join the Porthcawl Stroke Club should contact Keith and Mary Duggan call 01656 773376.

The club runs on Wednesday mornings between 10am – 12pm at The Masonic Lodge Home, Porthcawl. Transport is provided for the less abled.

## Right up 'our street'!



Pictured (left to right): Dianne Bow-Wilson; Coun Reg Jenkins; Bridgend Town Mayor; Jo Derrick; Pat Forster and Bridgend Writers' Circle chairman, Alex Marshall.

**FOLLOWING its short story competition, with the theme of 'Our Street', the Bridgend Writers' Circle held a presentation evening on July 7 at Carnegie House Arts Centre.**

Judge Joanne Derrick presented Dianne Bow-Wilson, the first prize winner, with a cheque for £200 for her story 'Edna and Goliath'.

Dianne and her husband came from Exeter and said they had thoroughly enjoyed their Welsh weekend!

## Gala concert for meningitis charity

**A YOUNG baritone will hit the right note when he joins the celebrated duet Cantare at a charity concert in Porthcawl next month.**

Upcoming singer Huw Westwood (16), has been performing with Only Boys Aloud – the world's biggest boy band – for several years and is now building on his solo performance skills.

He is also a Young Ambassador for the charity Meningitis Now and the concert, at the town's All Saints Church on Saturday, July 30, will raise funds for its work, as well as raising awareness of the disease. "I'm really looking forward to the concert," Huw said, "and to sharing a stage with Angharad Morgan and David Fortey from Cantare – I'm sure I will learn a lot from them."

The concert has been

organised by Judith Shawe, who taught Huw's mother Alison how to play the piano as she fought back from meningitis. Alison now volunteers for Meningitis Now as a community ambassador to help fund vital research, raise awareness and support others who have contracted meningitis. Tickets for the concert, which starts at 1pm, cost £8 and are available from Judith Shawe on 01656 786446, or visit [www.meningitisnow.org](http://www.meningitisnow.org).

Meningitis Now, in its 30th anniversary year, is working towards a future where no one in the UK loses their life to meningitis and everyone affected gets the support they need. For more information and to donate, visit [www.meningitisnow.org](http://www.meningitisnow.org).

## ART CHALLENGE...

**ART Challenge Wales comes to Porthcawl on July 23.**

Art Challenge Wales is an open-air competition where artists compete in any medium.

Entrants should sign in at the Pavilion in

Porthcawl between 9am and 11am to have their blank canvas or other medium stamped for authenticity, and report back by 5pm with the finished work.

Installation artists and photographers may need to discuss their entry

with us. Paintings are limited in size to 2m².

Entrants can create their artwork anywhere in Porthcawl, and should visit

[www.artchallengewales.co.uk](http://www.artchallengewales.co.uk) for the map with places of interest and to register.

Organisers say that the subject matter should "encapsulate life in a seaside town." There will be £1,000 in prize money to be shared between the top three artists and other prizes to be announced.

Judging will take place the following week, when the presentation date will also be announced, and artists will be invited back to see all the work in the 'pop-up' gallery at Coed ar Graig House.

All the artwork will – with the artist's permission – be placed for sale on our website gallery. All works on paper should have a mount and preferably be framed.

One of the judges will be Dr Kim Howells, ex-Labour culture minister, and the event is sponsored by Philip Vaughan, of Abacus Assurance Porthcawl.

## Family activities this summer

**BRIDGEND Communities First has a roster of family activities this summer for residents in Communities First areas.**

Activities, which are free at the point of delivery include arts and craft taster days, such as willow weaving, cake decorating, circus skills, nail art and street dance.

For the more sports-orientated in Communities First areas, activities range from archery to surfing, fencing to ice skating and gymnastics to cycling.

To celebrate the centenary of Roald Dahl's birth, residents can watch films of his works in libraries and choose a book to take part in Awen Cultural

Trust's 'Big Friendly Read.' Roald Dahl films will also be shown at Maesteg Town Hall's 'Strictly Cinema Kids' events, followed by free refreshments and dance sessions.

Discovery days include trips to the Botanical Gardens, St Fagans' Egyptology Centre and Swansea Beach, Dan Yr Ogof Caves, Folly Farm, Cardiff Bay, Techniquest, Mountain View Ranch in Caerphilly and Amelia Trust Farm.

Admission is free to all those living in Bridgend Communities First postcode areas.

A full list of their summer programme – and other Communities First areas – is available at [www.commfirstbridgend.co.uk/whats-on](http://www.commfirstbridgend.co.uk/whats-on) or by calling 01656 643514.

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## Outdoor lessons on Kenfig's dunes!



New resources have been produced to help teachers educate their pupils outdoors at Kenfig National Nature Reserve.



Pupils from Afon Y Felin Primary School with the new schools resource pack at Kenfig National Nature Reserve.



**TEACHERS** are being invited to swap their classrooms for sand dunes as a whole new suite of educational materials have been produced to help children learn outdoors at Kenfig National Nature Reserve, and packs are also available for families.

In the latest instalment of the Bridgend Outdoor Schools project, Bridgend County Borough Council's Reach rural development team has developed the online resource pack for schools, which enables lessons to be taught in an outdoor setting all year round.

Coun Ceri Reeves, the council's cabinet member for communities, said: "These resources aim to break down the barriers to teaching outdoors by offering a selection of lesson plans and activities that link to the curriculum and the new Welsh Government

Literacy and Numeracy Framework.

"Rather than learning about the outdoors, the packs are about using the outdoors to learn. For example, the environment and surroundings found at Kenfig can be used as inspiration for art lessons, while a biodiversity survey could be incorporated into an ICT lesson, or the site's remarkable past could form the basis of a writing or history task."

Coun Reeves added: "The downloadable online packs make it easier for pupils to pick up their magnifying glasses and pond-dipping nets and enjoy the many benefits of being in green and natural spaces while learning."

Resources can be downloaded from [www.naturalneighbourhoods.com](http://www.naturalneighbourhoods.com), while families can also get their hands dirty by downloading a pack full of outdoor learning activities aimed at them, and additional materials have been produced for students in higher and further education.

## AMs praise for singing group



PICTURED (left to right): Mrs Kate Whitestone, Dr Sarah Miles, Carwyn Jones AM and Jane Hutt AM.

**BRIDGEND AM Carwyn Jones and Vale AM Jane Hutt recently visited 'With Music in Mind' in Cowbridge.**

'With Music in Mind' is a Community Interest Company based in south Wales which runs singing groups for people over 50. The group is open to anyone over 50 looking for a supportive, fun and integrative group where singing ability is not a prerequisite.

The group is particularly beneficial to those at risk of social isolation, loneliness, or worsening physical or mental health.

The AMs said that group singing has been shown to have a wealth of benefits including reducing stress, increasing confidence and improving wellbeing. With increasing levels of social isolation and loneliness, Dr Sarah Miles and Kate Whitestone wanted to provide a service that helped to reduce these risks early.

The group in Cowbridge was set up in September 2015 and both AMs have constituents who are regular members. Many group members enjoy the routine of attending the group on a weekly basis and really look forward to it.

Others say that being part of the group is simply a joy and that people can forget about their troubles and go home with the feeling of wellbeing still with them. As well as an hour of singing, there are also refreshments and a further hour of social activities chosen by the group members.

Carwyn Jones said: "It was great to visit 'With Music in Mind' to see the brilliant work that they do and to see the positive impact that they have on the individuals who are part of the group."

"As one group member said to me 'there is no better way to

encompass one's feelings than with music.' The group sang a number of songs from a Beatles number to songs from the musicals such as *Les Misérables* and *My Fair Lady*. I really enjoyed listening to them."

"Through this group, people can come together in a relaxed and informal environment and take part in a range of singing and other activities whilst forging new bonds. In short, people

can sing, socialise and have fun while regaining their confidence and improving their well-being."

Jane Hutt said: "It was wonderful to meet organisers and members of 'With Music in Mind' – a fantastic and supportive community group showcasing the uplifting and important role of music in our lives."

## What's new in Bridgend planning?

Mr P Fulgoni – **Park, Bridgend** – One illuminated sign.  
Matthew McGann – **Springfield, 28 Heol Tyn yr Garn, Pen-y-fai** – Detached garage.

Ms Joanne Evans – **76a New Road, Porthcawl** – Take out existing UPVC window, remove external wall to form door opening, various works including new damp proof course etc.

Miss Jess Canton – **37 The Esplanade, Porthcawl** – Convert former Apollo Nightclub to ground floor restaurant and one residential unit with extensions and alterations.

Mrs Jacqueline Morris – **Delfryn, Heol Las, Maudlam, Bridgend** – Additional third garage attached to existing double garage with room over, below a pitched roof. Addition of an entrance porch to main entrance door.

Mr Gareth Grant – **66 Park Court Road, Bridgend** – Rear single storey extension, rear dormer extension and front dormer extension to existing dormer bungalow.

Mr Jeff Harris – **44 Dol Nant Dderwen, Broadlands, Bridgend** – Creation of a private vehicular access from the applicant's dwelling house onto an adjacent 'layby' which is little used but remains a classified road.

Mrs Paula Hughes – **Ty Newydd Farm, Dan yr Eglwys, Bettws** – Detached garage.  
Owen G Motors Ltd – **Owen G Motors Ltd, Dunraven Business**

## New services in Barry for adults with learning disabilities

**SEND is a new day service for adults with a learning disability that has recently opened in Barry.**

Laura White, who started the provision, said: "I started SEND because I felt that there was a lack of provision for adults with a learning disability once they left college."

"Many families are given direct payments as a way of accessing services in the community, but I felt there was a lot of confusion over what they could access."

"Therefore, I wanted to simplify the process and offer a full day of provision (from 10am-3pm) with other adults, where they meet and learn new skills throughout the day."

"We have seen a vast improvement in our students' overall literacy, numeracy and social skills, which they so desperately miss once college has ended."

If you would like more information, contact Laura on 07861378311, or visit the website [www.specialneeds Cardiff.co.uk](http://www.specialneeds Cardiff.co.uk).

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Email: [laura@specialneeds Cardiff.co.uk](mailto:laura@specialneeds Cardiff.co.uk)

[www.specialneeds Cardiff.co.uk](http://www.specialneeds Cardiff.co.uk)

## Porthcawl Townswomen's Guild news

**SINCE my last report, we have enjoyed an outing to the Gower Heritage Centre, which was very interesting and well worth a visit.**

Janet Anderson and I represented the guild at the civic service and tea afterwards at the Pavilion. We send good wishes to the new mayor for his term of office.

Another visit was to one of its lunchtime dramas, getting popular with our members. Also popular every year is our lunch at Beales; who can resist well-cooked fish and chips?

Freda Rodger as our delegate, with Dee Richardson and Judith Orphan, attended the

National AGM in Bournemouth, where mandates on organ donation and modern-day slavery were debated and overwhelmingly passed.

Our speaker for July was Rev Clive Williams on the music of Handel; always entertaining and with his usual illustrations on the piano.

We welcomed four visitors and a new member at this meeting. We do not meet in August, but our next meeting is on September 14 at 2pm at All Saints Church Hall, when we will celebrate the harvest with entertainment and a good tea. Visitors are welcome.

**DOROTHY THOMAS**

Go to the **The GEM** for the latest stories and breaking news...  
[www.bridgend-today.co.uk](http://www.bridgend-today.co.uk)  
[www.porthcawl-today.co.uk](http://www.porthcawl-today.co.uk)



# Veteran newsreader tells Sker WI of life in front of the camera



From left: President Nora Williams, guest speaker Jane James, secretary Cynthia Sidey and treasurer Margaret Owen. (Photograph by Barbara Mathews).

ON July 14, president Nora Williams welcomed 32 members and one visitor, Sadie, to the meeting of Sker WI, then asked members to join her in wishing Beryl Hughes happy birthday.

She thanked committee members, Eunice Howells and Judith Morris, for organising the recent visit to Abbey Cwm Hir.

A trip to Cheltenham is planned for November 30 and a Bon Marche charity fashion show is planned for October 24. Nora asked for volunteers to strut their stuff on the catwalk on the night! The event has been organised to raise funds

for Denman, the spiritual home of the Women's Institute.

Sker WI is still in its golden anniversary year and Nora asked all members to embroider their names on to individual gold squares. The craft group will then make these into a commemorative banner.

She reported that Sker WI's stall at the St David's Church summer fete had not raised as much money as had been hoped for, and that we would need to consider other ways next year to try to raise money for the church, whose hall we use for our monthly meetings.

By the time you read this report, we will have held our own summer fete at Trinity Church on Friday, July 15! Your correspondent will

let you know how we got on in a future report. Fingers crossed that we will have raised a good amount for our own coffers!

Members were also reminded that the Glamorgan Show will be held at North Comelly Community Centre on Saturday, July 23. Dates and times were given out for those exhibiting and those acting as stewards on the day.

Even though we may feel that summer has not really started, Nora announced that the committee would be meeting on August 15 to plan next year's programme and said Sker WI would be hosting the Link Meeting for 2017.

The guest presenter was TV presenter Jane James, a Porthcawl girl whose informal and friendly style had the whole room entranced as she took us all on a journey through a life full of colour, light and shade.

Her 30-year career with the BBC started when, aged 20, her father offered to buy her a car if she would stay near to home rather than accept a job as an air hostess, and she became a newsreader!

She found working for the BBC "a truly inspirational experience" and shared "light and shade" moments from her career, such as the tragic

death of Diana, Princess of Wales and the horrific devastation of New York's Trade Centre Twin Towers.

After retiring from the BBC at the age of 51, Jane threw herself into the re-launch and rebranding of Pyle Garden Centre with members of her family. The business flourished and has evolved into the Pyle Garden Village, with many concessions and businesses on the site.

She is also proud of the designer clothes boutique, Loulou, which she runs with her sister at Pyle Garden Village.

However, of all her achievements, Jane was especially proud of the year she spent in the role of High Sheriff of Glamorgan. Although this is now largely ceremonial, the role of High Sheriff dates back to the Magna Carta.

Jane later judged this month's competition – the colour purple. Greta Owen came in first, Jackie Rees second, and Margaret Ashworth was third.

There will be no meeting in August, but why not come along on September 8 to say hello, visitors are always welcome! Our usual meetings are at 7pm on the second Thursday of the month at St David's Church Hall, Nottage Village.

CHRISTINE BEYNON

## Porthcawl pupils get a cheer in the Commons!

THE 'Porthcawl Power' team from Porthcawl Primary School won the UK finals of the 2016 Jaguar Formula One in Primary School Challenge in Coventry competing against teams from across the UK following five judged competition sessions.

Local MP Madeleine Moon commented: "Congratulations to the 'Porthcawl Power' team and all involved. What a tremendous national achievement to win the UK finals of the 2016 Jaguar Formula One in Primary School Challenge in Coventry."

"On Thursday I mentioned Porthcawl Power's triumph in the House to whoops and cheers from all benches. I asked: "Will he give the House a statement of his support and congratulate Porthcawl Primary

School's power team on its great success in demonstrating the importance of STEM teaching across the UK?"

To which former Leader of the House Chris Grayling MP replied: "... to win the national prize is excellent. The school must be enormously proud, and I am sure that everyone across the House would wish to send congratulations. She has every reason to be proud of her young constituents."

The MP added: "It is a testament to the determination, hard work and skill of the team that after competing against teams from across the UK and following five competition sessions, the Porthcawl Primary School team came out on top."

See a picture and more on this story on page 6.

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ABOVE: A total of £1,235.20 was raised at the Masons Arms, Maesteg, and is going to the family support group at Princess of Wales Hospital in Bridgend.

## Pub regulars help raise funds for baby care unit



ABOVE: Maesteg Town Council Mayor's charity presented a £3,400 cheque to Simon O'Leary, head of volunteer fundraising from Cancer Research International. Left to right: Tony Mullins, chairman of Maesteg Cancer Research; Linda Lewis, Coun and Mayor Michael Harpur, and Simon O'Leary from Cancer Research.

THE Masons Arms, Maesteg has raised £1,235.20 for its chosen charity, SCBU – Family Support Group at Princess of Wales Hospital, Bridgend (see image at top of page).

To raise the money, regulars and friends did a 10-mile mountain sponsored walk, plus quiz nights and raffles.

At a special presentation day in the Masons Arms the cheque was presented to Helen Radford, representing the special care baby unit.

## St Clare's pupils hand cheque to the Wales Air Ambulance



Pupils present Wales Air Ambulance with a cheque.

PUPILS at St Clare's, Porthcawl, were thrilled to visit the new Wales Air Ambulance base at Dafen, Llanelli for a fascinating guided tour.

Pupils had the opportunity to go into the helicopter and even try out the pilot's seat!

They were also delighted and proud to be able to present to

Wales Air Ambulance a cheque for £900!

Wales Air Ambulance provides emergency air cover for those who face life-threatening illness or injuries. Its EC-135 air ambulance helicopters carry the latest lifesaving equipment accompanied by specialised paramedics and critical care consultants who provide pre-hospital emergency care, bringing

the doctor to the patient.

The visit was organised by year-10 pupils that belong to the school branch of Rotary called 'Interact Club'. Its chosen charity this year is Wales Air Ambulance.

Liz Lougher, a teacher at St Clare's said: "We are really proud of our Interact Club pupils. They develop very useful life skills in being active members of the local community."



# It's pole position for Porthcawl Primary!

BY EMILY WOOD

ON Wednesday, July 6, a team representing Porthcawl Primary School made the long journey to Coventry to compete in the national finals of the Jaguar Primary School Challenge.

They fought off tough competition to win the title of 2016 national champions.

The team, named Porthcawl Power, made up of six students aged 10 and 11 years, reached the final following a rigorous selection process during the regional heats, which were held in Swansea earlier this year.

They qualified after having the fastest car in the regional finals, which reached a speed of 85mph.

In the national finals, held at the Ricoh Arena,



Porthcawl Power!

the team competed against 24 other schools from around the UK to become Jaguar Primary School Challenge UK National Champions.

Porthcawl Power had to successfully complete five stages of judging, which were overseen by experts from the

automotive industry.

Headteacher Andrew Wood has said he was very pleased that the school had been recognised nationally and congratulated the pupils on their hard work and outstanding achievement.

He said he was

extremely grateful for the support received from parents and the business community, and that the pupils are not only a credit to the school but also to Porthcawl and Wales.

The F1 in Schools competition is sponsored by Jaguar Cars, which has been a supporter of it since its launch in 2000.

Jaguar Land Rover's head of community relations, Les Ratcliffe, has said that "encouraging the next generation of engineers is something Jaguar is extremely dedicated to," as it encourages the development of key skills and engineering processes, meaning that "the future of engineering is bright."

Also see on page 5, Porthcawl pupils get a cheer in the Commons!

RIGHT:  
The  
Sunshine  
Kidz  
after-school  
club at  
Trelales  
Primary.



## After-school club giving children healthy snacks

THE 'Sunshine Kidz' after-school club at Trelales Primary School in Bridgend has scooped an award for its efforts in giving children healthy snacks when they are away from home.

The after-school club has become the county borough's first

after-school setting to achieve the revised regional Gold Standard Healthy Snack award in recognition of its efforts to provide healthy snacks and drinks.

The award was developed locally in a partnership involving Bridgend County Borough Council, health bodies and other south Wales authorities.

Other pre-school childcare settings in the region have already earned the award, and have been

joined by the Sunshine Kidz after-school club.

Paula Carter-Clare has been running the club with Katherine Edmunds since it opened at the school in September 2014.

She said: "We wanted to be part of this scheme as we felt it was important that the children at our club have a healthy and nutritional snack while they are with us, and learn the positive benefits of eating and drinking healthily."

## Dahl inspires a giant 'peach' of a competition



Diana Apperley (Bridgend Library Service), Snack Shack stallholder Kim York and Rachel Bell (Rhiw Shopping Centre manager) with some of Roald Dahl's most loved books and the illustrated cards that will be hidden around Porthcawl and Bridgend's shops and stalls.

YOUNG readers taking part in the Roald Dahl-themed summer reading challenge at local libraries can win their own collection of the author's books by taking part in a marvellous mission around Porthcawl and Bridgend's shops and market stalls.

During the six-week school holiday, cards showing Quentin Blake's famous illustrations from Dahl's bestsellers will be hidden across the two town centres.

Children will have a list of stores and stalls to visit each week, and they will need to keep their eyes peeled to spot the illustrations that will be stuck in windows and propped up on shop counters.

Some of the illustrated cards will also feature a letter, and when all of the letters have been found they will spell the name of a Roald Dahl character.

Once a child has completed a form with the name of that week's character, if they hand it in at their local library they'll win a tub of bubbles and will also be entered into the draw for the grand prize – a collection of Roald Dahl books that has been donated by traders from Bridgend Market.

The first of the six puzzle trails started on Monday, July 18, and new trail sheets will be available each week from local libraries.

The competition has been organised by Bridgend County Borough Council

(BCBC), Awen Cultural Trust, Bridgend Market and the Rhiw Shopping Centre.

Coun Huw David, BCBC's deputy leader, said: "As 2016 is the centenary of Roald Dahl's birth, this year's summer reading challenge invites youngsters to read six or more of his books during the summer holidays."

"This competition adds even more fun to this summer's festivities, and I'd like to thank all of the town centre traders for their support."

Richard Hughes, chief executive of Awen Cultural Trust, said: "We are proud to be celebrating this important centenary in literature with events inspired by the works of Roald Dahl taking place across a number of our venues."

"I am sure that they, along with the fantastic summer reading challenge, will inspire people of all ages to either re-read their favourite Roald Dahl story or introduce someone else to the brilliance of his writing. We have hundreds of Dahl's books available to borrow from our libraries, where you can also pick up details of all our special Roald Dahl events."

If you have any queries about the summer reading challenge please visit [www.summerreadingchallenge.org.uk](http://www.summerreadingchallenge.org.uk), or pop into your local library.

## GREEN FINGERS CROSSED FOR GOLD GARDEN AWARD!



RESIDENTS and team members at Bryn Celyn Care Home in Maesteg are crossing their green fingers after entering an annual national gardening competition.

The care home is up against the other 14 homes

operated in Wales and England by the Hallmark Care Homes Group.

The Maesteg home – visited by judges last week – clinched no titles in the competition last year, but team members and residents are feeling quietly confident for an accolade this time around.

All residents are involved in the process in some form, be it by planting pots or sitting in the garden and joining in with the planning, or simply chatting with other residents.

Bryn Celyn's general manager, Mary Richard, said: "The gardens have been a whole home effort this year and the residents' involvement with all aspects of the gardening has been fantastic."

"We are keeping our fingers crossed for an award when the results are announced next month."

ABOVE:  
Residents and staff at Bryn Celyn Care Home in Maesteg are hoping for an award.

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# 'He's my hero' SAYS GEORGE AS HE MEETS PARAMEDIC LIFESAVER



ABOVE (left to right): Alex Becker, George Howell and mum Helen. (photo by John Howell, George's 15-year-old brother).

A 10-year-old Cowbridge boy who was lapsing into anaphylactic shock was saved by a Maesteg paramedic – and recently met his "hero" to thank him personally

George Howell attends Y Bont Faen Primary School pupil and has had a difficult few years bravely fighting serious illnesses.

He was prescribed a diet including mixed nuts to get him back up to strength, and all was going smoothly until he ate a Brazil nut.

This particular nut was later identified as the culprit, but there had been no previous reaction to nuts.

His mother Helen said: "George was happily tucking into the bag of nuts when all of a sudden he started stroking his neck."

"He then ran out of the front door, was physically sick and tried drinking water but nothing seemed to be working. George was breathing very heavily and was having an anaphylactic reaction."

"I phoned 999 and the ambulance service call-taker was excellent. She told me to try and keep George calm and still, gave me some advice and directions and told me to go back to George whilst the paramedic was on his way."

"I tried to get him to take an antihistamine but he couldn't keep it down. His face started to swell and he had a rash of white spots on his neck."

"I comforted George on the settee and it was not long before our

by PHILIP  
IRWIN

'knight in shining armour' arrived in the form of Cowbridge paramedic Alex Becker. He was fantastic and knew exactly what to do. "I honestly don't know what we'd have done without him. He was so good with George and quite honestly if it wasn't for Alex I dread to think where George would be today."

The events of that day in March 2015 were clearly embedded deep in the Howell family, so much so that some months ago when Helen was shopping in Cowbridge, she came across Alex attending to a patient.

Although George made every effort to run over to meet him, Alex had to leave to attend another call.

It took Helen several months to track Alex down via email to the Welsh Ambulance Service, but 16 months on from George's emergency, they finally met up when Alex visited him at home.

"It's wonderful to meet up with George, Helen and the family again," said Alex, who is originally from Birmingham but now lives with his wife Jess near Maesteg.

"George was very poorly when I last turned up at the house. I was Acting Clinical Team Leader at the time and though I've been doing this job for over five years, I've only had a small handful of 'anaphylactic reaction' type calls which have been as serious.

"I can't believe how well George is today.

He's a brave boy and I hope he now goes on from strength to strength.

"It's lovely that he and his mother have wanted to thank me in person. For me, what I did with George is just part of my job, but to find the family so grateful is very uplifting and a boost to me and my colleagues in the service."

"In fact, it should be me thanking George because as a result of attending his call I soon realized that back on the road attending calls day to day is exactly what I wanted to do, rather than going out on calls now and again."

"So that's where I am now as full-time paramedic working out of Cowbridge Ambulance Station...and loving every minute of it."

Both Alex and Helen had the following advice for parents who find their child suffering from an anaphylactic reaction: "Stay calm, try and help the child by breathing with them and getting them to follow your breathing rhythm, stay in control, try and find what you think might be the possible source of the allergy and remove it and put it to one side for the attending clinical staff, but most important of all phone 999 immediately."

As for George himself, he presented a 'thank you' card to Alex on which he'd written the words "You are the light in the darkness. Thank you."

On meeting Alex for the first time since his allergic reaction, George simply said: "Alex is my hero!"



Henry, James and Braedon.

## Pupils get healthy living lessons during hospital visit

A WOBBLY human brain made of blancmange proved to be one of the 'icki'-er attractions when a group of youngsters visited Princess of Wales Hospital (PoW) for some lessons in healthy living.

More than a dozen hospital staff led the year-3 pupils from Nottage Primary School through a series of hands-on sessions covering everything from healthy eating to looking after your brain.

The children boned up on back care and posture – as well as learning about the human body and organs,

particularly the heart and lungs.

They scrubbed up on the importance of handwashing and were given food for thought about healthy eating.

The children were invited in by PoW director Jamie Marchant, who is a governor of Nottage Primary School. Mr Marchant said: "I'm very mindful of the importance of health promotion and education as opposed to just providing care."

Year-3 pupils Henry Munro, James Hodges and Braedon Spiller were impressed, saying they found it interesting and exciting.

Braedon added: "We learnt a lot about what to do and what not to do."

## New council houses will be first in the Vale for 17 years

THE Vale Council plans to build the first new council-owned housing in the county for 17 years.

A total of £3million has been budgeted for the building of new homes in 2016 and 2017.

Two sites in Barry have been identified. Plans were agreed at a meeting of the council's cabinet on July 11 that could see construction soon under way on two developments of new homes for families who have children with disabilities in Barry.

Coun Bronwen Brooks, the cabinet member responsible for housing, said: "Building new council housing has long been an aspiration of this administration. Now, after a huge amount of work, I am delighted to say that we are in a position to deliver this."

"We know that the Vale needs more affordable housing and more homes for those living with a disability. This is what we will be providing as part of this scheme."

"These new

developments will provide homes to those in very real need, who have in some cases been waiting for a long time. They will make a very real difference to the lives of our residents and I believe will mark a significant change in the way this council works to tackle housing issues in the Vale."

Plans for the new homes, to be built on land near to Holm View and Francis Road in Barry, are currently being finalised. It is expected that applications for planning permission will be submitted in the coming weeks.

A local information event has taken place at the Holm View Community Enterprise Centre and local residents will have a further opportunity to view the plans and share any comments before the final plans are submitted for consideration.

If planning permission is granted, construction work at Francis Road could start on site as soon as September 2016.

## New Barry Island access road is set to open this week



Couns Moore and King survey the progress of the new road.

A SECOND route to Barry Island's Harbour View car park and an exit from the resort itself is set to be opened this week.

The new Barry Waterfront link road connects the popular seaside resort with the nearby Waterfront housing development.

The new road will be in use from Friday, July 22 and will provide an alternative route by which cars can travel away from the resort during the busy summer holiday period,

as well as one by which they can enter and exit the Harbour Road car park.

Construction of the new road, initially not due to be completed until 2018, was brought forward as a result of a collaborative agreement between the Vale Council and the Waterfront Development Consortium.

Coun Neil Moore, leader of the Vale Council, said: "The Vale of Glamorgan Council has been working hard to see a new road link established to and from Barry Island for many years."

"Our goal has always been to make it easier for residents and visitors to get to and

from Barry Island at peak times. With the busiest time of year for the resort just around the corner, we have negotiated to get us to a point where the new road can be opened in time for the summer holidays, while still allowing the development of the surrounding area to continue."

"The new road will allow entry into the Harbour Road car park from both the Island Causeway as well as to and from the Waterfront development. However, the exit from the car park will be restricted to travel towards the Waterfront."

## LOCAL RUN EVENT

THE local Cancer Research UK committee is appealing for individuals, businesses and other organisations to support the Cowbridge on the Run event.

Organiser Anne Birt explained: "The date is set for Sunday, September 4 at 11am and, as usual, the run will be held at the rugby club."

"This year's event was launched officially at Cowbridge Food and Drink Festival in May and it is already live on the Cancer Research UK website."

"We are planning a 'something for everyone' fun day. So please come along and help us beat cancer."

Anne is keen to encourage some inter-business running rivalry – all in the interests of a great cause.

As usual, there are two runs – 5k and 10k. People can even jog-walk if they're not too fit.

The entry fee is £15 and people are encouraged to get family and friends to sponsor them.

For further information, please contact Anne on 07976 646375 or 01446

## Mari's new novel is 'Book of the Month'

A LOCAL author is celebrating after her new novel was featured as 'Book of the Month' in the Welsh Books Council's July listing.

Mari Griffith, who lives in Llantwit Major,

saw her first book *Root of the Tudor Rose* became a best-seller, with over a year in the Amazon 'Top Ten' of its category.

Mari's new book is *The Witch of Eye*, the story of three women who were caught up in

the events which led to the most infamous treason trial of the 15th century.

Mari will be talking about her book – and signing copies – at Nickleby's Bookstore, 6, Pound Field, Llantwit Major this evening, Thursday, July 21, at 7.30pm.

It is a free event with refreshments provided, but because of space restrictions, entry is strictly by ticket only. Tickets can be reserved by calling into Nickleby's or by phoning 01446-795166.

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The First Step to a Better Smile



# PORTHCAWL WELSH BACC PUPILS ROUND OFF YEAR WITH COMMUNITY PROJECTS

**PUPILS at Porthcawl Comprehensive finished their school year by getting involved in a number of community events.**

On July 13 and 14, students from years 9 and 10 made improvements to the area near the harbour known as Cosy Corner, as part of the community project section of the Welsh Baccalaureate.

Assisted by teachers, they tidied up the path and wall areas, painted the benches, mowed the grass and weeded and planted the circular border with flowers.

This has improved this area for Porthcawl residents and holiday makers and visitors for the summer.

Miss Emma Pugh, head of maths, who organised the event said: "The pupils were fantastic and many of the public stopped to talk to us and commented on the work."

"Many told us of their memories of the park when they were children, and about the boating lake and crazy golf. People were pleased to

see us doing something with it. One man even donated money towards our costs!"

More 150 pupils also volunteered their services elsewhere, giving their time to charity shops, Porthcawl library, the YMCA and primary schools as part of a project to give something back to the community.

With the support of Keep Wales Tidy, pupils have also spent a day cleaning up the beaches of Rest Bay and Pink Bay and thoroughly enjoyed doing so.

On July 18, staff and pupils were joined by three members of the Royal Marines to complete their annual charity walk – called the 'Lavender Walk' – from school, back to Newton

and on to the Prince of Wales in Kenfig. After a long, hot walk, much needed refreshments and sandwiches were kindly provided by landlord Gareth Maund.

Last year, the Lavender Walk raised more than £1,600, and this year money will be donated to Cancer Research.



Pupils on the Lavender Walk

## Local family pays its own tribute to a Somme veteran



Left to right: Christopher Jones (great-grandson); Raymond Jones (grandson); Major Martin Jones (great-grandson) and Lewis Jones (great-grand-son).

**AMIDST the many formal ceremonies to remember the centenary of the**

**Battle of the Somme, one local family paid its own special tribute, writes PHILIP IRWIN.**

A cross was planted at Western Cemetery, Cardiff, in honour of Sergeant William Jones, who served at the Somme with the 2nd Battalion the Welsh Regiment.

William also fought at the Battle of Loos, Ypres and the 2nd Passchendaele as a machine gun platoon Sergeant.

He was a casualty of mustard gas poisoning but was able to see out the war and return to Cardiff.

Although he survived the four years of the 1914-18 campaign, there was tragedy ahead when, in World War Two, William's son, David, was killed at the Battle of Reichswald Forest.

He is buried at the Commonwealth Cemetery at Reichswald in Germany.

The family has a long history with the Welsh

Regiment, South Wales Borderers and Royal Regiment of Wales.

William Patrick Jones MM, who was the grandson of William, was awarded the Military Medal, while serving in the Welsh Regiment in Cyprus.

Major Martin Jones, pictured, is the great-grandson of William. Martin, who lives in Cowbridge, recently retired from the Royal Welsh Regiment having served as RSM and a company commander.

Also pictured is Christopher, also a great-grandson, who served for 22 years in the Royal Regiment of Wales, and Raymond Jones (grandson) and Lewis Jones (great-great-grandson).

Martin said that he and the remainder of the family were very proud of William's outstanding leadership and courage, and it was an honour to be able to remember him at the Centenary of the campaign.



Pupils taking a break from their efforts at Cosy Corner.

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## Bryntirion pupils rock on ...and on!

ON Wednesday, July 6, Bryntirion Comprehensive School's Sports Hall was transformed into a jumping rock venue, with three energetic, vibrant performances of *We Will Rock You* that delighted sell-out audiences.

Scot Hawtin (year-12) was a convincing Galileo and showed mastery of the very difficult songs made

famous by Freddie Mercury alongside Lauren Coates (year-13) as a feisty Scaramouche. The expressive Phoebe Spence-Evans (year-12) as Killer Queen combined with Matthew Daly (year-10) as Khasoggi kept everyone entertained with superb comic timing and powerful duets.

Morgan Clemett (year-12) as Britney Spears and Shauna Holmes (year-12) as Meatloaf got everyone in the audience clapping and singing and no-one

will forget Shauna's moving rendition of 'No One But You' or the sight of her jumping off the roof of the car!

The show was opened and closed with an engaging and imaginative interpretation of the role of Pop by Harriet Jones (year-10).

The polished performances of the chorus contributed to the professional atmosphere of the show, with strong performances from of the ensemble and tricky harmony parts managed with ease. It was very easy to forget that this was a school production!

The performances finished with glowsticks in the air and an emotional 'We Are The Champions' before the party atmosphere of 'Bohemian Rhapsody' to round off a truly superb week.

Well done to the champions of Bryntirion Comp! SW

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## LOCAL BUSINESSES SUPPORT NEW GARDEN AT POW HOSPITAL



**A 'GROUND Force'-type operation is turning a courtyard at the Princess of Wales Hospital into a blooming lovely attraction for patients.**

Staff are working on the creation of a new sensory garden that can be used for rehabilitation and therapy.

It's a joint project by Pendre Day Hospital and Ward 18, both of which care for frail elderly patients, with the support of several local companies.

Pendre Day Hospital manager Helen Evans said: "We are developing a sensory garden for patients to enjoy as part of their rehabilitation and, in the summer months, to receive therapy."

"There is still work to be done but our progress so far has been very good thanks to the support and generosity of the local community."

"Sainsbury's in Bridgend have jet-washed the patio and cleared the paths and flower beds of weeds."

"They are also fundraising on our behalf in-store and generously giving many free gardening materials."

"Robert Price Builders' Merchants have kindly donated garden furniture and materials for raised planting beds, and relocated a garden shed which patients can use as part of their therapy."

Many other local shops and businesses have donated materials for the garden, and raffle prizes to raise funds for future maintenance.

The sensory garden will eventually include perfumed shrubs, flags, bunting and wind chimes.

The official opening and raffle draw will take place on Friday, August 26.

At present, the garden is being used as part of an education course for people with

Parkinson's disease. The course takes place at Pendre Day Hospital and was introduced by Parkinson's disease nurse specialist Louise Ebenezer.

Sessions, including dance therapy, delivered by Vale and Valley Arts, take place in the garden

on warmer days.

Helen said: "We are planning a similar format for frail elderly patients who are prone to falls."

"Eventually, however, we hope the garden will become a facility that all patients will be able to enjoy."

**PICTURED (left to right):** Ruth Jones, Pendre staff nurse; Sara Ralston, Ward 18 manager; Alison Morgan, Pendre staff nurse; Clare John, Ward 18 administrator; Fatima Detoito, Ward 18 staff nurse; Leanne Adamson, Ward 18 healthcare support worker; Marvin Lina, Ward 18 healthcare support worker; and Pauline Sloan, Pendre physiotherapist.

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# Police seize drugs and make arrests in big operation

**POLICE** arrested 14 people and seized drugs from a number of addresses during a day-long police operation across Bridgend and the Vale on Wednesday, July 13.

Officers forced their way into four properties under the Misuse of Drugs Act and arrested suspects during the day of action called Operation Violet Oman.

Addresses in Porthcawl and in the Wildmill area of Bridgend were searched for drugs by specially trained teams.

The police say twenty cannabis plants were seized in total from addresses in Church Place and St David's Way, Porthcawl.

One person linked to the Church Place address was given a caution, whereas two people linked to St David's Way were charged with possessing controlled drugs and being concerned in the supply of class B drugs.

Another woman was arrested for allegedly possessing heroin by officers patrolling Bridgend town centre.

Police also arrested six suspects for offences which occurred in the Vale, Bridgend, and Maesteg, and who were wanted by police in connection with offences including assault, harassment, theft and public order.

The first warrant was executed at approximately 7am and activity continued through the day.

Nearly 40 police



*Cannabis plants discovered at the property in St David's Way, Porthcawl, which have been seized and will now be destroyed.*

officers and PCSOs were involved in the operation including neighbourhood policing officers, mounted officers, specialist search teams, police dogs and dog handlers, traffic officers and crime prevention officers.

Inspector Melanie Knight, said: "The operation was about sending a message that we will pursue those involved in criminal activity and act on the information the public gives us."

"The public are our eyes and ears and are essential partners in the fight against all kinds of crime. Operations such as this one enhance our abilities to act upon the different concerns of local communities."

Officers involved in the operation also carried out checks on licensed premises and Bridgend retailers linked to the sale of psychoactive substances, and carried out high visibility patrols in priority areas.

## Friends (and neighbours) at Fonmon!

**'Friends and Neighbours' group members from Barry enjoyed a pleasant visit to Fonmon Castle as part of its summer programme.**

Fonmon Castle, built in 1180, has had only two family owners with the Boothby family the current ones.

With more than three acres of land and beautiful gardens, the castle is a gem in the Vale.

As the members went on the tour of the castle, the guide - whose knowledge of the castle and its history was obvious - was amusing and had some very funny stories to tell.

She told us of the different ways of life and styles of living throughout the centuries.

With many portraits and paintings to admire, we were spoilt for choice with the many ancestors to admire. One picture took our collective eye, 'Queen Mary', who had visited the castle.

GF

We then went up the stunning staircase to the banquet room to be served afternoon tea, marvelling at the ceiling with its décor.

The tables were tastefully decorated with an array of flowers as a centre piece. We were served a selection of sandwiches followed by homemade chocolate brownies and chocolate cake. Then we had homemade scones with jam and fresh cream and lots of tea and coffee.

We had time to look around the splendid grounds and gardens, marvelling at the beautifully kept lawns and taking time to look around the scented and walled gardens and enjoying the scent of the many flowers.

The members are now looking forward to their strawberry cream tea at the July meeting and mystery trip in August.

Contact Gay Fifield for further information on the group on 01446 400044.

## Charity claims that 45,000 in Wales have dementia

**ALZHEIMER'S Society in Wales submitted a petition to the new Assembly calling on Assembly Members to act and help people in Wales affected by dementia.**

Nearly 6,000 people signed the charity's #45000reasons petition which highlights the charity's claim that 45,000 people are estimated to be living with dementia in Wales, and the further assertion that less than 50 per cent

have received a formal diagnosis.

Mike Hedges AM, the newly-appointed chair of the Assembly's petitions committee, received the petition and said: "The charity's petition has shown the level of public support for a Wales dementia strategy. It's evident this is an issue close to the hearts of many people affected by dementia, their families and communities."

For more information visit [www.alzheimers.org.uk/campaign](http://www.alzheimers.org.uk/campaign)

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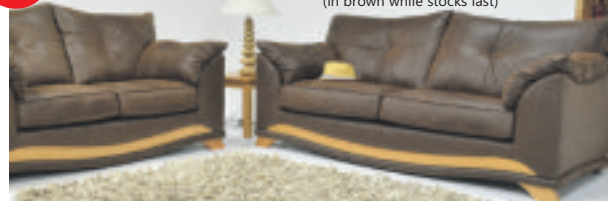
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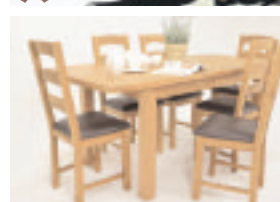
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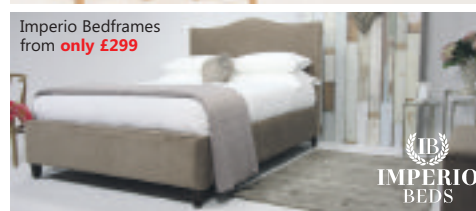
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## Council should 'get a grip' on travellers' site

**SOUTH Wales Central AM, Andrew RT Davies, has criticised the Vale Council for informing travellers occupying the Hayes Road site in Sully that no enforcement action will be taken against them in the next five years.**

The council has said it would not be able to move the travellers on until another site is found. It has been occupied since 2012.

Mr Davies said: "The sheer incompetence of the Vale of Glamorgan Council to effectively tackle this situation in Sully is of a huge frustration to the residents and local community in Sully."

"The travellers have occupied the land since 2012 and for the council

to simply say it is 'working on a solution' is simply not acceptable - one year possibly, but four? That's incompetence of the highest order and the council needs to get a grip.

"With serious questions regarding contamination and general safety on the site it is imperative that action is taken to resolve this unacceptable situation."

Last week, the Vale Council explained that travellers are considered a vulnerable minority group, and that by law, it has to make provision for their needs.

A spokesman emphasised that the council was working to find an alternative site and those occupying the site could not be moved on until a new one was identified.

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# 'PC DRONE' WILL HELP POLICE FIGHT CRIME



**South Wales Police are introducing the latest technology, to keep communities safe and fight crime.**

The force has acquired one drone, which will be used to carry out a wide range of tasks including assisting with searches for missing people, policing large-scale events, tackling anti-social behaviour and keeping officers safe.

Drones, or unmanned aerial vehicles (UAVs), are used by many organisations across the world.

Regulated in the UK by the Civil Aviation Authority (CAA), UAVs offer frontline officers a different perspective on policing.

Assistant Chief Constable Jeremy Vaughan said: "Today marks a new chapter in our fight to prevent, deter and detect crime."

"In recent years, south Wales has been affected by deliberate fire setting and nuisance off-road bikers."

"Now that we have the capability to monitor and patrol areas which are geographically challenging, we can continue to keep south Wales a safe place in which to work and live."

CAA regulations state that drone operators must pass a national

CAA accredited qualification. Currently, the force has 10 trained operators in place, their skills will be used to detect and deter crime across south Wales.

They will complement the service provided by the National Police Air Service and the force has worked closely with it in developing drones within south Wales.

Inspector Frances Williams, South Wales Police, added: "Drones offer many benefits that will support our current operational resources."

"This technology will provide a more cost-effective and efficient way of dealing with missing person searches, crime scene photography, and other police activities."

"Using a drone to capture footage on difficult terrain and hard to reach areas will allow officers to gain vital information, quickly, safely, and allow us to respond effectively at the scene."

"Initially, drones will be deployed to investigate grass fires and other rural crime and other community-based operations. As their capability develops, they will be deployed for more general policing work."

# 'Swarming' remains a big problem for the beekeepers

**News from Fonmon Apiary by HAROLD WILLIAMS**

**RESPONDING to 'swarm calls' is still an on-going activity!**

The very variable weather has been providing excellent growing conditions for plants and this in turn has meant lots of forage for the bees to exploit.

I have taken several lifts (boxes) of honey off and surprisingly there has not been a trace of oilseed rape honey to be seen.

One forage plant that has been very noticeable this year is the hawthorn, and I have observed bees on those very blossoms.

There are many other nectar and pollen-rich plants being visited by the bees thus providing, eventually, a truly multi-floral honey.

Although I have had some honey, the swarming activity of the bees has seen a reduction in the amount that was earmarked for removal.

Why is there going to be less honey for the beekeeper because a colony has decided to swarm?

Let's analyse the situation. At present in any one of the colonies alone there will be at least 60,000 to 70,000 bees and around 30,000 are primed to depart i.e.

swarm! Before they depart, each one will fill up with honey and what was a well-stocked colony is now a somewhat depleted colony.

As far as the bees are concerned, everything is going to plan - it is only the beekeeper that is dismayed...

So here we have a colony that has swarmed, and where there is still honey left in the hive... but this will be required by the remaining bees and definitely not for the beekeeper.

**What happens now?** Well, the bees that have been left behind do have new queens developing; several eggs laid by the departed queen will have been selected to become new queens.

Only one queen is required, so once one has hatched out, the other queens waiting to hatch will become surplus to requirements and will be disposed of i.e. killed!

It will be at least a month before the new queen begins to lay any eggs at all, and so begin to boost the colony's numbers.

For the new queen to

function as she should, she has to be mated. For this to occur, she must leave the hive and meet up with male bees (drones) and she will mate with 10 to 20 of these drones, then return to the same hive she came from. There the inmates detect this change in her and the colony is now this new queen's in her own right. Consequently, all is well.

**Can the beekeeper control this swarming?** Yes, there are ways and means to do this - but you do not always succeed and the bees will swarm, anyway.

As a beekeeper, you manipulate a colony and hope you are doing the right thing. The bees are the masters - they know

precisely what has to be done and when.

For those wishing to take up the art of beekeeping, it can be somewhat daunting at first and swarming is usually going to be the biggest problem they will have to address.

It is, however, a very worthwhile and absorbing pursuit.

My beekeeping activity started 40 years ago and it will continue until I become too frail to lift and carry the equipment associated with bees.

In other news, the Varroa mite is still a major threat and we are no nearer to defeating this parasite, so this is another facet of beekeeping that newcomers must become aware of.

We do need our pollinators, so we must have new beekeepers.

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# Forty jobs and a £1million investment 'Jump Jam' trampoline fun arrives in Bridgend



The Secretary of State for Wales, Alun Cairns MP, was keen to view the leisure facilities and try out the trampolines.



Alun Cairns, Jim Portsmouth, Teresa Payne and David Morse.

**'JUMP Jam Trampoline Park' opened its new 26,000 square mega park with the Secretary of State for Wales, Alun Cairns, performing the opening 'Bounce Ceremony'.**

The new multi-activity entertainment centre represents a £1million investment, has created 40 local jobs and will be Wales' largest trampoline park.

The owners hope the new business will take Bridgend, the Vale, the Port Talbot area and Cardiff by storm.

Inspired by the hugely popular US sporting phenomenon, Welsh-based 'Jump Jam' says it hopes the park will be the first of many UK parks.

The company wants to get the message across to the public that it is a brand new and exciting way to stay physically active and involve the whole family.

Over 7,500 Facebook followers were registered before the doors even opened. It is located near BandQ just off the M4 at Junction 35 only 15 minutes from Culverhouse Cross in Cardiff.

Jump Jam's operations director David

Morse commented: "Adding a new family orientated facility to the region is set to attract more people to the area, more families to the park and more converts to the sport of trampolining!"

"It's a new phenomenon in the UK that's really begun to take off – not only because it's fantastic fun, but also because it's something the whole family can take part in."

But there's lots more to Jump Jam than trampolining.

It is an entertainment centre offering daily activities such as toddler sessions, keep fit programs with renowned trainers such as Caz Roberts, weekly events, and children's birthday parties that are affordable and fun for the entire family.

There are Jump Jam's exclusive wall-to-wall trampoline arenas, dodgeball courts, three lane stunt-airbag, slam dunk areas, a 'half pipe trampoline runway' and a state of the art 'walk the wall' performance.

David added: "We have a high rise leap platform into a giant airbag as well as a new basketball and volleyball game that is great fun. One of the things we are most

excited about is our four lane climbing wall with state of the art automatic climbing assist belays."

Jump Jam joint managing director and Cowbridge mumpreneur Teresa Payne, commented: "Following in the footsteps of other parks opening around the country and in Wales, we're thrilled with this state of the art facility on the M4 corridor which will mean more visitors will be able to see what all the excitement is about for themselves. Residents and visitors can expect to defy gravity and create lasting memories with friends and family with our innovative approach to family fun."

People can visit [www.jumpjam.co.uk](http://www.jumpjam.co.uk) for all of the latest news and information. The company says it is advisable to book online in advance to ensure a spot because otherwise customers be disappointed. Booking online is also cheaper costing £7.95 for an hour off peak and £8.95 an hour for peak times.

For more information telephone 01656 253161 or email: [info@jumpjam.co.uk](mailto:info@jumpjam.co.uk).

## PUPILS FOCUS ON HEALTHY LIVING



**LAST week Llanfair Primary School took part in healthy school week when volunteers came from MoD St Athan to work with the children and help promote healthy living.**

Physios, dentist, first aid staff, and PE instructors talked to the children and carried out various activities.

Dance Crazy Studio visited the school to promote a healthy lifestyle through dance and healthy foods were included in the lunchtime menus and used to make smoothies and fruit salads during classroom activities.

The children had a fantastic time while learning about the importance of a healthy lifestyle.

SR

## Lifeguards compete in Rowing League

**LAST weekend, Llantwit Major Lifeguard Club's Surf Boat Team travelled to Cornwall for the last rounds of the UK Surf Rowing League.**

The early season races, which took place in west Wales and north Devon, had already seen the men's and women's crews competing strongly against clubs from across the UK.

Due to a training injury, Llantwit ladies were unable to compete this weekend, however they have made fantastic strides in this, only their second full season. They have regularly finished highly, outscoring established crews from big surf lifesaving clubs such as Portreath and Perranport, and finished in third place.

On Saturday, the racing took place at Watergate Bay, a beach renowned for its fearsome waves. However on arrival, conditions were challenging but nothing that would potentially capsize a boat.

The boys did well through the rounds collecting points and won the golden point final which left them in a comfortable second, one point behind the leaders from Porthtowan.

Sunday's racing took place at Perranport, with the crews being met with clear blue skies, a busy beach and a 5-6 foot wave – perfect surf boat conditions.

After a nerve-jangling safety briefing from the event safety cover ("when your boat capsizes, only raise your arm if you are seriously hurt") Llantwit were

one of two experienced crews chosen to test the conditions.

This was a wise move because while Llantwit managed to negotiate the big waves, the other team were sent sprawling out of their boat, which rolled and washed ashore.

The racing that followed was as spectacular as the weather and among the most exciting witnessed for many seasons.

In the first heat, the Llantwit crew were met with a huge set of waves and just before they were able to make it safely out behind the big swells, a big swell knocked them and snapped the solid wooden sweep oar used by the "sweep" to steer the boat.

To the boys' credit, they managed to negotiate both having no steering and the powerful surf to get back to the beach safely, however without completing the course this counted as a DNF and zero points.

Undeterred, a quick swap to the replacement sweep oar (usually reserved for calm conditions only) saw the men's team enter the second round more determined than ever.

As other teams were again being toppled and bested by the conditions, Llantwit managed to power through the waves, turn the cans with a healthy lead and then Mike Lord superbly handled the boat back into the beach for Llantwit to claim first place.

The third heat followed a similar pattern, with confidence in the testing waves now growing the team again got out through the waves in first place before catching a great

wave back into the beach to win another heat.

The weekend's results secured Llantwit's position in the league and saw them finish second for the season. Having only narrowly lost out in the league to reigning European champions Porthtowan and having beaten them several times this season, the signs are good for the upcoming races this summer.

The teams will next be in action on Saturday, July 30 in the UK Open at Aberavon where they will attempt to defend their title, they will then head to Biarritz in the south of France to race in the European Championships, in September.

Men's team: Mike Lord, Gethin Edwards, Ben Thomas, Ross Frasier, Mathew Rowlands, Josh Edwards and Matthew Wright. Ladies team: Kate Tomley, Cath Thomas, Sian Davies, Emma Kaye, Heather Webber and Toyah Newman.

The team would like to thank sponsors Clive Edwards Contracting for the generous support so far this season.

The club is throwing a Hawaiian themed party at Llantwit Major Lifeguard hut on the evening of Saturday, July 30, with live music, BBQ and a bar.

These are always great nights, for more information please call in at Sunkissed in Llantwit Major or visit the Llantwit Major SLSC Facebook page or the website at [llantwitmajorslsc.org.uk](http://llantwitmajorslsc.org.uk)

MW

## Prefects were on hand to welcome newcomers at local transition disco



**THE Llantwit Major Comprehensive School welcomed 220 years 6 – 7 pupils for their transition disco.**

The event was organised and hosted by the cluster PTAs across the six schools; sixth form prefects also attended to welcome the pupils and assist with the judging of the disco competition!

The pupils had a fantastic time and have some great photos from the photo booth to remember the evening. The staff also enjoyed the photo booth!

SB

## Ghost talk at Dinas Powys Probos Club

**AT the recent meeting of Dinas Powys Probos Club, a very interesting and enjoyable talk was given by Mr James Cowan on 'Local Ghosts and Hauntings'.**

James is a host guide on numerous ghost tours but concentrated on the surrounding areas. He started by asking the simple question, what are ghosts? Could it be a case of a figment of one's imagination, a shadow that moves, or are there really ghosts out there?

Ghost stories abound around Llandaff Cathedral, Cardiff Castle clock tower, Castell Coch and even Green Meadow business park in Tongwynlais,

and he was able to show us photographs of children playing in the woods where today you can only see a swamp. Photos of hooded figures in Blackfriars caused animated discussion, as did the misty figures in the background.

James concluded by stating that there are more than 600 castles or their remains in Wales, each with a story to tell and he intended to explore them all.

Asked after the talk if he had ever encountered a ghost himself, James answered in the affirmative but would not reveal any details... rather scary.

The vote of thanks was offered by David Bray.

MA

Information about the changes will also appear on the council's website, Twitter and Facebook accounts.

Coun Gwyn John, cabinet member for visible, leisure and regulatory services, said: "Following a review of the collection rounds, the changes to collection days will help to maximise efficiencies for the council, with we hope, minimum disruption to residents."

## Waste dates are to change

**FROM Monday, August 1, the waste and recycling collection day for some households in the Vale will be changing.**

The introduction of new collection days will allow the council to maximise vehicle usage and staffing, by optimising routes and collections.

All households will receive a letter notifying them of their new collection day or confirming that their existing collection day will be remaining the same.



# Vale pothole compensation payments go up in the area to almost £250,000

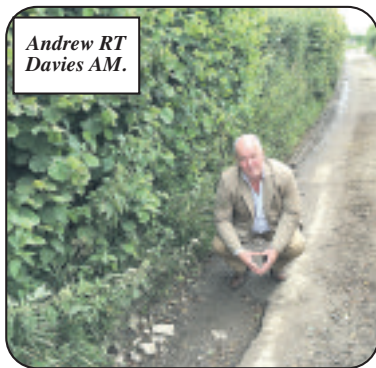
**COMPENSATION** payments paid out by the Vale Council in relation to injuries and damage caused by potholes across the county have rocketed, according to the latest figures.

A freedom of information request showed that in 2015, the Vale Council paid out nearly £250,000 in compensation payments, up from just under £200,000 in 2014.

These sorts of payments to individuals, organisations and companies have increased by 29.6 per cent since 2012.

The Vale Council points out it has invested £7m in the road network since 2012 and stressed it had to balance spending carefully between departments.

But South Wales Central AM and Welsh Conservative leader, Andrew RT Davies, said



Andrew RT Davies AM.

the state of roads in the Vale was a matter of concern for local motorists and that the issue was raised time and time again with him. Mr Davies said: "Sadly, this is likely to be only the tip of the iceberg with the true damage caused by potholes likely to be far higher, with many drivers deciding to not go through the rigmarole

of contacting the local authority.

"Local residents will rightly look at the sharp increase in these figures since 2012 and recognise that if this money had been invested on roads maintenance, we could have avoided paying out such significant amounts of taxpayers' cash in compensation."

**INVESTMENT** Miles Punter, the Vale's director of environment and housing services, said there had been a significant investment in the Vale's road network. "The council fully recognises the importance of its highway network and since 2012 we have invested over £7m in highway resurfacing and treatment works.

"From this year we have also committed to invest a further £1.4m to fund the resurfacing and treatment works required for those roads and footways within our surfacing plan identified to be of highest priority.

"This funding is in addition to our pothole repair revenue budget. We will also continue to utilise our popular 'Big Fill' initiative to repair potholes outside of our current pothole repair programme, which allows residents to have an input into their local highway repair priorities, and we have specifically set aside £500,000 for this for 2016-17."

He added: "We believe that we have effective maintenance and resurfacing programmes commensurate with the budgets we have available, but we, like all other councils, also have many other significant spending priorities, including areas such as education and social care.

"Our spending on highways and footways has to be balanced against these other priorities."

# Our ever-changing coastline inspires local photographers



The scene at Ogmores-by-Sea, photographed by Sue Dobbs

**THE** changing light and sea conditions along the south Wales coast provide local photographers with an ever-changing backdrop.

The above scene, almost from an impressionist painting, was there for local photographer Sue Dobbs when she visited Ogmores-by-Sea.

You can see more of Sue's work on <https://www.facebook.com/susandobbsphotography>

## 18 war medals stolen in Barry

**POLICE** are appealing for information following a burglary in Blackwell Close, Barry.

War medals and cash were stolen from the house on Thursday, July 14.

In total, 18 war medals, including 10 World War One victory medals, were taken sometime between 7am and 6pm.

Anybody who has information about the incident is urged to contact South Wales Police via 101 quoting reference 264407 or call Crimestoppers anonymously on 0800 555 111.

## Memories of the Caterpillar Club

**A** FRIEND of mine who died recently at the age of 96, had been a member of the little-known Caterpillar Club.

He had served with Royal Air Force bomber crews in the Second World War. I am not sure if this was an official Air Ministry award, but it was mostly given to crew members of bombers and other aircraft who had to evacuate a burning, or badly-damaged aircraft in order to survive.

Some aircrew landed safely in enemy territory and were made prisoners of war and the medal was awarded much later. It is a lapel-badge size

featuring a caterpillar (silkworm) descending by its silk thread.

I don't believe there was a ribbon with it; surviving aircrew usually wore it on their navy blazer, with sometimes an RAF breast pocket sewn-on badge, as well.

I am ex-RAF, but never aircrew, and I was hoping to inherit this badge as a keepsake in memory of an older friend.

Sadly, these days such memories of wartime bravery are not always recognised. It is usually only on official parades and similar ceremonies that such medals and awards are seen.

Gerry Parsons, Barry.

## Scanner delivered to local hospital



The first half of the gantry just fits through the doorway into the radiology department.

## Sudden death at beach

**EMERGENCY** services were called to Dunraven Bay, Southerndown, last Sunday (July 17) after a man died after falling from a cliff.

South Wales Police said it was called to a sudden death in Dunraven Bay, Southerndown, just after 10am.

A police spokesman said that the death is not being treated as suspicious and inquiries are ongoing.

CONTINUED FROM PAGE 1

Jamie Marchant, hospital director, said: "Not only will we be able to carry out more scans and reduce waiting times, but when one scanner is shut down for essential maintenance, we'll be able to continue scanning patients here rather than sending them to other hospitals as we have to do at the moment."

## It's carnival time in Porthcawl

CONTINUED FROM PAGE 1

Mr Marlow said: "For safety reasons a road closure will be in operation from 1.30pm until 5.30pm. We apologise if this disrupts any travel plans during that period.

"At Porthcawl rugby club, there is a travelling fair, numerous food and drink outlets, with stalls selling all kinds of wares.

"We will be entertained by resident DJ Robbie and Bridge FM. The main act is Joseph Peace – performing fire stunts and he will be supported by the Pencoed Tumblers.

"We also have a magic workshop for the children. Please come along and support us."

## Popular presenter practices Peruvian perambulation

**WEATHER** presenter Derek Brockway has signed up to trek to the lost Inca city of Machu Picchu in 2017 to raise funds for Velindre Cancer Centre.

To kick off his fundraising Derek will be leading a special walk on Sunday, September 25.

The eight-mile walk starts in Derek's home town of Barry, and follows a route through the old docks along the coast to the most southerly point on mainland Wales, Rhosneig Point, taking in sandy beaches, an old watch tower, an Iron Age settlement and many of the other places featured in the TV series 'Gavin and Stacey'.

Derek said: "I took part in the Patagonia trek last November celebrating the 150th anniversary of the Welsh settlers leaving for South America.

It was a fantastic experience, very tough trekking conditions with a great group of people, but well worth it as we raised over £500,000 for Velindre.

"It's a wonderful charity and helps so many people including a few of my friends, family

and work colleagues providing vital treatment, care and support."

Derek said he was fascinated by Patagonia, its history and connection with Wales and as a keen walker had always wanted to visit the area.

"The history of the Inca and the magnificent structures that they managed to build at such heights in the Andes is amazing, so I'm really looking forward to seeing Machu Picchu.

"The trek is going to be a challenge and I will need to get fitter over the next 14 months.

"More importantly, I hope to raise loads of money for Velindre so it can continue to help people in the future and with more research hopefully find a cure for cancer.

"My walk on September 25 will be the start of my fitness regime and I hope lots of people sign up and join me."

Entry for the event is £5, and each participant will be required to raise a minimum of £50.

If you would like to join Derek, and Walk with the Weatherman, visit: [www.velindrefundraisin.com/bookonline](http://www.velindrefundraisin.com/bookonline).



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# Out & About with The GEM

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**BARRY'S NEW DIGITAL  
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## TARZAN IS FUN - BUT A TAD TOO EARNEST!



by  
**GARETH JAMIESON**  
Follow Screen  
Talk on Twitter -  
@GEMScreenTalk

**T**HE last time Tarzan graced the big screen (ignoring the disastrous Kellan Lutz-starring clunker in 2013) was in 1999, as the gentle tones of Phil Collins wafted over Disney's animated take on Edgar Rice Burroughs' legendary character.

Fast-forward to 2016 and the character returns to the big screen (sans the erstwhile Genesis frontman's warbling) in *The Legend of Tarzan*, a more serious take on the character. Tarzan himself (Alexander Skarsgård) is now John Clayton III, or Lord Greystoke, having left the jungle to make a new life in London with his wife, Jane (Margot Robbie).

However, when news emerges of a plan by Belgium's King Leopold II to extract the Congo's rich mineral deposits, led by his envoy Léon Rom (Christoph Waltz), American envoy George Washington Williams (Samuel L Jackson) convinces Clayton to return to his homeland to stop Rom's evil plan - without knowing a tribal leader, Chief Mbonga (Djimon Hounsou), is awaiting the return of Tarzan...

You can call it the 'Chris Nolan effect'. Ever since *Batman Begins* in 2005, filmmakers have found themselves presenting darker takes of sourced material, attempting to build their tales in a realistic world and take the character back to its roots.

It doesn't always work (you only need see last year's borefest that was *Fantastic Four* to realise that), so when director David Yates suggested that *The Legend of Tarzan* would be inspired by that first Nolan *Batman* film, a gulp was taken; throw into the mix that the character of Tarzan - king of the jungle, talks to animals, has a nice line in tribal calls - has hardly been begging to

return to the big screen, then expectations are not overly high.

And yet, for all of the films po-faced earnestness, in all of the moments where it threatens to be too serious, there is still a solid adventure film lying beneath it, one that still reasonably entertains even if it takes pains to point out how weighty and portentous it's trying to be.

Having helmed four *Harry Potter* films (and with spin-off *Fantastic Beasts* and *Where To Find Them* set for release this November) David Yates has proved more than comfortable in the director's chair of big blockbusters, and he shows his nous here with a film that looks superb, its budget on the screen for all to see.

The plains of Africa and the murk of the deepest depths of the jungle are brought stunningly to life by Yates, while his handling of the film's big set-pieces is done with a quiet and assured confidence. If the tone feels a little too heavy for the subject matter and is projected a little awkwardly (the coldness of Greystoke Manor bathed in blues, Africa a vibrant, sun-kissed yellow), then Yates at least tries to inject some zip into proceedings.

Cast-wise, Alexander Skarsgård's Tarzan may be a tad too brooding but when he swings into action (pardon the pun) he makes for an engaging hero, even if he's played perhaps a little too coldly by the actor.

Opposite him, Margot Robbie makes for an engaging Jane,

even if she is reduced by the machinations of the story to a damsel in distress; that said, she is afforded more depth than most damsels, and the actress does a decent job.

Samuel L Jackson's character seems designed purely to add a little levity to affairs, something he does particularly well without really stretching himself, while Christoph Waltz's villainous Rom, while a reprehensible character, is a touch too one-note and, for an actor of Waltz's capabilities, lacking in any invention.

Where the film would benefit the most would be from a different tone - there is an emotional backstory to Tarzan and Jane's relationship, while his left behind in the jungle is similarly mired in emotion.

Yet sometimes it's far too weighty and austere for its own good, and while *The Legend of Tarzan* has its fun moments, it's the overuse of the dramatic that slightly sours the taste.

**VERDICT:** Part jungle romp, part weighty, emotional drama, *The Legend of Tarzan*'s inability to reconcile these two elements mean that while satisfying, its lacking in fun. David Yates makes the film look gorgeous and the cast do a decent job - it's just a touch too earnest, and not quite thrilling enough. *Average.*

**SEE THIS IF YOU LIKED:** *The Jungle Book* (2016), *Indian Book* and *The Temple of Doom* (1984).

## Amdram company Billboard Ensemble celebrates 20 years!

**BILLBOARD Ensemble was formed in 1996 and is Barry's premiere amateur dramatics company.**

However, writes a *Billboard* spokesman, there is nothing 'amateur' about this company; often staging firsts in the Vale area, Billboard has wowed local audiences for years with such hit shows as: *Anything Goes*, *Me and My Girl*, *Little Shop of Horrors*, *The Wedding Singer*, *Disney's Beauty and the Beast* and an annual Christmas pantomime.

Shows are staged in the Memo Arts Centre, Barry and junior productions have been staged in various local theatres including The Paget Rooms and the Wales Millennium Centre.

Billboard Ensemble is a non-profit making organisation and is run by an administration team and a production team.

Any profit from any show is ploughed back into the next production. With almost 100 members, spectacular scenery and costumes, large orchestras and an abundance of talent, a Billboard production is a feast for the senses!

In the beginning, the adult and junior sections performed summer shows together, however it very soon became clear that the juniors needed - and deserved - their own annual production.

Billboard Juniors have a loyal fan-base have wowed audiences with shows such as *Honk, Bugsy Malone* and *Camp Rock* and more recently *Alice in Wonderland*.

The adult section comprises a strong chorus, which forms the backbone of the company. Not afraid of a challenge, Billboard performs full-scale musicals exactly as they are musically written. No harmony goes unlearned! Every musical is accompanied by a live orchestra and all harmonies are sung live. To see and hear a Billboard show is really something special because at the heart of the company are people who genuinely love musical theatre.

Billboard has initiated the careers of numerous professional performers. Many members have gone on to successfully study at top London theatre schools including The London Academy of Performing Arts (LAPA), Arts Educational School (Arts Ed), Delamare Academy, London and the London School of Musical Theatre (LSMT).

Many of Billboard juniors are with agencies and often appear on television and professional touring productions of musicals such as *Chitty Chitty Bang Bang* and *Oliver!* Billboard is not just

about performing. There is an active social scene and over the 20 years many exciting events have happened: Stars in Their Eyes nights, skittle evenings, annual Christmas balls; trips to London and Blackpool; and so many Billboard weddings! Many members stay with Billboard for years; this is testament to our friendly company.

Billboard loves a challenge, and this summer's musical is no exception, and *Legally Blonde The Musical* will see its region premier at the Memo Arts Centre this August.

A fabulously fun international award-winning musical based on the adored movie, *Legally Blonde*, *The Musical* follows the transformation of Elle Woods as she tackles stereotypes, snobbery, and scandal in pursuit of her dreams.

This action-packed musical explodes on the stage with memorable songs and dynamic dances. Equal parts hilarious and heart-warming, this musical is so much fun it should be illegal! Join Billboard as they celebrate their very special milestone.

## Creative Rural Communities On The Road

CREATIVE Rural Communities (CRC), the Vale Council's rural regeneration initiative is planning a road show across the rural Vale in September.

CRC supports communities and enterprises to trial and develop ideas for the benefit of the rural Vale, which can be shared with the rest of Wales, the UK and Europe.

Any group or organisation holding events or meetings in September or October, which CRC could come along to or present is invited to contact Clair Bonter by email: clbonter@valeofglamorgan.gov.uk or 01446 704828 by Friday, August 12.

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Open: Friday 7pm - 12pm.

Saturday 12 noon - 4pm & 7pm - midnight.

Sunday 12noon - 4pm

## Texan visitors join project

RECENTLY, a team of 17 Texans came to the Vale for a week to work alongside local churches.

For five days, three of the Texans joined over 30 local Christians from Dinas Powys Baptist Church and Bethesda Chapel in carrying out social action projects across the village.

As well as litter picking, graffiti cleaning, and gardening, the team painted the gate to the Scout park on Greenfield Avenue and the railings on the bridge leading to Dinas Powys Primary School and the library.

A free community barbeque was held for some local residents. Counc Chris Franks congratulated the volunteers, saying that the community really benefited from their actions.

He said: "This follows similar projects earlier in the year when a huge area of the common was cleared of rubbish. In addition, overhanging brambles were cleared from pavements."



PICTURED ABOVE:  
Roger Drake, Christine  
Holms, Bob Davies and  
Jane Drake.

## Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D940.

● £2,000: 443423.

● The rollover, which now stands at

£11,000, was not won this week.

● £10: 535472.

521332, 784647, 578649,

852153, 515326, 333012,

268456, 108560, 789979,

307385, 968259, 621940,

310404, 516264, 809657,

181832, 334588,

1157184.

● £5: 521464.

411963, 340765, 109046,

677883, 831047, 830944,

169341, 740689, 581615,

2053 2300.

For lottery information

please telephone 029

2053 2300.

or email [info@withmusicinmind.co.uk](mailto:info@withmusicinmind.co.uk)

This Sunday 24th July at 2.30pm

Cowbridge Town Hall

In aid of With Music In Mind

Tickets £5, available from The Penell Case, Cowbridge, on

the door, call 07500 776295

or email [info@withmusicinmind.co.uk](mailto:info@withmusicinmind.co.uk)



# Avoiding some of those summer ills – Part 2

**DEEP Vein Thrombosis (DVT) happens when a blood clot forms in one of the body's deep veins. This tends to happen when a person has been inactive for a period of time, as blood collects in the lower parts of the body, particularly in the lower legs.**

Every year, DVT affects one in every 1,000 people in the UK, but there are things you can do to reduce your chances of getting it. For example, when you're on a long journey, try to do leg and calf exercises every half hour or try to walk around. You can also help by wearing loose clothing from the waist down and making sure that you are drinking plenty of water to keep yourself hydrated.

Pharmacy tips: If you're worried about DVT, ask your pharmacist about compression socks.

**Planning ahead:** If you take a regular medicine, make sure you have enough for your holiday. If you do run out of your medicine while you're on holiday

in the UK or you lose your medicine, go to a pharmacy as they may be able to sell you an emergency supply.

There are some drugs however that a pharmacist will be unable to give you. These are called controlled drugs and include medicines like benzodiazepines and morphine. If you run out of these medicines, your pharmacist can refer you to a local doctor for more advice. The best advice is plan ahead and while on holiday, keep your medicine in a safe and secure place.

Pharmacy tips: If you take a medicine for a long term condition, ask your pharmacist about the easiest way to reorder your prescription.

## Over The Counter Medicines:

When you're on holiday abroad, you may notice that medicines look different to how they do back home. This is because medicines have a generic name, which is the active ingredient of the medicine, and they have a brand name, which is the trade name the manufacturer gives to the medicine. For example, Viagra is the well-known brand name given to the generic

medicine sildenafil. If you cannot find your normal brand in the pharmacy while you're on holiday, don't worry; the pharmacist in the UK will be able to find you something that contains the same active ingredient.

Pharmacy tips: Try to stock up on holiday essentials like anti-sickness remedies, plasters and painkillers before you go on holiday. Be careful though; there are restrictions on taking certain medicines into another country, for example it is against the law to take medicines containing the painkiller codeine into the United Arab Emirates or Greece. Ask your pharmacist for more advice.

**Be careful when packing:** There are new regulations on what you're allowed to take as hand luggage so check with your flight operator before you travel to avoid any nasty surprises.

Pharmacy tips: Taking a translation of the documents will help avoid any problems on the return flight if your destination is not English-speaking (especially outside of Europe).

**Travel sickness:** Your

pharmacist can give you advice on available remedies as well as giving tips on how to prevent travel sickness, such as ensuring there is good ventilation and encouraging children who suffer with travel sickness to look out of the window instead of playing games or reading books as this can make it worse.

Pharmacy tips: Alcohol should be avoided while taking travel sickness tablets and the tablets may interact with other medicines you may be taking, so ask your pharmacist for advice on the best product for you.

**Sunburn** is something that you should definitely not have to suffer with on holiday. Visit your pharmacy before you go to make sure that you have the correct sunscreen for your holiday.

It is recommended that an adult wears a sunscreen with a rating of at least SPF15 and for a child, SPF30. It will of course depend on where you're travelling to, so ask your pharmacist for advice.

You should apply sunscreen liberally before going out in the sun and make sure you reapply it every couple of hours throughout the



by Kate Thomas, Pharmacist Proprietor, Sylvia Williams Chemist.

day. Also, try to stay in the shade when the sun is at its strongest between 11am and 3pm. If you do get sunburn, cover the area immediately to prevent further damage.

A cool shower can also help, as can applying after-sun cream. If your skin starts to feel itchy a few days later and you start to peel, use a moisturiser. You can of course avoid all of this by making sure you apply sunscreen and stay in the shade.

Pharmacy tips: Don't be fooled by a cloudy sky! Just because you cannot see the sun does not mean that it won't be causing damage to the skin.

**Time travelling:** If

you take regular medicines and will be travelling across different time zones, speak to your pharmacy before you go away as you may need to alter the way you take your medicine.

For example, if you take the progesterone only pill, most only have a three-hour window before the dose is classed as being missed so you may want to continue to take your pill using UK time or gradually adjust the dose by no more than three hours at a time so it fits in with your holiday destination time.

Patients with epilepsy should be advised that if they need to adjust their dosing schedule, this should be done gradually until a convenient dosage regimen has been established. The Epilepsy Society advises that this should be done with guidance from the patient's GP.

Pharmacy tips: Travelling across time zones can also cause jet lag. You can help lessen the effects of jet lag by making sure that you're hydrated and avoiding alcohol and caffeine, which can disturb sleep.

**Anti-malarials:** It only takes one bite to become infected with malaria, so make sure

you take malaria prevention seriously. The type of antimalarial you need will depend on a number of factors including where you are going, your medical history, your age and whether you are pregnant. Ask your pharmacist for advice.

Pharmacy tips: Unfortunately, no antimalarial tablets and travel vaccines are 100 per cent effective so it is essential to use other bite-avoidance precautions such as mosquito nets to go around your bed skin repellents and plug in vapourisers.

**Know your limits:** If you're going on an all inclusive holiday, try to eat and drink as sensibly as you can. Overeating can cause a whole range of symptoms including heartburn, indigestion, nausea and constipation and over-drinking can of course cause the dreaded hangover. After you have eaten, try not to lie down right after you've had something to eat and if you really have to, use a couple of pillows so you sleep in a more upright position.

Over-the-counter painkillers can help with headaches and muscle aches caused by over-drinking. Paracetamol-based remedies are

usually preferable as aspirin may further irritate the stomach and increase nausea and sickness.

Pharmacy tips: The best way to avoid a hangover of course is not to drink, but if you do, drink sensibly and try to keep within the recommended limit (men 3-4 units per day and women 2-3). Try to eat lots of carbohydrates as this will help to slow down the body's absorption of alcohol. Before you sleep, drink a pint or so of water and keep a glass of water by the bed to sip if you wake during the night.

**Must haves for a holiday health kit:** Eye drops can help to replenish moisture after the humidity of aeroplanes, especially if you wear contact lenses. Painkillers can be used to treat back pain and headaches.

They can also be used to treat high temperatures in children. Ear drops can help to treat the symptoms of ear infections – particularly common with children using swimming pools.

Make sure you have a good supply of plasters, wound dressings and antiseptic creams for minor scrapes and falls. CONCLUDED

## A day out at the races for the local WIs

**ON July 14 more than 200 members of the Glamorgan Federation of Women's Institutes (GFWI) travelled to Chepstow for a day at the races.**

They were, of course, dressed in their best, with hats that would have easily graced Ascot's Ladies' Day.

Before racing began, the ladies were treated to a delicious buffet lunch and a talk by a gentleman who obviously knew the 'form'. Armed with this insider knowledge and clutching their race cards, the ladies enthusiastically chose the winners of every race!

There were cheers of excitement and sometimes sighs of disappointment as the

horses and their colourful jockeys raced passed the balcony specially reserved for the Glamorgan ladies.

There were eight races in all, but everyone took a special interest in the second race, which was the GFWI Handicap.

Mrs Sandra Davidson, vice chair of the federation and organiser of the event, chose the 'best turned out horse and presented the prize to the race winner.

At the end of an eventful and fun-filled day, members – whether they had won or lost on their horses – all agreed that they had thoroughly enjoyed the experience and that it had been a wonderful day.

They hoped that this would become an annual event in Glamorgan's calendar!

JANE EXELL

## Cyngor Bro Morgannwg 2016 GORCHYMYN CYNGOR BRO MORGANNWG AMRYW FFYRDD, MAES AWYR CAERDYDD (AMRYW WAHARDDIADAU A CHYFYNGIADAU I GERBYDAU A CHERDDWYR) (GWRTHDERFYSGAETH) (DROS DRO) 2016

1. Ar 15 Gorffennaf 2016, gwnaeth Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adranau 14(1) a 22C Deddf Rheoli Traffig Ffyrdd 1984 a'r holl bwerau galluogi eraill, Orchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr Atodleni isod.

2. Daw'r Gorchymyn i rym ar 30 Gorffennaf 2016 a gellir gweld copi o'r Gorchymyn yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

3. Os ydych am gwestiynu dilyswrwyd y Gorchymyn neu unrhyw rai o'i ddarpariaethau ar y sail nad ydynt yn unol â'r pwerau a ddylfarnwyd gan y Ddeddf uchod neu ar y sail nas cydymffurfirwyd ag unrhyw un o'fynion y Ddeddf, neu unrhyw offeryn a wnaed dan y Ddeddf mewn perthynas â'r Gorchymyn, gallwch, o fewn cwestiwn wythnos o 30 Gorffennaf 2016, wneud cais i'r Uchel Lys at y diben hwn.

Oni nodir fel arall yn y Gorchymyn hwn:

Ni chaiff unrhyw un gerdedd neu achosi neu ganiatáu i unrhyw gerbyd neu feic fynd ar hyd, stopio neu aros ar unrhyw adeg yn y lleoliad a nodir yn yr Atodlen isod.

### ATODLEN

#### Lleoliad

Yr holl ffyrdd rhwng y gylchfan lle mae ffordd fynediad y maes awyr yn cwrdd â'r A4226/B4265 a'r cyffyrdd lle mae dwy ffordd fynediad y maes awyr yn cwrdd â Port Road.

Llwybrau cerdded (Hawliau Tramwy Cyhoeddus) Pen-marc Rhifau 9, 9A, 10, 15, 21 ynghyd â chilfordd Pen-marc Rhif 18 ar eu hyd.

#### Rhesymau

Gwneir y gwaharddiadau a'r cyfyngiadau hyn at ddiben osgoi perygl i bobl neu draffig arall sy'n defnyddio'r ffyrdd; osgoi, lleihau, neu leihau'r tebygolrwydd o'r perygl yn gysylltiedig â therfysgaeth neu at ddiben sy'n ymwneud â'r perygl neu ddifrod sy'n gysylltiedig â therfysgaeth (fel y diffinnir yn Adran 1 Deddf Terfysgaeth 2000).

#### Hyd

O 18.01 ar 30 Gorffennaf 2016 am hyd at 18 mis.

#### Llwybr Amgen

Bydd yr atgyfeiriadau ar gyfer traffig sy'n mynd i gyfeiriad y de-dwyrain o'r gylchfan wrth y Cyfeuster Cynnal a Chadw Awyrennau, yna tua'r de-dwyrain ar hyd yr A4226 i'r gylchfan yn y gyffordd â Port Road ac yna i gyfeiriad y de-orllewin ar hyd Port Road, i'r Maes Awyr ac i'r cyfeiriad arall.

Dim ar gyfer y llwybrau cerdded sydd ar gau.

Dyddiedig 21 Gorffennaf 2016

M. E. Punter  
Cyfarwyddwr yr Amgylchedd a Thai,  
Cyngor Bro Morgannwg, The Alps,  
Gwenfô. CF5 6AA



## The Vale of Glamorgan Council VARIOUS ROADS, CARDIFF AIRPORT (VARIOUS PROHIBITIONS, RESTRICTIONS AND LIMITATIONS TO VEHICLE AND PEDESTRIAN MOVEMENTS) (ANTI-TERRORISM) (TEMPORARY) ORDER 2016

1. On the 15th July 2016 the Vale of Glamorgan Council in exercise of its powers under Sections 14(1) and 22C of the Road Traffic Regulation Act 1984 and of all other enabling powers made an Order the general effect of which is as described in the Schedules below.

2. The Order will come into operation on the 30th July 2016 and a copy of the Order may be seen at the address shown below during normal office hours.

3. If you wish to question the validity of the Order or any provisions contained therein on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks from the 30th July 2016 apply to the High Court for this purpose.

Except as provided by this Order:

No person shall proceed on foot or cause or permit any vehicle or cycle to proceed, stop or wait at any time, in the location specified within the Schedule below.

### SCHEDULE

#### Location:

All roads between the roundabout where the airport access road meets the A4226/B4265 and the junctions where the two airport access roads meet Port Road.

Footpaths (Public Rights of Way) Penmark No's 9, 9A, 10, 15, 21, together with restricted by way Penmark No 18 throughout their lengths.

#### Reasons

These prohibitions, restrictions and limitations are made for the purpose of avoiding danger to persons or other traffic using the roads; avoiding, reducing, or reducing the likelihood of, danger connected with terrorism or for a purpose relating to danger or damage connected with terrorism (as defined in Section 1 of the Terrorism Act 2000).

#### Duration

From 18.01 hours on 30th July 2016 for a maximum period of 18 Months.

#### Alt Route

The diversions for south east bound traffic will be from the roundabout adjacent to the Aircraft Maintenance Facility, then in a south easterly direction along the A4226 to the roundabout at the junction with Port Road then in a south westerly direction along Port Road, to the Airport and visa-versa.

None for the footpath closures.

Dated this 21st day of July 2016

M. E. Punter  
Director of Environment & Housing,  
Vale of Glamorgan Council, The Alps,  
Wenvoe. CF5 6AA



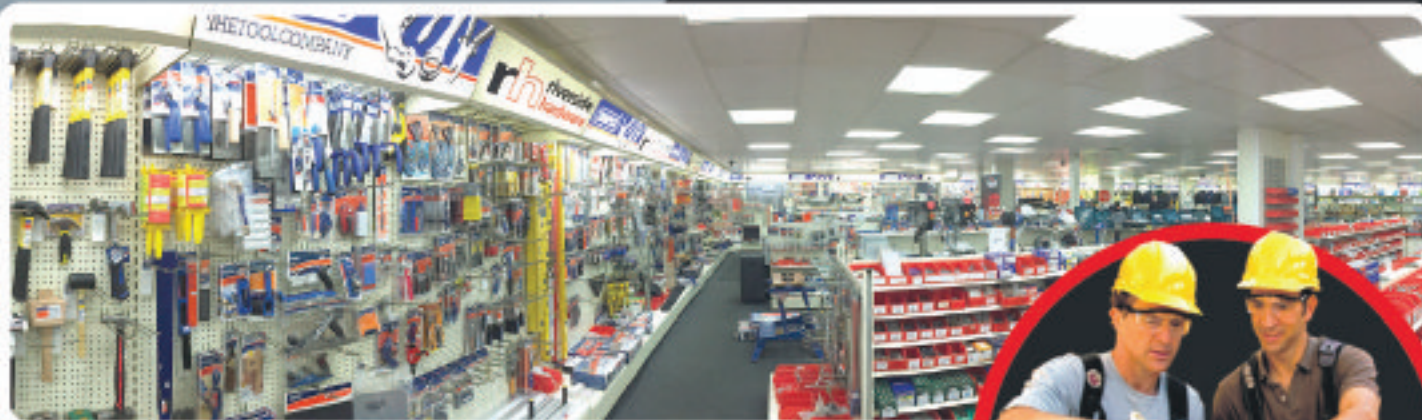
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# RAF ROADSHOW TOUCHES DOWN AND SCHOOL CHAMPS LINE UP WITH STARS!



*The drone flight was very popular*



*RAF engineering education roadshow at Barry Comprehensive School*



*A ball and air blower demonstrated the Coandă effect*

**YEAR-8 and 9 science students at Barry Comprehensive School welcomed the RAF Engineering Education Roadshow to school recently.**

Among many of the activities students were shown a demonstration of a mini jet engine. A 'ball-and-air-blower' demonstrated the Coandă effect, which describes how air flows around objects.

The RAF team explained how the wings on a aircraft use this effect to generate lift, while a drone also took to the air inside the school hall, much to the delight of the audience.

As well as being exciting and entertaining, the roadshow helped students to apply their scientific knowledge in a practical way and made them aware of potential careers in science and engineering.

## **Barry Comp pupil becomes under-13 county champ**

**YEAR-7 pupil Kai Ludvigsen became the under-13 county champion in the 200m at Jenner Park recently with a very fast time of 29.4 seconds.**

Barry sixth former Jake McNery ran for the Cardiff and Vale senior boys athletics team in the 200m and 4 x 100m relay in the national schools championships. He came third in the 200m and won gold with the team in the relay.

## **Stars coach Barry's champion team**

**BARRY Comprehensive School's all-conquering year-8 rugby team has been preparing for the challenges of next season at an intensive training camp.**

The team, recently crowned Blues champions, was bolstered by members of the year-7 team.

Guest coaches were brought in to offer their expertise. Former international second row Greg Prosser worked the boys on lineout play and Blues first team coach and former international scrum half Paul John put the players through a vigorous and challenging decision-making session.

The real treat for the players was the session delivered by current Wales full back Rhys Patchell on back play, during which the team really showed their talent impressing Rhys with their skill levels.

Huw Bevan, head of performance at the Dragons, talked to the group about conditioning and lifestyle, giving the boys an insight into professional rugby.

Coach Mr Manley said: "This was a fantastic opportunity for the players to learn from the very best. I can't thank our guests enough for giving up their time to help the lads."

"When you think Rhys Patchell was playing against the All Blacks two weeks ago, it is amazing that he can give the time to help us. I hope all of the players enjoyed the training camp and will become better players for the experience."



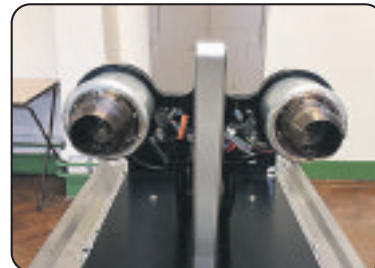
*Kai Ludvigsen recently became under-13 county champion in the 200 metres.*



*Blues first team coach and former international scrum half Paul John put the players through a vigorous and challenging decision making session*



*Former international second row Greg Prosser worked the boys on lineout play*



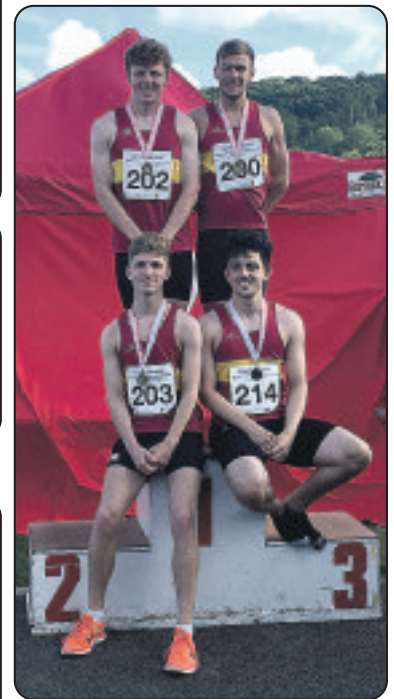
**LEFT:**  
*The business end of the tiny jet engine.*



*The team really showed their talent impressing Rhys with their skill levels*



*An amazing chance to play rugby with Wales full back Rhys Patchell.*



*Jake McNery (top left) brought home two medals for the Cardiff and Vale senior boys athletics team*



*Current Wales full back Rhys Patchell coaching students*



*Barry Comprehensive School's rugby squad with Rhys Patchell*



# LIGHT ON THEIR FEET FOR MARIE CURIE HOSPICE



**MEMBERS of the Paget Rooms Tea Dance Association attended a party at the Paget Rooms on July 11 during festival week.**

Cakes were enjoyed by all thanks to Tesco Express Penarth. During the afternoon, a cheque for £300 was presented to a representative from Marie Curie Hospice, Penarth, in support of its good work.

We meet every Monday from 2pm to 4.30pm and all are welcome. Contact Mrs Ferris on 02920 512353.

LYNN BENNETT

## Dog of the week: Bear

**BEAR is Dog of the Week at Dogs Trust Bridgend.**

He is a West Highland Terrier, and approximately five to seven years old.

Although shy when first meeting him, once he gets to know you he loves a fuss and cuddle.

Bear would suit a quiet home where someone is around most of the day, but would best suit a home with no other dogs; he has some medical issues, which need to be discussed at the centre, and Dogs



Trust will help financially with this.

If you are interested in him contact us on 01656 725219 or visit our website.

## BRO MORGANNWG 2016 GORCHYMYN PRYNU GORFODOL (GWELLIANAU PRIFYRDD YR A4226 FIVE MILE LANE)

### Deddf Prifffyrdd 1980 a Deddf Caffael Tir 1981

HYSBYSIR DRWY HYN fod Cyngor Bro Morgannwg ('y Cyngor') wedi gwneud Gorchymyn Prynu Gorfodol (Gwelliannau Prifffyrdd Yr A4226 Five Mile Lane) Bro Morgannwg 2016 ('y Gorchymyn') o dan Ddeddf Prifffyrdd 1980 adranau 239, 240, 246, 250 a 260. Mae ar fin cyflwyno'r Gorchymyn hwn i Weinidogion Cymru i'w gadarnhau, ac os caiff ei gadarnhau, bydd y Gorchymyn yn awdurdodi'r Cyngor i brynu'n orfodol y tir a'r hawliau newydd a ddisgrifir isod at y diben o -

(i) adeiladu prifffyrdd newydd ac adeiladwaith hwylystod arall, i ddod yn rhan o'r A4226 a gwella prifffordd bresennol yr A4226 o dir i'r de o Fferm Blackland, Tresimwn am bellter o 4800 o fetrau mewn cyfeiriad deheuol a chyfeiriad de ddwyreiniol wedyn i gyffordd yr A4226 gyda Chylchfan Waycock Cross, Port Road, Y Barri.

(ii) adeiladu prifffyrdd eraill i gysylltu'r brifffordd newydd a grybwyllwyd uchod; gwella prifffyrdd cysylltu presennol; cau prifffyrdd neu rannau o brifffyrdd; cau mynedfeydd preifat i eiddo; darparu mynedfeydd newydd i eiddo ac adeiladwaith hwylystod arall yn unol â Gorchymyn Cyngor Bro Morgannwg Ffordd Ddosbarthiadau yr A4226 (Five Mile Lane) Ffyrdd Ymyl 2016 a wnaed o dan adranau 14 a 125 Deddf Prifffyrdd 1980.

(iii) darparu darn newydd o lwybr beiciau / troetffordd a rennir gerllaw'r gwaith gwella prifffyrdd ar linell o gyffiniau Canolfan Heboga Cymru i Gylchfan Waycock Cross, Port Road, Y Barri.

(iv) dargyfeirio cyrsiau dŵr a gwneud gwaith arall ar gysiau dŵr mewn cysylltiad ag adeiladu a gwella ac adlinio'r prifffyrdd a grybwyllwyd uchod;

(v) defnydd gan yr awdurdod caffael mewn cysylltiad ag adeiladu a gwella prifffyrdd a chyflawni gwaith arall a grybwyllwyd uchod; a

(vi) lliniaru unrhyw effeithiau niweidiol a gaiff bodolaeth neu ddefnydd o'r prifffyrdd y bwriedir eu hadeiladu neu'u gwella ar eu hamgylchoedd.

Gellir gweld copi o'r Gorchymyn ac o'r map cysylltiedig yn ystod oriau swyddfa arferol yn swyddfeydd y Cyngor yn Swyddfeydd Dinesig, Heol Holton, Y Barri CF63 4RU a The Alps, Quarry Road, Gwenvô CF5 6AA.

Rhaid gwneud unrhyw wrthwynebiad i'r Gorchymyn yn ysgrifenedig i Weinidog Cymru yn yr Arolygiaeth Gynllunio, Adeiladau'r Llywodraeth, Parc Cathays, Caerdydd CF10 3NQ cyn 2 Medi 2016 a dylai nodi enw'r Gorchymyn, sail y gwrthwynebiad a chyfeiriad y gwrthwynebiad a'i fuddiannau yn y tir.

### DISGRIFIAD O'R TIR A'R HAWLIAU NEWYDD

SYLWER: Dynodir y tir a gynhwysir ym mhob eitem isod ar y map y cyfeirir ato yn y Gorchymyn drafft gan ddefnyddio'r rhif neu'r rhifau sydd gyferbynn â'r eitem honno isod.

### YNG NGHYMUNEDAU SAIN NICOLAS a THRESIMWN a LLANCARFAN

Yr holl hawliau a buddiannau mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig sydd wedi'u lleoli i'r de a'r de ddwyrain o'r eiddo a adwaenir fel Fferm Blackland, Tresimwn (1/1, 1/1a, 1/1b a 1/2)

Hawl barhaol i fynd ar dir â'r gan gynnwys y llinell coed a hanner gwely'r nant sydd wedi'u lleoli i'r de-ddwyrain o Fferm Blackland, Tresimwn at yr holl ddibenion yn gysylltiedig â rheoli'r pwll arafu arfaethedig a'r gofer draenio ar ffin ddwyreiniol y brifffordd (Plot 1/2a)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r prysgdir, coetir a pherth sydd wedi'u lleoli ar neu i'r gogledd, de, de ddwyrain a dwyrain i'r eiddo a adwaenir fel Fferm Blackland, Tresimwn a'r hawl i fynd i mewn at ddibenion gosod perth a ffensydd dros dro cysylltiedig ar ffin ddwyreiniol y brifffordd (Plot 1/2b, 1/2c, 1/2d, 1/2e, 1/2f, 1/2g, 1/2h, 1/3)

### YNG NGHYMUNEDAU SAIN NICOLAS a THRESIMWN a GWENFÔ

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r prysgdir, pwll draenio a nant wedi'u lleoli i'r gogledd, gogledd ddwyrain a gogledd orllewin o'r eiddo a adwaenir fel Whitton Lodge, Walterston ac i'r dwyrain o'r A4226 bresennol a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, adeiladu ffosydd a chwfleri cysylltiol newydd, cynnal a chadw draeniad y brifffordd, man gweithio, swyddfeydd safle a chompownd ymchwiladau tir archaeolegol a gwaith lliniaru (Plotiau 2/1, 2/1a, 2/1b, 2/1c, 2/1d, 2/1e, 2/1f, 2/1g, 2/1h, 2/1j, 2/1k, 2/1l, 2/1m, 2/1n, 2/1p, 2/1q/2/1r, 2/1s, 2/1t, 2/1u, 2/1v, 2/1w, 2/1x)

Yr holl hawliau a buddiannau mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig sydd wedi'u lleoli i'r de o fynydd ymddiriedolaeth Fferm Amelia a'r ffordd ddiddosbarth yn arwain i bentref Dyffryn a'r hawl i fynd ar y tir at ddibenion gwaith lliniaru (Plotiau 2/2, 2/2a, 2/2b, 2/2c a 2/2d)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r prysgdir, pwll draenio a nant wedi'u lleoli i'r dwyrain a'r de ddwyrain o'r eiddo a adwaenir fel Whitton Lodge, Walterston ac i'r dwyrain o'r A4226 bresennol a'r hawl i fynd ar y tir a mynd yn ôl ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol a man gweithio (Plotiau 2/3, 2/3a, 2/3b, 2/3c, 2/3d, 2/3e, 2/3f, 2/3g, 2/3h, 2/3j, 2/3k, 2/3l, 2/3m, 2/3n, 2/3p, 2/3q, 2/3r, 2/3s, 2/3t, 2/3u, 2/3v, 2/3w, 2/3x a 2/3y).

### YNG NGHYMUNEDAU GWENFÔ a LLANCARFAN

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r pherth wedi'u lleoli i'r de-ddwyrain o'r eiddo a adwaenir fel Whitton Lodge, Walterston ac i'r dwyrain o'r A4226 bresennol a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol a man gweithio (Plotiau 3/1, 3/1a, 3/1b, 3/1c, 3/2, 3/2a, 3/2b, 3/2c, 3/2d, 3/2e, 3/2f, 3/2g, 3/2h, 3/2j, 3/2k, 3/2l a 3/2m)

Yr holl hawliau a buddiannau mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig sydd wedi'u lleoli i'r gorllewin a'r gogledd o'r gyffordd a'r ffordd ddiddosbarth yn arwain at yr eiddo a adwaenir fel Northcliffe Cottage, Moulton (Plot 3/3)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r pherth wedi'u lleoli i'r dwyrain a'r gorllewin o'r A4226 bresennol ac i'r gogledd, gogledd-ddwyrain a gogledd-orllewin o'r eiddo a adwaenir fel Northcliffe Cottage, Moulton a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol a man gweithio (Plotiau 3/4, 3/4a, 3/4b, 3/4c a 3/4d)

### YNG NGHYMUNEDAU SAIN NICOLAS a THRESIMWN, LLANCARFAN A GWENFÔ

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir â'r pherth wedi'u lleoli i'r dwyrain a'r gorllewin o'r ffordd bresennol yr A4226 ac i'r gogledd, gogledd-ddwyrain a gogledd-orllewin o'r eiddo a adwaenir fel Northcliffe Cottage, Moulton a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, man gweithio a gwaith lliniaru (Plotiau 4/1, 4/1a, 4/1b, 4/1c, 4/1d, 4/1e, 4/1f, 4/2, 4/2a, 4/2b, 4/2c, 4/4, 4/4a, 4/4b, 4/4c, 4/4d, 4/4e and 4/4f)

Yr holl hawliau a buddiannau hynny mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig sydd wedi'u lleoli i'r gogledd o'r gyffordd a'r ffordd ddiddosbarth yn arwain at yr eiddo a adwaenir fel Northcliffe Cottage, Moulton, mewn tir wrth gyffordd yr A4226 a'r ffordd ddiddosbarth yn arwain at Northcliffe Cottage, yn y ffordd ddiddosbarth wedi'u lleoli i'r gogledd, dwyrain a'r gorllewin o Northcliffe Cottage a thir i'r gogledd-ddwyrain, dwyrain a'r gorllewin o Northcliffe Cottage, Moulton. (Plotiau 4/3, 4/3a, 4/3b, 4/3c, 4/3d, 4/3e a 4/3f)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori a pherth wedi'u lleoli i'r gorllewin o'r ffordd bresennol yr A4226 ac i'r dwyrain o'r eiddo a adwaenir fel Fferm Grovelands, Moulton a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd (Plotiau 4/5 a 4/5a)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori a pherth wedi'u lleoli i'r dwyrain o'r A4226 ac i'r dwyrain a'r de-orllewin o'r eiddo a adwaenir fel Northcliffe Cottage, Moulton (Plotiau 4/6 a 4/6a)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori a pherth wedi'u lleoli i'r dwyrain o'r A4226 ac i'r dwyrain a'r de-ddwyrain o'r eiddo a adwaenir fel Grovelands House, Moulton a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd (Plotiau 4/7, 4/7a, 4/7b, 4/7c, 4/7d a 4/7e)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori a pherth wedi'u lleoli i'r dwyrain o'r A4226 ac i'r de o'r eiddo a adwaenir fel Northcliffe Cottage, Moulton a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol a man gweithio (Plotiau 4/8, 4/8a, 4/8b, 4/8c, 4/8d, 4/8e, 4/8f, 4/8g a 4/8h)

### YNG NGHYMUNEDAU GWENFÔ

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori yn cynnwys perth, tir mynediad a chwsr dŵr wedi'u lleoli i'r dwyrain o'r A4226 ac i'r dwyrain, de-ddwyrain a gogledd-ddwyrain o'r eiddo a adwaenir fel Fferm Sutton Fach a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol a gwaith lliniaru (Plotiau 5/1, 5/1a, 5/1b, 5/1c, 5/1d, 5/1e, 5/1f, 5/1g, 5/1h, 5/1j, 5/1k, 5/1l, 5/1m, 5/1n, 5/1p, 5/1q, 5/1r, 5/1s, 5/1t a 5/1u)

### YNG NGHYMUNEDAU GWENFÔ, Y RHWS A'R BARRI

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori yn cynnwys perth, coetir a chwsr dŵr wedi'u lleoli i'r gogledd-ddwyrain o'r A4226 ac i'r gogledd-orllewin o'r eiddo a adwaenir fel New Zoo Bungalow, Waycock Road, Y Barri a'r hawl i fynd ar y tir at ddibenion gosod perth a ffensydd cysylltiedig ar ffin y brifffordd, ymchwiladau tir archaeolegol, dargyfeirio cwsr dŵr, man gweithio a gwaith lliniaru (Plotiau 6/1, 6/1a, 6/1b, 6/1c, 6/1d, 6/1e, 6/1f, 6/1g, 6/1h, 6/1j, 6/1k, 6/1l a 6/1m)

Yr holl hawliau a buddiannau hynny mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig a choetir sydd wedi'u lleoli arno ac i'r gogledd-ddwyrain ohono ac wedi'u lleoli i'r de a'r gogledd-orllewin o'r eiddo a adwaenir fel New Zoo Bungalow, Waycock Road, Y Barri (Plotiau 6/2 a 6/2a)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o dir pori yn cynnwys perth, coetir, cwsr dŵr, maes parcio a thrac mynediad wedi'u lleoli i'r gogledd-orllewin a'r de-orllewin o'r A4226 ac i'r gogledd-orllewin a'r de o'r eiddo a adwaenir fel New Zoo Bungalow, Waycock Road, Y Barri (Plotiau 6/3, 6/3a, 6/3b a 6/3c, 6/4, 6/4a, 6/4b, 6/4c, 6/4d, 6/5, 6/5a, 6/6, 6/7)

Yr holl hawliau a buddiannau hynny mewn rhannau o gerbyttffordd bresennol yr A4226, llain ymyl y brifffordd a thir draenio cysylltiedig sydd wedi'u lleoli i'r de o'r eiddo a adwaenir fel Coleg Addysg Bellach Y Barri (Plot 7/1)

Yr holl fuddiannau mewn rhannau o borseli a darnau amrywiol o goetir yn cynnwys rhan o'r trac mynediad i Goleg Addysg Bellach Y Barri sydd wedi'u lleoli i'r gogledd-ddwyrain a'r de-orllewin o'r A4226 ac i'r de o'r de-orllewin o'r eiddo a adwaenir fel Coleg Addysg Bellach Y Barri ac i'r gogledd-orllewin o gylchfan Waycock Cross a'r hawl i fynd ar y tir at ddibenion dargyfeirio cwsr dŵr a phlannu (Plotiau 7/1a, 7/1b, 7/2, 7/2a, 7/2b, 7/2c, 7/3, 7/3a, 7/4 a 7/4a)

**Dyddiedig: 21 Gorffennaf 2016**

Dd Marles  
Pennaeth Gwasanaethau Cyfreithiol





## Free advice for elderly in need

**A**GE CYMRU, Wales' largest and leading older people's charity, wants an age-friendly Wales, where older people are treated the same as the rest of the population, and have enough money to lead a good quality of life.

Unfortunately, 84,000 older people in Wales live in poverty – 55,000 of these in severe poverty.

If you're finding it hard to make ends meet and are worried about paying your bills, you can contact Age Cymru Advice on **08000 223 444**.

This free service provides confidential and expert bilingual advice on a range of issues, including financial matters such as Pension Credit.

You can also ask our advisors for your free copy of Age Cymru's new 'More money in your pocket' guide to claiming benefits.

**IAN THOMAS**  
(Chief Executive, Age Cymru)

## CYNGOR BRO MORGANNWG 2016 DEDDF PRIFYRDD 1980 GORCHYMYN FFORDD DDOSBARTHADOL YR A4226 (FIVE MILE LANE) FFYRDD YMYL

HYSBYSIR DRWY HYN fod Cyngor Bro Morgannwg ('y Cyngor') wedi gwneud Gorchymyn o dan adranau 14 a 125 Deddf Prifffyrdd 1980 yn awdurdodi'r Cyngor i:

- gwneud y gwelliannau i'r prifffyrdd;
- cau prifffyrdd neu ardaloedd o brifffyrdd;
- adeiladu prifffyrdd newydd;
- cau mynedfeydd preifat i eiddo;
- darparu mynedfeydd newydd i eiddo; a
- adeiladwaith hwylystod eraill

y cyfan yng nghyfliniâu'r rhannau presennol a'r rhannau wedi'u hadlinio o ffordd ddosbarthiadol yr A4226 (Five Mile Lane) y mae'r Cyngor yn bwriadu eu hadeiladu i'r de o Fferm Blackland, Bonvilston i'w chwyffod â Chylchfan Waycock Cross, Port Road, Y Barri ym Mro Morgannwg.

Gellir gweld copïau o'r Gorchymyn ac o'r cynlluniau cysylltiedig yn ddi-dâl, yn ystod oriau rhesymol o 21 Gorffennaf 2016 hyd 2 Medi 2016, yn swyddfeydd y Cyngor yn Swyddfeydd Dinesig, Heol Holton, Y Barri CF63 4RU a The Alps, Quarry Road, Gwelfo CF5 6AA.

Rhaid gwneud unrhyw wrthwynebiad i'r Gorchymyn yn ysgrifenedig i Weinidog Cymru yn yr Arolygiaeth Gynllunio, Adeiladau'r Llywodraeth, Parc Cathays, Caerdydd CF10 3NQ cyn 2 Medi 2016 neu o fewn 6 wythnos o ddiwydiad cyhoeddus i'r hysbysiad hwn, pa gyfnod bynnag a ddaw i ben hwyraf a dylai nodi enw'r Gorchymyn a sail y gwrthwynebiad.

**Dyddiad 21 Gorffennaf 2016**

D Marles, Pennaeth Gwasanaethau Cyfreithiol

## VALE OF GLAMORGAN COUNCIL 2016 HIGHWAYS ACT 1980 A4226 (FIVE MILE LANE) CLASSIFIED ROAD SIDE ROADS ORDER 2016

NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council ('the Council') has made an Order under sections 14 and 125 of the Highways Act 1980 authorising the Council:

- to carry out the improvement of highways;
- to stop up highways or areas of highway;
- to construct new highways;
- to stop up private means of access to premises;
- to provide new means of access to premises; and
- associated accommodation works

all in the vicinity of the existing and realigned parts of A4226 (Five Mile Lane) classified road the Council propose to construct from land south of Blackland Farm, Bonvilston to its junction with Waycock Cross Roundabout, Port Road Barry in the Vale of Glamorgan.

Copies of the Order and the accompanying plans may be inspected free of charge, at reasonable hours from 21 July 2016 to 2 September 2016, at the Council's offices at Civic Offices, Holton Road, Barry CF63 4RU and The Alps, Quarry Road, Wenvoe CF5 6AA.

Any objection to the Order must be made in writing to the Welsh Minister at the Planning Inspectorate, Government Buildings, Cathays Park, Cardiff CF10 3NQ before 2 September 2016 or within 6 weeks from the date of publication of this notice, whichever period expires later and state the title of the Order and the grounds for objection.

**Dated: 21 July 2016**

D Marles, Head of Legal Services



## THE VALE OF GLAMORGAN COUNCIL (A4226 FIVE MILE LANE HIGHWAY IMPROVEMENTS) COMPULSORY PURCHASE ORDER 2016

### The Highways Act 1980 and the Acquisition of Land Act 1981

NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council ('the Council') has made the Vale of Glamorgan (A4226 Five Mile Lane Highway Improvements) Compulsory Purchase Order 2016 ('the Order') under the Highways Act 1980 sections 239, 240, 246, 250 and 260. It is about to submit this Order to the Welsh Ministers for confirmation, and if confirmed the Order will authorise the Council to purchase compulsorily the land and new rights described below for the purpose of –

(i) the construction of new highway and other accommodation work, to become part of the A4226 and the improvement of the existing A4226 highway from land south of Blackland Farm, Bonvilston for a distance of 4800 metres in a southerly and then south easterly direction to the A4226 junction with Waycock Cross Roundabout, Port Road, Barry.

(ii) the construction of other highways to connect to the new highway mentioned above; the improvement of existing connecting highways; the stopping up of highways or areas of highway; the stopping up of private means of access to premises; the provision of new means of access to premises and other accommodation work in pursuance of the Vale of Glamorgan Council A4226 (Five Mile Lane) Classified Road Side Roads Order 2016 made under sections 14 and 125 of the Highways Act 1980.

(iii) the provision of a new section of shared cycleway / footway adjacent to the on line highway improvements works from the vicinity of the Welsh Hawking Centre to Waycock Cross Roundabout, Port Road, Barry.

(iv) the diversions of watercourses and the carrying out of other works on watercourses in connection with the construction and improvement and realignment of highways mentioned above;

(v) use by the acquiring authority in connection with such construction and improvement of highways and the execution of other works mentioned above; and

(vi) the mitigation of any adverse effects which the existence or use of the highways proposed to be constructed or improved will have on their surroundings.

A copy of the Order and of the accompanying map may be seen during normal office hours at the Council's offices at Civic Offices, Holton Road, Barry CF63 4RU and The Alps, Quarry Road, Wenvoe CF5 6AA

Any objection to the Order must be made in writing to the Welsh Minister at the Planning Inspectorate, Government Buildings, Cathays Park, Cardiff CF10 3NQ before 2 September 2016 and state the title of the Order, the grounds of objection and the objector's address and interest(s) in the land.

#### DESCRIPTION OF LAND AND THE NEW RIGHTS

NOTE: The land comprised in each item below is identified on the map referred to in the draft Order by means of the number or numbers against that item below.

#### IN THE COMMUNITIES OF ST NICHOLAS and BONVILSTON and LLANCARFAN

All rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land located to the south and south east of the property known as Blackland Farm, Bonvilston (1/1, 1/1a, 1/1b and 1/2)

A permanent right to enter arable land including tree line and half bed of stream located south-east of Blackland Farm, Bonvilston for all purposes connected with the management of the proposed attenuation pond and outfall drainage on the east boundary of the highway (Plot 1/2a)

All interests in parts of various parcels and pieces of arable land, scrubland, woodland and hedgerow located on or to the north, south, south east and east of the property known as Blackland Farm, Bonvilston and the right to enter for the purposes of installation of a hedgerow and associated temporary fencing on the east boundary of the highway (Plot 1/2b, 1/2c, 1/2d, 1/2e, 1/2f, 1/2g, 1/2h, 1/3)

#### IN THE COMMUNITIES OF ST NICHOLAS and BONVILSTON and WENVOE

All interests in parts of various parcels and pieces of arable land, scrubland, drainage pond and brook located to north, north east and north west of the property known as Whitton Lodge, Walterston and east of the existing A4226 and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway, construction of new connecting ditches and culverts, maintenance of highway drainage, working space, archaeological ground investigations site offices and compound and mitigation works (Plots 2/1, 2/1a, 2/1b, 2/1c, 2/1d, 2/1e, 2/1f, 2/1g, 2/1h, 2/1j, 2/1k, 2/1l, 2/1m, 2/1n, 2/1p, 2/1q/2/1r, 2/1s, 2/1t, 2/1u, 2/1v, 2/1w, 2/1x)

All rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land located to the south of the Amelia Farm Trust access and the unclassified road leading to the village of Dyffryn and the right to enter the land for the purposes of mitigation works (Plots 2/2, 2/2a, 2/2b, 2/2c and 2/2d)

All interests in parts of various parcels and pieces of arable land, scrubland, drainage pond and brook located to the east and south east of the property known as Whitton Lodge, Walterston and east of the existing A4226 and the right to enter and re-enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway, archaeological ground investigations and working space (Plots 2/3, 2/3a, 2/3b, 2/3c, 2/3d, 2/3e, 2/3f, 2/3g, 2/3h, 2/3j, 2/3k, 2/3l, 2/3m, 2/3n, 2/3p, 2/3r, 2/3s, 2/3t, 2/3u, 2/3v, 2/3w, 2/3x and 2/3y).

#### IN THE COMMUNITIES OF WENVOE and LLANCARFAN

All interests in parts of various parcels and pieces of arable land and hedgerow located to the south east of the property known as Whitton Lodge, Walterston and east of the existing A4226 and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway archaeological ground investigations, working space and mitigation works (Plots 3/1, 3/1a, 3/1b, 3/1c, 3/2, 3/2a, 3/2b, 3/2c, 3/2d, 3/2e, 3/2f, 3/2g, 3/2h, 3/2j, 3/2k, 3/2l and 3/2m)

All rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land located to the west and north of the junction with the unclassified road leading to the property known as Northcliffe Cottage, Moulton (Plot 3/3)

All interests in parts of various parcels and pieces of arable land and hedgerow located to the east and west of the existing A4226 and north, north-east and north-west of the property known as Northcliffe Cottage, Moulton and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway archaeological ground investigations and working space (Plots 3/4, 3/4a, 3/4b, 3/4c and 3/4d)

#### IN THE COMMUNITIES OF ST NICHOLAS and BONVILSTON, LLANCARFAN and WENVOE

All interests in parts of various parcels and pieces of arable land and hedgerow located to the east and west of the existing A4226 and north, north-east and north-west of the property known as Northcliffe Cottage, Moulton and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway, working space and mitigation works (Plots 4/1, 4/1a, 4/1b, 4/1c, 4/1d, 4/1e, 4/1f, 4/2, 4/2a, 4/2b, 4/2c, 4/4, 4/4a, 4/4b, 4/4c, 4/4d, 4/4e and 4/4f)

All those rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land located north of its junction with the unclassified road leading to the property known as Northcliffe Cottage, Moulton, in land at the junction of the A4226 and the unclassified road leading to Northcliffe Cottage, in the unclassified road located north, east and west of Northcliffe Cottage and land north-east, east and west of Northcliffe Cottage, Moulton. (Plots 4/3, 4/3a, 4/3b, 4/3c, 4/3d, 4/3e and 4/3f)

All interests in parts of various parcels and pieces of pasture land and hedgerow located to the west of the existing A4226 and east of the property known as Grovelands Farm, Moulton and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway (Plots 4/5 and 4/5a)

All interests in parts of various parcels and pieces of pasture land and hedgerow located to the east of the A4226 and east and south-west of the property known as Northcliffe Cottage, Moulton (Plots 4/6 and 4/6a)

All interests in parts of various parcels and pieces of pasture land and hedgerow located to the east of the A4226 and east and south-east of the property known as Grovelands House, Moulton and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway (Plots 4/7, 4/7a, 4/7b, 4/7c, 4/7d and 4/7e)

All interests in parts of various parcels and pieces of pasture land and hedgerow located to the east of the A4226 and south of the property known as Northcliffe Cottage, Moulton and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway, archaeological ground investigations and working space (Plots 4/8, 4/8a, 4/8b, 4/8c, 4/8d, 4/8e, 4/8f, 4/8g and 4/8h)

#### IN THE COMMUNITY OF WENVOE

All interests in parts of various parcels and pieces of pasture land including hedgerow, access land and watercourse located to the east of the A4226 and east, south-east and north-east of the property known as Sutton Fach Farm and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway, archaeological ground investigations and mitigation works (Plots 5/1, 5/1a, 5/1b, 5/1c, 5/1d, 5/1e, 5/1f, 5/1g, 5/1h, 5/1j, 5/1k, 5/1l, 5/1m, 5/1n, 5/1p, 5/1q, 5/1r, 5/1s, 5/1t and 5/1u)

#### IN THE COMMUNITIES OF WENVOE, RHOOSE and BARRY

All interests in parts of various parcels and pieces of pasture land including hedgerow, woodland and watercourse located to the north-east of the A4226 and north-west of the property known as New Zoo Bungalow, Waycock Road, Barry and the right to enter the land for the purposes of installation of a hedgerow and associated fencing on the boundary of the highway archaeological ground investigations, water course diversion, working space and mitigation works (Plots 6/1, 6/1a, 6/1b, 6/1c, 6/1d, 6/1e, 6/1f, 6/1g, 6/1h, 6/1j, 6/1k, 6/1l and 6/1m)

All those rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land and woodland located on it and located south and north-west of the property known as New Zoo Bungalow, Waycock Road, Barry (Plots 6/2 and 6/2a)

All interests in parts of various parcels and pieces of pasture land including hedgerow, woodland, watercourse, car park and access track located to the north-west and south-west of the A4226 and north-west and south of the property known as New Zoo Bungalow, Waycock Road, Barry (Plots 6/3, 6/3a, 6/3b and 6/3c, 6/4, 6/4a, 6/4b, 6/4c, 6/4d, 6/5, 6/5a, 6/6, 6/7)

All those rights and interests in parts of the existing A4226 carriageway, highway verge and associated drainage land located to the south of the property known as Barry College of Further Education (Plot 7/1)

All interests in parts of various parcels and pieces of woodland including part of the access track to the Barry College of Further Education located to the north-east and south-west of the A4226 and south and south-west of the property known as Barry College of Further Education and north-west of Waycock Cross roundabout and the right to enter the land for the purposes of water course diversion and planting (Plots 7/1a, 7/1b, 7/2, 7/2a, 7/2b, 7/2c, 7/3, 7/3a, 7/4 and 7/4a)

**Dated: 21 July 2016**

D Marles  
Head of Legal Services







## Hafod Housing staff's 'Wimbledon' event raised £1,256 for charities

**STAFF from Vale-based housing, care and support provider Hafod raised £1,256 for their chosen charities in just nine days earlier this month.**

A spokesman for the organisation explained: "Each year, staff nominate the charities they want to support and Hafod's

housing team raised more than £100 for Motor Neurone Disease and Gofal with their 'Wimbledon Wednesday' event. The team tempted colleagues to donate with their tennis-themed trolley full of goodies, including fresh cream and strawberry sponge, lemon drizzle cake, lemon cup cakes, sweets and strawberries and cream, and much more.

Funds amounting to £1,034 were raised for Wales Air Ambulance by Hafod's Resources team, which organised a charity gig, featuring a Stereophonics tribute act, the Monophonics, and a raffle.

*This was further boosted when a team of 15 staff raised more than £100 by completing the Cardiff Corporate 5k Challenge at Bute Park.*

## 'Mr Sleek' loses weight, lands roles!

**A DAD of four from Barry, has won theatre roles and been mistaken for actor and singer John Barrowman, since losing over 12 stone!**

Now Martin Woodsford is taking on another leading role after being named Slimming World's Mr Sleek 2016, by opening a Slimming World group of his own in Barry.

At his heaviest Martin weighed more than 27st and suffered a string of health problems including diabetes, high blood pressure, asthma, sciatica and severe back pain, which left him fearing he wouldn't be around to see his children grow up.

Since dropping to 14st 2lbs and losing 12 inches from his waist, the 44-year-old has fallen back in love with musical theatre and now embracing a new role as

a Slimming World consultant. Martin says his weight problems began after an abusive childhood and he fluctuated in size throughout his teens, 20s and early 30s. However, it was after his triplets were born in 2008 that he saw his weight increase dramatically.

Martin said: "They were born three months premature and suffered varying degrees of health problems. It was a very difficult time and I practically lived at the hospital, so my eating habits suffered badly."

As time went on, Martin's weight impacted on his physical and emotional health. He suffered from depression and said: "Because of all of my health issues I was a regular visitor to hospital. I was in a bad way. I was so ashamed of myself that I didn't want to leave the house, and I had no energy to do anything so I'd just sit on

the sofa and eat junk food every night. It was a vicious cycle."

However, after trying Slimming World at home, he knew that the support from enrolling in a class would be the secret of his success, so he joined his local class in January 2012 and says he hasn't looked back since!

"I thought about the way the triplets had fought for their lives and I knew it was time for me to start fighting for me. I didn't want to leave any of my children without a father."

He said: "When I first joined, I was shy and embarrassed so I sat at the back and didn't speak to anyone to start with but staying in class helped me immensely – the love and support from my consultant and the family atmosphere of the group was so unlike any other I had tried before."

"The plan was easy to follow and more

importantly – I was never hungry!"

Martin soon discovered that food optimising was a world away from the restrictive diets and quick-fixes he had tried before – including diet pills.

He swapped junk food dinners for healthy home-cooked meals, including his favourite homemade chicken tikka masala with boiled rice, and found he could still enjoy treats too.

Martin said: "What I love about food optimising is that it's not a diet; it's completely sustainable and nothing is off-limits."

Since joining Slimming World, Martin, who works with adults with learning difficulties and runs his own cake-making business Cake Sera Sera!, has lost 10st. His health has improved dramatically – he no longer has any diabetes symptoms and doesn't need medication for any of his previous complaints, he's got a whole new wardrobe, and he's had the confidence to take and pass his driving test.

He's also taken on a new role of becoming a Slimming World consultant to help and inspire others on their weight loss goals.

He added: "I was so chuffed to be crowned Slimming World's Mr Sleek and now I feel honoured to be able to play a small part in helping others achieve their weight loss dreams, whatever they are."

"Losing weight really is easy with Slimming World and trust me, if I can do it – absolutely anyone can."

**Martin's Slimming World group officially opens at Buttrills Community Centre this Saturday at 9.30am. The Mayor of the Vale, Coun Stuart Egan, will be attending the event.**

**Contact Martin on 07827 445570 for further information.**



**Martin Woodsford, BEFORE...**



**...and AFTER!**

## Top 10 walks

**A NEW pocket-size book highlighting 10 short, circular walks along the south Wales section of the Wales Coast Path is now available.**

**Wales Coast Path: South Wales Coast** is part of the UK-wide Top 10 Walks series from outdoor specialists Northern Eye Books.

Featured walks include: Margam Country Park, Kenfig Burrows, Merthyr Mawr Warren, Ogmere and St Donat's, Llantwit Major, Porthkerry Country Park, Cardiff Bay, Nash and Uskmouth, and Redwick.

Please contact [www.northerneyebooks.co.uk](http://www.northerneyebooks.co.uk)

# Prince's Fund to come to the aid of small family farms

**VULNERABLE farm businesses across the UK are to benefit from a major new scheme launched today (Thursday, July 21) by The Prince's Countryside Fund.**

Supported by HRH The Prince of Wales, the charity's Patron, the 'Prince's Farm Resilience Programme' aims to provide business support and one-to-one guidance to 300 farm businesses each year across the UK, as well as giving them the tools to evaluate their viability and long-term sustainability.

Building on the success of The Prince's Dairy Initiative, which has helped strengthen the UK dairy supply chain since 2012, the £1.5 million five-year programme, developed by The Prince's Countryside Fund, launches during National Countryside Week, following research earlier this month which showed a steep decline in the number of small family farms.

Small and medium-sized family farms have experienced unprecedented strain and in 2015, the average farm income fell below £20,000 for the first time since 2007.

Their ability to survive economically is now so challenged that one in five are unable to pay their short term debts. In response, many are fighting the tide through innovation and diversifying their businesses into new areas, such as leisure and tourism.

Now, a national steering group of industry experts has joined together with a wide range of local and specialist organisations to deliver business management workshops, develop online resources and deliver 15 sustainable local networks of farm businesses to improve efficiency and increase profitability on farms.

Speaking about the launch of the programme, The Prince of Wales said: "The small farms which have been such an integral part of Britain's landscape for thousands of years are under threat."

"My Farm Resilience Programme

is designed to respond to those threats by helping up to 300 hard to reach, vulnerable farm businesses. It is the most far-reaching programme ever offered by my Countryside Fund."

Claire Saunders, the director of The Prince's Countryside Fund, said: "There has never been a more important time for practical action to help farm businesses. On top of the everyday problems for farmers, new and more life-changing decisions are now required."

"Small farms add vibrancy and strength to rural communities and ensure that we have a diverse farming sector."

"By offering this programme we will provide many farmers with new skills to cope with the increasing financial, technical and human challenges they face."

"The ultimate target has to be ensuring that we retain a varied and viable farming sector and nurture an essential part of our national identity by helping farms to make the most of their business."

In a bid to respond to contemporary challenges and identify ways to increase the viability of family farming, a recent report by the fund proposed a series of 17 recommendations which include:

- Improvements to financial management, technical knowledge and market knowledge.
- A need to upskill through targeted advice and training, as well as encouraging farmers to share best practice and analyse success.
- Improve economic resilience by shortening the supply chain and increasing profits.
- Invest in succession planning and develop initiatives to attract new blood into agriculture.

**Recruitment for the Farm Resilience Programme will begin in September and workshops will run between December 2016 and March 2017 in locations across Wales, England, Scotland, and Northern Ireland.**

To find out more, visit [www.princescountrysidefund.org.uk](http://www.princescountrysidefund.org.uk) or email [madeleine.fitzgerald@bitc.org.uk](mailto:madeleine.fitzgerald@bitc.org.uk)

## First Minister puts case for fair funding to Prime Minister

**FIRST Minister of Wales, Carwyn Jones AM, welcomed new Prime Minister Theresa May to Wales on Monday and called for fair funding and a proper, lasting devolution settlement for Wales.**

During the meeting, the First Minister stressed the importance of remaining focused on safeguarding the long-term future for the steel industry in Wales.

Mr Jones, who is also the AM for Bridgend, set out the importance of Wales playing a full and active role in the forthcoming EU negotiations, and called on the Prime Minister to guarantee that the current levels of funding Wales receives from the EU will remain post-Brexit.

Commenting on the first meeting between the two, the First Minister said: "Today's meeting with Prime Minister Theresa May was a

constructive and positive start to our working relationship."

"It was a useful opportunity to talk openly with the Prime Minister about the full role Wales must play in the forthcoming negotiations about the UK's exit from the EU."

"I once again called for the UK Government to guarantee that the £600m of invaluable funding we currently receive from the EU will continue to flow to Wales after the UK's exit takes place."

"My immediate focus remains on securing a sustainable future for Wales' steel industry and I am encouraged by Mrs May's commitment to supporting the industry. We have agreed to continue to work together to do all we can to do ensure the Tata's UK plants remain open and Welsh jobs are secured."

Mrs May also met Welsh Conservative leader Andrew RT Davies who said she was a "fantastic champion for Wales".

## Llancarfan ladies will get lesson in lavender!

**THE next meeting of the Llancarfan Ladies Tuesday Club is on July 26 at 7.45pm and the speaker will be Mrs Pat Summers, the 'Lavender Lady', who will demonstrate the uses of lavender and explain some of its history.**

Llancarfan Ladies Tuesday Club was founded in October 1969 as a social club for the village and to raise funds for charities.

It has done this very successfully, having raised more than £25,000 and given to over 50 local organisations, such as

Air Ambulance, RNLI, Coastguards, Mencap, Holme Towers, Help For Heroes, Velindre Hospital and Barry Beavers, to name but a few.

All this has been achieved with an average membership of 15 for many years. This, unfortunately, is now down to seven.

If new members are not forthcoming, the

club will have to close as it will be unable to support itself, and inviting speakers for such a small turnout is not encouraging for the Speaker.

*If any ladies would like to come along to our next meeting, they will be made most welcome.*

AF

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# A busy end-of-term at Pencoed Comprehensive



Time for tea – and cakes galore!



Digital Reporters.

**Sixth form news**  
ANOTHER successful strawberry tea party was organised this year by year-12 pupils as part of their fundraising campaign for Breast Cancer Care.

This year's did not disappoint as there was a range of cakes on offer prepared by pupils, parents and staff.

Pupils and staff alike enjoyed welcoming members of the community and councillors to the event.

Mr Owen, head of sixth form, and the pupils are particularly grateful to local businesses in Pencoed and Bridgend for providing raffle and other prizes, as well as Tesco in Pencoed for providing all the strawberries and cream.

To date nearly £800 has been raised from the proceeds of the party as well as raffles, mufli day and other sales. Thank you to everyone for your generosity.

Year-12 pupils also went on an annual sponsored walk to raise money for the sixth form fund. As ever, some of the staff and pupils dressed up in fancy dress for the occasion.

Congratulations to the following year 12 pupils on being elected to the prefect team for 2016-17:

Head Boy Alex Morris; deputy head boys Jamie Powell, Tom Rowlands; head girl Grace Shaughnessy; deputy head girls Isabelle Bushrod and Olivia Williams; senior prefects, Megan Coles, Rhiannon Evans, Natali Richards and Emily Morgan.

Congratulations also to the eight year-13 pupils who returned to school after their exams to complete the Duke of Edinburgh Silver Expedition, which was held in North Gower. The effort was worthwhile as they all passed!

## Science

MRS HARE and year-13 science pupils had the recent opportunity to visit SPECIFIC's research laboratories at the Baglan Bay Innovation Centre and the Pilot Manufacturing facility.

They took part in a spectroscopy workshop sponsored by the Royal Society of Chemistry.

After a short lecture the students were tasked with identifying unknown samples using IR, mass spectroscopy and NMR data. SPECIFIC is an academic and industrial consortium led by Swansea University with BASF,

NSG Pilkington, Tata Steel and Cardiff University as partners.

## Drama

THE drama department has been as busy as ever. Thank you to Mrs Alex Hewitt and her team for such a fantastic production of *Guys and Dolls*.

The lower school drama club played to three packed houses on June 8, 9 and 10 to raise funds for the main school show. It also performed for year-6 as part of the school's Moving On Up 'transition programme'.

The school show this year was *Back to the 80s*. Performed over three nights in July, the show was an outstanding success. Before then, primary school pupils enjoyed their own special performance. As ever, tickets were virtually sold-out every evening.

Congratulations to everyone involved, particularly Mrs Smith for the direction, Mrs Hewitt for the choreography and Mrs Jenkins for the music.

There are four year-8 pupils sitting their GCSE in performing arts next year, some two years early. They have just completed their first controlled assessment and the standard of performance was very high.

The girls were chosen as they each have a unique skill and high standard of English writing. Well done to Fiona Lord, Millie Jenkins, Hannah Smith and Ellie Rees. Good luck for next year!

## Digital reporters for the day

TEN of our year-10 and 12 pupils became 'digital reporters' for the day when they attended the Digital 2016 Event at the Celtic Manor Resort in Newport in June.

They talked to and interviewed representatives from large companies such as Google, Twitter, Sage, HP, Cisco and S4C.

They were also able to use some of the new digital technologies and report on them first hand as Ben Humphries and Danny Lee Barrington were to find out when they stepped inside the futuristic world of virtual reality computer games.

Our pupils were the first to have their news articles uploaded on the Digital Media 2016 blog and many of their tweets and photographs were circulated on social media.

It was a great day and an invaluable experience for all our students.



Guys & Dolls and Back To The 80s by year-8 performing arts pupils.



Sixth form walk.



Pupils at Specific.

## BREAST CANCER CARE SUPPORTED BY A BRIDGEND 'GIRLS NIGHT OUT'

SIAN Phillips added another £340 to her tally of more than £5,000 raised for Velindre Cancer Care – with a girls' night out.

Some 30 ladies learnt the can-can, the Charleston and the American smooth at the Westward community centre, raising funds for breast cancer support.





## Soroptimists host overseas visitors



Some of the members with president Sue.

## Could you give Maxine a home?

**MAXINE** is one of the longest staying cats in the centre and is desperate to find a home.

A home where she is the only pet in the house, where she can be the centre of attention is best for Maxine because she needs an understanding and patient owner who will give her the time she needs to settle.

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For more information, contact Cats Protection on 01656 724396 or [bridgend@cats.org.uk](mailto:bridgend@cats.org.uk), or visit [www.bridgend.cats.org.uk](http://www.bridgend.cats.org.uk).



Maxine.

**BRIDGEND Soroptimist Club** held a coffee morning on July 15 at the home of club secretary Marjorie Page.

The event raised the sum of £248 for the Meru Womens' Garden Project in Nepal. The goal is to provide women in that area with the means to grow their own food products and sell on any surplus which will enable them to expand.

This project is currently being supported by all Soroptimist clubs in the UK and will run for a year.

Members and guests enjoyed a magnificent array of cakes and pastries and were joined by two young pupils visiting Wales from Estonia and Spain. They are studying English and will be taking home some good memories of the Soroptimist movement, both in Wales and throughout the world.

Eileen Bayley, Soroptimist Bridgend

## Welsh Hearts aims to diagnose hidden heart conditions

**THE** charity Welsh Hearts is part funding a heart screening session in Cowbridge to help prevent deaths from undiagnosed heart conditions in the town.

Welsh Hearts/Calonnau Cymru is providing ECG sessions at Cowbridge Town Hall on Saturday, August 6, from 9am to 4.30pm.

Each screening lasts around 10 minutes and must be pre-booked online in advance.

Every year in the UK thousands of people die from undiagnosed heart problems, including over 600 young people in Wales.

Founded in 2013, Welsh Hearts provide better access to lifesaving defibrillators, CPR training and heart screenings across Wales.

Sharon Owen, founder of Welsh Hearts, said: "These heart screenings really do save lives.

Following five screenings across Wales, 14 people have now been referred to a specialist, having been diagnosed with heart conditions, including cardiomyopathy, a hole in heart.

"That's why we fundraise tirelessly to provide these all-important screening



Getting wired up for the ECG test.

sessions. The sessions are open to anyone aged 12 to 35 years and we urge people to make the most of these sessions while we are in town.

"Many people associate heart problems with older people, but sadly this is not the case. In Wales we lose hundreds of young people to undiagnosed heart conditions each year.

"It is not acceptable and we want to stop it, which is why our charity is dedicated to promoting and protecting heart health in Wales."

An ECG, or electrocardiogram, is a pain-free, non-invasive screening that will identify most cardiac abnormalities, helping the conditions to be managed and preventing unnecessary deaths.

Welsh rugby star Ian Gough became a patron for Welsh Hearts following his own heart

scare last year. The former Ospreys player was diagnosed with atrial fibrillation – an irregular and abnormally fast heart rate – following a heart screening in early 2016.

The diagnosis allowed treatment so it can be managed in the future.

To book a heart screening with Welsh Hearts, visit [www.welshhearts.org/sc/reenings](http://www.welshhearts.org/sc/reenings) or call 02920 647733 if you do not have online access.

**Free for all!** ONCE again this summer, BCBC and Bridgend Town Council will be running a free school holiday play scheme aimed at the 8 – 12 years age range at Bridgend Recreation Centre for four weeks, from August 1 – 26.

It will run Monday to Friday, 10am to 2pm. Call 03000 121223, ext 1 for further details.

## Damaged car a 'hate crime' – Brexit voter

ON July 7, The GEM ran a story about alleged 'hate crime' in the area following the EU Referendum and the 'Leave' vote.

The piece – which included the results of a snap poll of people in Cowbridge – was in response to a letter to the editor regarding an incident said to have taken place in the town post-Referendum. The writer said his wife, an EU national, had come home "in floods of tears" after overhearing comments that 'immigrants' should "get on with it and leave", though he stressed this conversation was not directed at her.

A news release from a Barry councillor seemed to add weight to the assertion of increased hate crime in the Vale.

However, inquiries to South Wales Police revealed this not to be the case. A force spokesman stated: "There has not been a marked increase in (racially-motivated) hate crime linked to Brexit or the EU Referendum in the Vale."

The GEM later received a further statement from South Wales Police

Superintendent Liane Bartlett, who confirmed: "We have not seen an increase in hate crime incidents reported to us in the past week" (since the Referendum).

A letter in this edition (see page 2) may be the first post-Referendum case locally of a suspected crime linked to a person's beliefs – in this case, support for Brexit – being reported to the police.

The writer, Dr Paul Langmaid, returned from a trip to find that his car, which had been left in the public car park behind Cowbridge Town Hall and had a 'Vote



ABOVE: On the door panel someone had scratched 'Stay'.

Leave' sticker in the window, had been 'keyed'.

Dr Langmaid reported the incident on July 15 and was pleased at the attention given by the PCSO who dealt with the incident.

However, Dr Langmaid was told that tracing the person or persons responsible would be "unlikely". The car park has no CCTV and as Dr Langmaid suggests in his letter, policing is by 'passing panda'.

Dr Langmaid told The GEM, this week: "It could have been done at any time over the course of a few days in a busy car park. Who knows how many people later brushed by my car or, innocently, left their fingerprints on it, possibly contaminating the crime scene."

Dr Langmaid said that he had been careful to phrase his report to the police with reference to the definition of "hate crime", which, as given on [www.gov.uk](http://www.gov.uk) is:

"Crimes committed against someone because of their disability, gender-identity, race, religion or

belief, or sexual orientation."

In Dr Langmaid's case, he is sure that the act of vandalism took place purely because of the pro-Leave sticker in his car and was, therefore, an attack against his political beliefs.

"I qualified, in my report to the police, that this was similar to a 'hate crime', because it was an attack on my beliefs," said Dr Langmaid.

"Whoever vandalised my car, challenged any 'safe spaces' we have in Cowbridge to communicate different beliefs to others."

"I do not know if anyone else has experienced anything similar, but I would urge anyone who has, to report it. Don't be put off; it is very easy to do, and it will let the police more accurately show what suspected crimes have taken place."

South Wales Police confirmed that the incident is under investigation and asked the public to contact 101 quoting reference \*2675447.

In earlier correspondence, a spokesman for the force said: "We urge anyone who believes they have been the victim of any hate crime, or has fears about the safety of themselves or their community to contact South Wales Police on 101 non-emergency number or 999 in an emergency."

## Happy days at Bethesda'r Fro!

While the weather has been anything but summery, the last couple of months have seen happy times at Bethesda'r Fro URC Church in Llantwit Major.

The plan to bring water and also provide disabled access to a building some 209 years old is now in train. A number of congregations from west Wales have visited the chapel on pilgrimages to celebrate the life of Thomas William, the hymn writer

who was the founding minister, and it has been the venue for a wedding and a wedding blessing.

The congregation welcomes visitors to the anniversary service on July 24 at 3pm, when the preacher will be Rev Sue Fender. The service will be followed by tea and refreshments.

Services are held on most Sundays at 9.30am but the next afternoon service will take place on Sunday, October 9 at 3pm, when a harvest festival will be held. The preacher will be Rev Sue Fender.



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## Family Notices

**HARVEY****Arthur Sampson**

The funeral service will take place at St Illtud's Church, Llantwit Major on Tuesday, July 26 at 11.45am, afterwards at Coychurch Crematorium (and not 11.15am as previously stated by the funeral director).

**HARDING****Beatrice Joyce**

Passed away peacefully on July 7 at St David's Hospital, Beatrice Joyce, aged 89 years of The Pastures, previously of Atlantic Place, Barry. Beloved wife of the late Reginald Hugh, dearly loved mother of Jane, Stephen, David and mother-in-law of Dennis and Rachel. Cherished grandmother of Andrew, Tony, Callum, Kyle and great grandmother of Christina. Sister to Dorothy, Marion and Muriel. Joyce will be sadly missed by all her family and friends. Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry, where flowers may be sent until the funeral on Wednesday, July 27. Service at St Cadoc's Church, Cadoxton, Barry at 10.30am; afterwards interment at Barry Cemetery.

**MADDOCKS****John Burdett**

After a short illness at Marie Curie Hospice, Penarth on July 12 - John, aged 85 years, beloved husband of Yvonne and devoted father to Lesley.  
John will be sadly missed by all his family and friends. Resting at A.G. Adams & Son Funeral Home until the funeral service at St Curig's Church, Porthkerry, on Monday, July 25 at 1.30pm, followed by interment at Porthkerry Crematorium. Family flowers only, donations in lieu if so desired for Marie Curie c/o the funeral director.

**DRAISEY****Francis Peter**

Peacefully in hospital on July 4, 2016, Peter of Llantwit Major.

Beloved husband of Meryl and dearly loved father of Helen and her husband Clive. He was a much loved grandfather of James and Rhiannon, Richard and Elizabeth and loving Grandy to Sam. Resting at WA Brown & Son, Llantwit Major, until the funeral service on Friday, July 29, in Coychurch Crematorium at 10.30am. No flowers by request, but donations may be made to the British Heart Foundation c/o the Funeral Home (cheques only, please).

**HAMBER****Gareth**

It is with great sadness that the family announce the passing of Gareth on July 16 at Marie Curie Hospice, Penarth.

Beloved husband of Anne, much loved father of Jane and Richard. Respected father in law of Duncan and Fong. A proud and loving grandfather to his girls, Gracie, Annie and Lia.  
A loved brother and friend who will be so greatly missed.

Gareth is in the care of The Vale Funeral Service, 181 Court Road, Barry until a celebration of his life at St John Methodist Church, Barry Island on Tuesday, July 26 at 1.45pm, and afterwards at Cardiff and Glamorgan Crematorium. Family flowers only. Donations, if desired, may be made at the service to support Marie Curie Hospice, Penarth. Funeral arrangements entrusted to Nicola Ellis 01446 407962.

**ROSSER****Gerald James**

Peacefully on July 11 in Portugal after illness bravely fought. Gerald, aged 83, formerly of Talyfan Close, Cowbridge. Dearly loved husband of the late Judith. Much loved father of James, Philip & Stephen. Beloved father-in-law to Pamela, Judith & Saskia. Adored grandfather to Claire, Jessica, Christopher & Michael. Dearest loved brother of Alan, brother-in-law to Betty, John & Margaret. Gerald will be greatly missed by all his family and friends.

Funeral service will be held at Holy Cross, Cowbridge on Friday, July 29 at 2pm. Family flowers only. Donations if desired may be made to Marie Curie Cancer Care at <https://www.justgiving.com/fundraising/James-Rosser1>

**HAWKINS****Sheila Ann**

Peacefully, on July 15 at her home after courageously facing her illness. She will be missed by her loving husband Clive, her daughters Yvonne, Julie and the late Beverly, son in laws Colin and Wayne, and her loving grandchildren and the late Johnathan and all her friends. Resting at DH Wilde Chapel of Rest, Mawdlam until the funeral on Monday, July 25, service and cremation at Coychurch Crematorium at 1.45pm. Family flowers only, donations in lieu, if desired, to Marie Curie Bridgeman Road, Penarth. Enquiries to Brian Thomas Funeral Director on 01656 668967.

**HANIGAN****Ray**

Ray sadly passed away on July 9. A devoted husband to Judith, a much loved father, grampy, son, brother and friend. He will be greatly missed by all who knew and loved him.

Resting at The Vale Funeral Service, 181 Court Road, Barry until his service at St Illtud's Church, Llantwit Major on Thursday, July 21 at 2.45pm, followed by committal at Cardiff and Glamorgan Crematorium, Barry. Family flowers only please, donations if desired may be made at the service to support Velindre Cancer Centre in memory of Ray. Further enquiries, contact Lyndsay Ellis on 01446 407962

**RENDALL****Norman Samuel John**

Peacefully at home surrounded by all his loving family on July 10, Norman in his 95th year (former proprietor of Barry Advertiser), dearly beloved husband of Helen for 71 years, much loved dad of Ann, Joan and the late Alan, father-in-law of Ray, Anne and the late John, adored granddad and grampy to all his grandchildren and great-grandchildren. Resting at A.G. Adams & Son, Tynwydd Funeral Home, Gladstone Road, Barry until his funeral service and committal at the Cardiff & Glamorgan Crematorium, Barry on Monday, July 25 at 11am. Family flowers only but donations in lieu of flowers to Marie Curie Cancer Care, Holme Towers, Bridgeman Road, Penarth CF64 3YR.

**HUGHES****Arthur**

Formerly of Wenvoe and Penarth, Arthur passed away after a short illness on July 11, aged 93 years. Beloved husband of the late Marie Hughes. Arthur will be greatly missed by all who knew him. The funeral service is to be held on Tuesday, July 26, at Thornhill Crematorium, Briwntant Chapel at 1.30pm. No flowers by request, but donations in lieu, if desired, to Marie Curie.

All enquiries to Green Willow Funerals, 31-33 St Isan Road, Heath, Cardiff, CF14 4LU. Tel. (029) 20755 5555.

**HANDLEY****Robert William**

Peacefully on May 28 at University Hospital Cardiff, beloved husband of Lorraine Gillian, much loved father of Simon and Howard, and loving grandfather to Ieuan and Rhiannon. He will be very sadly missed by all his family and friends. Resting at D Caesar Jones Funeral Home, 55 Pantbach Road, until the service at Thornhill Crematorium, Briwntant Chapel on July 29, 2016 at 3pm. Family flowers only please, but donations may be sent to Dementia UK c/o the Funeral Home.

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## Birthdays



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## Congratulations

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Many congratulations Jamie on your success. Love from Dennis, Carol, Neil and Ellie-May

**Robyn Llewelyn Mortimer****Congratulations on your Graduation**

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## Wedding Announcement



Forthcoming Wedding Announcement of

**Michael Cox & Bethan Lewis**

To be married on  
**September 15, 2016.**

Wishing you lots of love and best wishes in your future together.

All our love, Mum and Wayne, Nathan and Jaslyn, Rod and Tess, Holly and Lee, Alfie, Harry and Elsie; and all the best from Sharon, Taff and family.

With pride, much love, Dad.  
XXX

## Anniversary

**LEWIS**  
**Allen & Sandra**

(née Hughes)

**Congratulations**

Allen & Sandra  
on your  
**Golden Wedding Anniversary**



23rd July 2016  
Love, Betty  
and Moira xxx

**Congratulations**

**Carole & David Pope**

On your Golden  
Wedding Anniversary



Hope you had  
a lovely time  
in Cuba.

Lots of love  
from Mandy,  
Bob, Scott  
and Sophie  
xxx

Celebrating  
**50**  
Years

# Landlords receive road safety award after tackling problem

RECENTLY, Vale landlords Jennie and Digby Rees were presented with the Road Safety Wales Award 2016 in recognition of their continuing awareness of road safety in the rural village of Peterston-super-Ely.

In the early 1990s, Jennie and Digby became alarmed by the congestion surrounding St Bride's Road – the main road through the village – during the local primary school's start and finish times. As many of the school's pupils came from outside the village, the narrow roads became congested with an increasing number of parents dropping their children off for school, and they would then have to cross the busy roads to get to their lessons.

With the safety of pupils in mind, Jennie and Digby approached the head teacher and governors of Peterston-super-Ely Primary School, and offered the use of their parking facilities at the Three Horse Shoes for parents' vehicles at the beginning and end of the school day.

This arrangement soon saw the problems posed by the traffic reduced, and, in 2007, the arrangement was further improved when a school crossing patrol site was established outside the public house, providing a pedestrian crossing point. This proved to be the final link in creating a safe walking route between the pub's car park and the school, but could only be retained while permission to use the car park was sustained.

Coun Peter King, Vale Council cabinet member, and Coun Rhodri Traherne, the local ward member for Peterston-super-Ely, were on hand to show their appreciation, with Coun King saying of the award: "This has proven to be a magnanimous gesture by Jenny and Digby Rees, one that has markedly improved congestion in the area."

"It is a great privilege to have been able to award this road safety award to them, as they have contributed, not only to road safety, but to community spirit."



Three Horseshoes' road safety award.

## 'Trim trail' is the latest bonus from school's PTA



Trying out the new trim trail.

## Primrose bids Llantwit Major Pensioners farewell

PRIMROSE Goldsworthy has finished as secretary of the Llantwit Major Pensioners' Club, and has moved to Devon.

Primrose's last evening was a buffet arranged by members and the entertainment was provided by Barry Ladies' Choir, who gave a lovely entertaining evening with a jazz element, and they finished with 'Till We Meet Again'.

Primrose was presented with gift vouchers and Lorraine Reid (chairwoman) gave a vote of thanks.

The following week was the last of Primrose's organised trips to

Tyntesfield. We set off on a lovely July summer day and arrived at Tyntesfield where we were welcomed by staff, and also by the electric mobility scooter which was prebooked.

We then had a tour of the lovely Gothic house, and the walled and kitchen gardens. The area was well landscaped and there was a courtesy bus to drive between the various areas.

We arrived home at about 6.15pm and feeling very pleased with the day out. Primrose wished the club well, and hoped they would give Marilyn (her successor) continued support and hoped that the club would continue from strength to strength.

PG

FAIRS, quizzes, sponsored events, film nights, fancy dress competitions and raffles... just some of the fundraising activities undertaken in the primary school part of Ysgol Gymraeg Bro Morgannwg in Barry to help buy playground equipment for the pupils.

Hazel Evans, chair of the Parent and Teachers Association said: "Our PTA is known as 'Cry' which means strong in Welsh and really sums up the fantastic relationship between home and school that we have at Ysgol Gymraeg Bro Morgannwg."

"The pupils had loads of fun taking part in the activities and parents have really got behind what we are trying to do, joining in with lots of social events. It's been really good having the goal of items for the playground to focus on."

"As well as the 'trim trail' climbing frame that has recently been installed, we've also raised enough to buy other things such as football goals and sporting materials. These little extras all help make playtimes and PE lessons fun for everyone and get the thumbs-up from the kids."

"The school still has a long wish list for us to turn our attention to,

such as items for the other playground and IT equipment.

"I would like to thank everyone who has been involved so far – including many local

businesses who made generous contributions – and encourage everyone to keep up the great work."

"If anyone is interested in

contributing in any way, I'd love to hear from you and can be contacted via email: nanttalwgpta@hotmail.co.uk or we're on Twitter and Facebook".

## Riding high with the South Wales Police!



ABOVE: Riding police horse Samson (centre) is Jayne James.

ONE of the highlights of my year as High Sheriff of Mid Glamorgan was to spend a morning with the staff of the mounted section of South Wales Police and the stars of the show, the police horses.

It was wonderful to see the well-organised policing operation that so complements other police departments throughout the force.

Not only are these fine animals able to be a calming influence during public events, but they are a vital tool when officers have to cut through certain areas that police vehicles find more difficult.

This was explained by Steph, one of the instructors who gave us a tour of the stables in March. She described an incident where two of the mounted police team had been patrolling Cardiff and had been alerted to reports of a

missing person in the area of woodland.

They were able to locate the body of the missing person in woods, at a location inaccessible by police vehicles.

Of course, they act as a visible deterrent on dangerous operations such as a riot, but they are also a welcome sight to many of us on sporting, public or state occasions with their kind eyes, groomed coats and gleaming tack ready to be of service whatever the task.

I was fortunate to ride Samson, one of the more senior horses, who was as strong as his name, but beautifully mannered. Exercising him in the police ménage attached to the stables at Waterton was a complete treat and a morning to remember.

JAYNE JAMES  
(High Sheriff of Mid Glamorgan 2015-16)

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# Opening of the Barry big wheel comes round

**SECRETARY** of State for Wales Alun Cairns has described the new ferris wheel at Barry Island Pleasure Park as having the potential to become an 'icon of Barry'.

Mr Cairns made the comments while taking a preview ride on the wheel, due to open to the public this week, dubbing the attraction the 'Barry Eye' and saying that it could be a 'huge attraction' for tourism to the Island. The MP also praised funfair owner Henry Danter for his continuing investment in the Island – expected to reach £20 million over five years.

The 20-carriage wheel was due to open at the start of the summer season, but had been delayed by technical issues, which are now resolved. Following the completion of health and safety tests, which have particular importance because of the strong winds which blow into



Alun Cairns and Henry Danter enjoy the view from the Barry Eye.

the Island, the Barry Eye will be open to all. It is the biggest ferris wheel in Wales and will offer views across Whitmore Bay and the Bristol Channel.

Said Mr Cairns: "I was really pleased to be given a preview of the Barry Eye, which will quickly become an icon of the town. It has the best views of any ferris wheel in the UK and will be a huge attraction to the Island."

"The ongoing development of the Pleasure Park, thanks to the continual investment of Henry Danter is heartening to see. He has transformed the place and I am honoured to have been given the first go on this particularly important ride."

Mr Danter said: "At long last we have succeeded in getting the Barry Eye working. It will be a very popular go-to ride which I hope will be really appreciated by visitors to the island."

## BARRY ISLAND – OR BUSK!



AN overcast, but joyous, day for all participants and audiences of the 'Barry Island Busk' on Saturday (July 16) as they sang and drummed their hearts out to raise £211.41 for Watereaid.

The choirs included St Helen's Children's Choir 'Newport Mind', Porthkerry Singers, Oasis Asylum Seekers music group with expert drummer and musician Severin from The

Congo, Chapter Singers of Chapter Arts Centre and Cardiff Canton Singers.

The whole day culminated in a 'Big Sing' near Marco's involving 75 singers and drummers whose spirits were not at all dampened by the oncoming rain!

LAURA BRADSHAW

## 'Happy 20th birthday, Valeways!'



Derek Brockway shares a joke with Jane Hutt AM, Phil Gibbins (trustees' chairman), Val Warlow (Valeways founder member) and Coun Charlotte Williams (Barry Town Mayor).

## What's on and where?

### Open day in Old Cogan

ST Peter's Church, Old Cogan – believed to be the oldest building in Penarth – will stage its annual open day this Saturday, July 23, from 2pm – to be opened by the deputy Town Mayor, Coun Tracey Alexander.

There will be a jazz band and many stalls and activities, along with refreshments.

### Porthcawl Farmers Market

THE market will be held this Saturday, July 23 at Awel y Mor community hall in Porthcawl.

The usual array of quality locally produced foods will be available and there is still space for producers at the market.

Contact Mike Pett, the market co-ordinator on 01656 658963.

**Horeb Chapel events**  
COME and join in the fun at Horeb Baptist Chapel, Dinam Close, Nant-y-moel, for 'To the Edge Space Camp' with Bible stories, games, crafts, snacks, competitions and prizes; for children from five to 13.

It runs from July 26-29, at 4.30pm to 6.30pm.

Also at Horeb Chapel on Mondays at 4pm, the summer family film matinee takes place. The forthcoming films are: *Rocket Man*, July 25; *Brave*, August 1; *Frozen*, August 8; *The Incredibles*, August 15 and *Enchanted* on August 22.

Call Pastor Chris Bluto for details on 01443 675424 or email [chris\\_bluto@yahoo.co.uk](mailto:chris_bluto@yahoo.co.uk).

**Llantwit Major Horticultural Society**  
THE society's July speaker will be Mrs Sheena Crossley, who will give a presentation on 'Gardening Made Easier'.

This is an opportunity for all gardeners to come along to the

Llantonian Hall at 7.30pm on Wednesday, July 27.

For further information visit our website: [www.llantwit-major-horticultural-society.com](http://www.llantwit-major-horticultural-society.com).

### Holiday clubs in Barry

THE Go-Global holiday clubs for primary age (5-11) children contain fun, games, songs and Bible memory challenges. Booking for the clubs is essential, and this summer will take place at:

St John Methodist Church, Barry Island, from July 26 to 28 inclusive, from 10am – 12.30pm (£2 per day).

The Gathering Place Church and community centre in St Athan, August 1 to 3 inclusive, from 10am – 12.30pm (£2 per day).

Crossway Methodist Church, Barry, August 9 and 10, from 10am – 11.30am (£1 per day).

For more information contact Deacon Sam Taylor, on 01446 406262 or [deaconsam@live.co.uk](mailto:deaconsam@live.co.uk)

There will also be a 'Sports Academy' holiday Club at Barry Uniting Church, The Waterfront (next to the medical centre) from August 2 to 6 inclusive, from 10am – 12pm. £1.50 per day or £5 for the whole week. For information on this contact Revs Phil and Carole Challis on 01446 678730 or [vogsuper@gmail.com](mailto:vogsuper@gmail.com).

### Taff Trail cycle challenge

REGISTRATION is now open for the Ty Hafan Taff Trail challenge.

There are three options: Tough Taff cycle challenge – 157km Cardiff to Brecon and back (September 3 – 4); full Taff Trail – 79km Brecon to Cardiff (September 4); or the half Taff Trail – 41km from Merthyr to Cardiff (September 4).

Register your team now at [www.thetafftrail.co.uk](http://www.thetafftrail.co.uk).

## Ten good reasons to visit the Vale Show!

AS excitement starts to build with the popular Vale Show set to take place on August 10 at Fônnon, here are 10 good reasons for visiting the annual rural showpiece.

1. 20,000 people visit the show each year – they must be on to something, and we have the biggest one-day agricultural show in Wales on our doorstep.

2. There is more for families to do and see at the show than ever before – extras this year include the Countryside ring, Army climbing wall and fun activities, Glamorgan Cricket interactive stand, the famous Quack Pack, and new picnic and play zone – plus a visit from Peppa Pig.

3. There's a huge range of classes for horses, sheep, cattle, poultry and dogs; you can see the prize-winning animals in the Grand Parade in the main ring at 3pm.

4. If you need an adrenaline fix, then there's the Stannage International Stunt Team in the main ring at 4pm.

5. Shop 'til you drop – the shopping mall, over 200 trade stands, and if you're looking for something different there's the fantastic craft fair!

6. If you like the dogs on show, then come and see the Rockwood animal display team perform in the main ring.

7. Have something delicious for your lunch: the award-winning Vale Farmers' Market food court. The best of local food is for sale here.

8. Take the chance to learn about farming in the Vale – visit the stand run by the Cows On Tour team and the Young Farmers. Find out where your food comes from as they tell the farming story. Back Welsh Farming.

9. You simply won't believe the giant vegetables unless you see them! Come to the horticulture marquee – we guarantee that you will be amazed.

10. Finish the day with the fast and furious hunt scurry – there are sure to be thrills and spills.

And the best news of all is that you can buy discounted tickets in advance of the show.

See the website: [www.valeofglamorganshow.co.uk](http://www.valeofglamorganshow.co.uk) or check on Facebook for updates Sarah Fenner

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[www.porthcawl-today.co.uk](http://www.porthcawl-today.co.uk)

ON Saturday, July 16 the walking and countryside access charity, Valeways, celebrated its 20th birthday in style.

A large number of Valeways supporters, walkers, friends and volunteers attended a birthday party held at the Forest Lodge, Porthkerry country park, Barry.

In addition, and in the true spirit of the charity, four walking groups started their walks from four different places in the Vale all arriving at the lodge in time for the party.

On arrival, each group was greeted by Valeways' new honorary president, Derek Brockway.

Phil Gibbins, Valeways chairman said that Valeways was delighted when Derek accepted the invitation to be president.

He added: "Not only is Derek a familiar face on our television screens, but he has embraced walking and has inspired many with his television series *Weatherman Walking*. His involvement and support will certainly raise the profile of Valeways and we look forward to him

accompanying us on future walks."

Phil also added that it is always a good idea to have someone who might be able to pull a few strings weather-wise as well!

Derek, a 'Barry Boy', talked to all present about his love of walking throughout Wales, but particularly round his local 'patch' and was very appreciative of the work Valeways is doing to improve pathways, create interesting routes and encourage walking as a valuable exercise throughout the Vale.

Wearing his newly acquired Valeways cap, he proceeded to cut the special birthday cake.

## Rottweiler get-together planned

A 'ROTTWEILER party' will be held at Cosmeston Lakes on Saturday, July 23 at 4pm.

Organisers say that it will be an opportunity to let people know what a "wonderful, misunderstood breed it is."

The event is open to other breeds, too.



## YOUNGSTERS 'TODDLE' FOR BARNARDO'S CYMRU



THE Cowbridge fundraising branch of Barnardo's Cymru staged its annual 'Big Toddle' at Y Bont Faen Primary School on Friday (July 8).

The youngest children (pictured) set off at 1.30pm, while some of the older ones took part in the walk first thing in the morning.

## THE ISLE OF FIRE RETURNS TO BARRY



The fire garden.

**AWARD-winning Isle of Fire returns to Barry Island this weekend to transform the island into a fiery landscape, with light and sounds from Spark! a group of high-impact drummers, amazing choreography and dazzling costumes.**

New to this year's fire garden is the addition of the Flaming Cauldron. This centrepiece is set to wow the crowds as it travels down the promenade throughout the evening's events.

There is no entry fee and it starts at 9pm. The Isle of Fire kicks off the Barry Island Weekenders programme – six weekends of family fun at Barry Island.

For more information, visit [www.valeofglamorgan.gov.uk/whatson](http://www.valeofglamorgan.gov.uk/whatson).

## AM supports 'Workout at Work' campaign

**ASSEMBLY Member for South Wales Central, David Melding, took part in the 'Workout at Work' campaign with a stroll along Penarth esplanade.**

The campaign, organised by the Chartered Society of Physiotherapy, promotes physical and mental wellbeing in the work environment, by encouraging employees to develop healthier work habits so sickness absence is reduced.

Mr Melding said: "As a keen walker, I was pleased to support the

campaign. We can all go for a short walk in our lunch break and it is good to get away from our desks. Despite the drizzle, I and my office staff participated and we all enjoyed getting a breath of fresh air."

He added that: "The Chartered Society of Physiotherapy has come up with a great way of showing how easy it is to make a difference to work habits, helping both the employee and the employer in the long term. It can only be a good thing if the sickness absence rate drops and it is so simple for everyone to participate in this campaign."

## Beer and cider festival

**THE Old Swan Inn in Llantwit Major is holding a beer and cider festival on Friday, July 22, through till the evening of Sunday, July 24.**

It starts at lunchtime on Friday with the opening of the first keg. During the festival, food will be served until late with many choices available from The Old Swan's kitchen.

The festival will include a plethora of different ales and ciders from the likes of Ramsbury, Titanic and Wickwar, and Welsh brewers including VOG.

The Old Swan Inn's manager, Nathan Rees, said: "As usual, we've got a wide range of beers and ciders on tap from a vast range of different breweries, many of them local, and we're expecting a great turnout. We can't wait!"

The pub, which dates back to the 12th century, is part of the Knife & Fork Food group, which also includes The Conway in Pontcanna, The Pilot in Penarth and their latest venture, The Discovery, in Cyncoed.

## RNLI rescues woman from drowning

**BARRY Dock RNLI lifeboat crew have rescued a female swimmer off Jackson's Bay, Barry Island, on July 18.**

The alarm was raised by her friends on the beach after she entered the water having enjoyed a few drinks together on the beach. Her friends became concerned when she was lost from sight.

The lifeboat crew was called to the scene shortly before 7pm on Monday. The coastguard helicopter was also scrambled and the lifeboat crew launched both the bigger 'all-weather' lifeboat and the smaller inshore 'boarding' boat stationed at Barry.

Within minutes, the woman was rescued from the sea and was pulled into the boarding boat.

She was transferred

to the all-weather lifeboat for first aid, then brought ashore before being transferred into the care of paramedics.

Police and coastguards were also on scene.

Hugh Davies, deputy coxswain, said: "Despite the warm weather, the seas around our coast remain cold and cold water shock can kill."

"The dangers of swimming after drinking alcohol are well known so we remind everyone to respect the water this summer."

On Saturday, July 16, crew were called out to assist a 41-foot sailing yacht with a broken engine. Although the yacht was able to continue under sail to Cardiff barrage, Barry Dock RNLI lifeboat worked with Penarth RNLI lifeboat to take it safely through the lock at Cardiff Bay and onto her mooring.

## Ex-lifeboat in blaze drama

**BARRY Dock RNLI lifeboat was called to a boat on fire in the Bristol Channel on Thursday, July 14.**

It had started on board a 45-foot ex-Watson-class lifeboat now in private use. Burnham-on-Sea inshore lifeboat was also called to help.

When the Barry lifeboat arrived, the crew of the Watson lifeboat of Burnham-on-Sea had put the fire out. A lifeboat crew member went aboard the boat, which was not drifting and without engines.

When it had been confirmed that the fire had been made safe and the crew of the fire-

damaged lifeboat were safe and well, the bigger Barry boat towed the stricken vessel back to harbour.

## 'Talking Points': guests announced

**BBC BROADCASTER Roy Noble, Only Men Aloud's founding musical director Tim Rhys-Evans and national poet of Wales, Gillian Clarke, are guests at this year's Barry Arts 'Talking Points' series, which takes place next week in Barry High Street.**

Mr Noble has one of the best-known voices in Wales, having presented on Radio Wales for more than three decades and he will be speaking at 5pm on Monday, July 25.

Tim Rhys Evans is a former vocal tutor at the Royal Welsh College of Music and Drama and a member of the Gorsedd of Bards. He has recently made a documentary investigating attitudes and treatment of mental health issues in society and will be

speaking at 5pm on Wednesday, July 27.

Barry-born poet Gillian Clarke is the national poet of Wales, a position she has held since 2008.

At 5pm on Friday, July 29, she will be reading from her award-winning collections of poetry, some of which are based on her experiences growing up in Barry – including the time a ship's cargo of oranges washed up on the shore. Gillian's poetry can be seen on the walls of Barry library and on the Waterfront.

All three 'Talking Points' events are at the Grind House, 86 High Street at 5pm and last one hour. Entry is £5, including coffee and cake. To reserve a place, contact 07982 319456.

## News from Penarth Belle Vue Bowling Club

**BELLE VUE Bowling Club lost in the Munro Cup to Barry Romilly Bowling Club on July 13 at Barry by 95-41, three rinks losing a tied rink 13 points to one point.**

Rink one lost 12-18: lead was Rowland Fletcher; No 2 Richard Brant; No 3 Alan Thomas and the skip was Trevor Ford.

Rink two lost 33-4: lead was Gerry Field; No 2 was Paul Booth; No 3 was John Whitfield and the skip was Colin Scammell.

Rink three, good come back, tied game (15-15): lead was captain Frank Keen; No 2 was Gordon Ford; No 3 was Paul Paterson and the skip was Barrie Bagwell.

Rink four lost 10-29: lead was Richard Fitzjohn, back from France with the Welsh team; No 2 was Dave Smith; No 3 was Len Fowler and the skip was Dave Miller.

Belle Vue had a nice win at Belle Vue against Caerphilly Social Bowling Club in Saturday's Cardiff League Match to keep us in touch with league leaders: 12 points to two points. 78 shots to 73 shots – another close game for us; three rinks winning and one defeat.

Rink one won 24-15: lead was Richard Fitzjohn; No 2 was Dave Smith; No 3 was Dave Miller and the skip was a

very happy captain, Malcom Thomas.

Rink two won 25-15: lead was Gerry Field; No 2 was Gordon Ford; No 3 was Barrie Bagwell; skip was Dave Purser.

Rink three won 20-11: lead was Rowland Fletcher; No 2 was Richard Brant; No 3 was Len Fowler; skip Trevor Ford.

Rink four lost 9-32: lead was Dave Rappitt; No 2 was Gordon Ford; No 3 was Frank Keen; skip Paul Paterson.

A big thank you to Tracey Thomas for looking after everyone at tea time and to husband Malcolm for getting all the food ready and all the other things involved in making a game of it!

**Bellu Vue revenge in Cup**  
**BELLE VUE got its revenge over local rivals, Penarth (Rectory Road) Bowling Club in the Alun Martin's Cup on July 17.**

Belle Vue has now progressed to the semi-finals, one rink winning and one losing in a close match.

We won by five shots overall: rink one won by six shots, the lead was Richard Fitzjohn; No 2 was Gerry Field; No 3 was Dave Miller; and the skip was captain Malcolm Thomas; final score, 22-16.

Rink two lost one shot on the last end, 18-17. Lead was Rowland Fletcher; No 2 was Frank Keen and No 3 was Len Fowler. The skip was Trevor Ford.

Belle Vue is waiting to find out which team it will play in the semi-final.

FRANK KEEN

## Sea View Lads are rescuers!

**THE Sea View Lads fishing machine has been in action over the past month with anglers fishing local shores and distant marks.**

Local fishing has been inconsistent, but in spite of this, the lads have managed to find nice specimens including bass, hounds and eels making most of the big weights.

However, a small band ventured to the Arctic Circle in early July to see if they could find more fish. They were rewarded with plenty of specimens, including cod to 40lb for Dan Ladner and coalfish to 30lb for Steve Doble.

Poor weather conditions hampered fishing but in spite of this, cod, coalfish and halibut well in the double figures were plentiful and many anglers recorded personal bests and new species.

Biggest catch of the lot perhaps was made by the dedicated boat

anglers fishing on Benjoma 2.

Fishing was interrupted by a mayday call and skipper Paul Crossman reached an upturned boat with three men clinging to the hull.

All were successfully rescued and later transferred to the RNLI lifeboat – lucky indeed since they were ill-prepared for boating in the Bristol Channel and, but for the speedy intervention of Paul and Russ, this might be appearing elsewhere in this paper.

A full report and a boat trip update will follow, more details are on our website.

### RESULTS

May 22: 1st A Harris 11lb 12, 2nd M Langford 5lb 7oz, 3rd S Doble 5lb 5oz, 4th R Green 3 lb 10oz. June 26: 1st A Harris 8lb, July 3: 1st M Langford 24lb 6oz, 2nd A Harris 19lb 13oz, July 17: 1st K Sala 12lb 8oz, 2nd R Harding 10lb 12oz, 3rd G Morgan 2lb 2oz. JC





## SPECIAL OLYMPIANS COME TO THE FORE

**SPECIAL Olympics Wales held its regional golf tournament last week at St Andrews Major Golf Club.**

It was attended by golfers from all parts of Britain; the day started out with a little drizzle but brightened up in time for Jane Hutt AM to welcome all and open the tournament.

Jane has been a great support over many years and we wish to thank her for her continued support, it was also great to see the support given by St Andrews Major GC members who turn out to caddy and act as scorers for the

golfers, which is much appreciated.

The tee off was by golf professional John Hasting who also coaches the golfers, based at St Andrews Major GC. We would like to also thank John for his support and coaching.

After the golf, we all sat down to a meal supplied by McGraths catering which was enjoyed by all.

The 18-hole competition was won by Warren Clark (Surrey), second place Sam Lazenbury (Barry) and third place Matthew Sims (Cardiff).

Nine-hole Division 1 was won by Matthew Prewett (Barry) then

we had three golfers on the same score so on count back it was second Creg Friend (Surrey), third Mark Eveleigh (Barry) and fourth James Savory (Barry).

Nine hole Division 2 was won by Gareth Lloyd (Barry) with Elliott Lee (West Midlands) in second place and Adrian Abbott (Llantwit Major) third place.

Jeff Savory, chair of Special Olympics Wales, said that he had received many comments from the golfers and families on how welcoming and helpfully the club and its members were. We all look forward to returning next year.

JS

## Brian Lee's Blast From the Past – looking back at 1991

**THE GEM's Brian Lee, who has been reporting on the Welsh hunt-racing scene for the past 50 years, takes another look at his press cuttings book for 1991.**

'Rocky Prince' is cheered home' read the heading for my report that went on to say: "The biggest crowd in 21 years was treated to a 10-race programme at the Glamorgan Hunt Steeplechases at St Hilary, where the loudest cheers of the day were for Rocky Prince, an eight-year-old brown gelding which finished alone in a division of an incident-packed maiden race.

'Rocky Prince, a former inmate of Milton Bradley's Chepstow yard, is trained by Ynysybwl's David Gibbs, who owns the horse in partnership with his father-in-law Gwynne Jones.

'Rocky Prince, confidently ridden by Kevin Cousins – who celebrated his 32nd birthday yesterday, took up the running shortly after half-way and was leading the field when those trying to catch him either fell or were brought down.'

Sixteen-year-old Gwent schoolboy Guy Lewis followed his father's advice and notched up his sixth winner in just 14 rides when landing the adjacent on Channel Pastime. Told to take up the running three from home Guy, who is the leading rider in the Daily Telegraph Novice Riders Championship, did just that and went on to win by three lengths from Solar's Pride.

For the record, the opening members' race

was won by Cowbridge's John Llewellyn, who had an easy win on Treble Chance. The first division of the restricted went to Good Holidays who, ridden by Bridgend's Paul Hamer, won by 20 lengths from April Rain.

Division two went to Harwall Queen and Pip Nash, and the ladies' open race was won by Creeping Jane and Debra Smith. Fourteen runners faced the starter for the men's open race and first past the post was Brown Rifle which, partnered by Philip Mathias from Tenby, won by three lengths from JustTheWayYouAre.

Closest finish of the day came in division one part one of the maiden, in which Tim Rooney, riding News Review, got home by a neck from the favourite Bartondale ridden by Paul Hamer.

Philip Mathias made it a double when winning part one of division two of the maiden aboard Country Festival and Gavin Hughes made all on Dillwyn Thomas's Daisy Miller to take part two of division two of the maiden.

### ACE LLEWELLYN IN GREAT FORM

'Cowbridge farmer John Llewellyn landed a brilliant four-timer at the South Pembrokeshire Hunt point-to-point steeplechases. Llewellyn won on Harwall Queen (members), Woodlawn (maiden division one), Gold Shot (men's open), and Parkbride (restricted open).

Ruth Morgan scored her first win in the second division of the maiden on Clover

Express, who finished six lengths ahead of Jack Sound. Sally Lewis took the ladies' open on Premon's Last which scored by three lengths from Fort Captain.'

### TUDOR'S FIRST TREBLE

'Jonathan Tudor, of Bridgend, landed his first treble at the Talybont Hunt Point-To-Point Steeplechases with Andrea's Boy in the members' race, St Helen's Boy in the men's open and Glam Grams Best in the owners' race. Debbie Smith took the ladies' open for the third year running on Creeping Jane, the odds-on favourite, who scored by seven lengths from GW Superman. Simon Jones won the first division of the maiden on April Rain and Tim Jones the second division on Good

Holidays.

'The adjacent hunts race went to Sparkling Lord which was ridden by Bridgend's Paul Hamer, which beat Tudor's mount Dewliner by ten lengths.'

If you thought conditions were bad at Ystradowen for the Glamorgan Hunt Point-To-Point earlier this year, then next time I will tell you about the time gale force winds and heavy rain forced officials to abandon a meeting after just three races.

Only two bookmakers turned up – and who could blame them – and owners and trainers decided to keep their horses in their boxes.

You can e-mail your point-to-point stories or pictures to brianlee4@virginmedia.com or phone 02920 736438.

## Six new 3G pitches

**THE Vale Cabinet has given the go ahead to develop six new all-weather 3G sports pitches at the Colcot Sports Centre.**

A total of £614,000 of funding has been made available to finance facilities, which include four five-a-side pitches and two seven-a-side pitches.

The development of further smaller 3G pitches, in support of the pitch development at Jenner Park by the council last year, will increase playing opportunities for clubs and schools across the Vale.

Colcot Sports Centre

was chosen as the best location to create the new pitches, due to the available space and close proximity to a number of schools.

Coun Gwyn John, cabinet member for leisure services, said: "Following the success of the all-weather pitch at Jenner Park, I'm pleased that we are in a position to announce our commitment to invest in a further six 3G pitches to support sports development in the Vale.

"We want more people to take part in sporting activities and the development of additional 3G pitches will make it easier for people to get involved in all weather conditions."

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## Swim sprint meet draws competitors from across Wales

ON Saturday, July 16, the Barry Amateur Swimming Club held its Cardiff Bay Sprint Meet at the Cardiff International Pool in Cardiff Bay.

This was the 28th gala in the series which was originally set up by Brian Hardwicke as 'The GRE Sprint Meet' in the Cogan Pool, Penarth over a weekend in July. This has now become a highly regarded one-day event.

Our youngest age group competes for the 'Rowland Jones Cup' which is awarded to the nine-year-old boy or girl swimmer who gains the highest point score for the four single-stroke 50m events.

Rowland Jones was chairman of our local area for many years before his sudden death. Similarly, the 'Brian Hardwicke Cup' is awarded to the best overall 12 year-old swimmer. Brian was chairman of the Welsh ASA for several years as well as chairman of our local area for some time too.

There were many Welsh clubs competing from as far as Aberaeron and Tenby, Tredegar and Blaenafon. We were also very glad to welcome some swimmers from Penarth as they've been unable to attend this competition in recent years.

The best nine-year-old swimmer, who won the Rowland Jones Cup, was James Ardern from Tenby and District Club. He won with a top score of 40 points overall.



having won all four of his races! The Brian Hardwicke Cup was won by 12-year-old Katie Davies with a grand total of 38 points. Congratulations to both swimmers.

Following the 50m sprint races in all four competition strokes, the top 10 girls and boys in each age group are invited to swim in an individual medley race, when each first place winner earns a cash prize.

I'd like to congratulate the following Barry swimmers who did very well – Aaron Belby who came in eighth overall, and many congratulations to Thomas Pugh who won a couple of his races and was very nearly first overall in his age-group

with 35 points. Congratulations also to David Youngs and Cian Ralphs who were placed.

We had more girls competing than boys and we congratulate Nia Thomas and Aimee Jefferson, who were all placed in the 11-year-old group. Lauren Whittaker was well placed in the 12 year old swimmers as were Seren Russell, and Caitlin Williams in the 13 year old competitors.

Also, Nia Fuller was placed in the 14 year age group and many congratulations to Bethan Williams, who came top of the 16-and-over age-group competitors!

We now look forward to the 29th Cardiff Bay Sprint Gala to be held on July 15 next year. SB

## THE BARRY RFC LOTTERY DRAW

LAST week's lucky numbers were 13, 16, 17 and 22, which once again failed to find a winner; this week's prize will be £2,280. AJ

## Ellis lands three wickets as Athletic earns another win

LAST Saturday, Barry Athletic first XI travelled to Ebbw Vale with the start delayed until 2.45pm.

They won the toss and ask Ebbw Vale to bat first on a misty gloomy afternoon.

Ebbw Vale clocked up 122 for 8 in their 30 overs with C. Wallace (19), D. Blake (19) and N. Pepper (18 not out); Shea Ellis (3 for 12) and Steve Provis (2 for 25), were the main wicket takers for Barry.

In reply Barry started like a train and had 58 on

the board before they lost the wicket of David Goodway for a fine 38.

This brought Nathan Baker to the wicket and Baker (35 not out) and Gavin White (26 not out) saw Barry home to another win and 19 points.

Barry Athletic second XI entertained

Whitchurch Heath at the Athletic Ground, Barry Island, and notched up a fine score of 197 for 5 with M. Anwar (68) and the ever-reliable Lee Morgan (58 not out) starring, with A White

taking 2 for 31 and R. Hopcroft 2 for 35.

In reply Whitchurch Heath were 186 all out, with G. Lucey 67 not out; M. Anwar (3 for 21) and Paul Murphy (2 for 26) were the main wicket takers as the team earned a second win for returning captain Ashley Baker.

This weekend Barry Athletic first XI entertain second place Brecon, with the second XI travelling the short distance to Dinas Powys. MR

## Wins for John and Evan

VALE trainers John Flint and Evan Williams had plenty to smile about last week.

At Bath, John Flint saw his eight-year-old Bernisdale, the oldest

horse to face the starter in the C&I SouthWest Limited Handicap over one mile and six furlongs, come home one-and-three-quarter lengths ahead of Lady Hare at odds of 8-1 and at Worcester's evening meeting, Evan Williams' In On The Act, a 5-1 chance, won by a neck from Sailors Warn in the Cotswold Scaffolding Handicap Hurdle.

Daniel Muscutt was aboard Bernisdale and stable jockey Paul Moloney rode In On The Act.

BRIAN LEE

## Bridgend Bridge Club news report

THE results for recent events at Bridgend Bridge Club are:

Wednesday, July 13: First, John Beard and Liam Sheridan; Second, Alan Heath and Rob Forman; Third, Geoff Barnes and Peter Bugden. The winners on handicap were Alan Heath and Rob Forman.

Thursday, July 14: First, David Newman and Stuart Davies; Second Francis Heslin and Dee Finch; Third, Leila O'Hagan and Dylis Bowser. The winners on handicap were David Newman and Stuart Davies.

Friday, July 15: First, Simon and Debbie Richards; Second, Irene Thomas and Graham Jones; Third, Colin and Hazel Heard. The winners on handicap were Simon and Debbie Richards.

Regular club nights take place on Wednesday and Friday evenings at

7pm at Noltan Church Hall. On Thursday afternoons at 2pm also at Noltan Church Hall, there are gentle bridge sessions when advice is readily available on bidding.

Following the success of this year's lessons there will be another course starting on Thursday, September 8 at 11.30am at Noltan Church Hall.

These are suitable for complete beginners, or for those who have played either bridge or whist in the past and want to start playing again and to further their knowledge of this fascinating game.

For further information about this friendly club and its activities please contact Steve Burgoyne (01656 661958), John Evans (01656 880372) or David Newman (01656 649138). DN

## A tricky week for Millwood

TAKING the evening trip to Penarth for this latest round of the Munro Cup, Millwood soon found themselves facing a Penarth side not ready to show any signs of making this an easy game to win.

After the first four ends had been played, Penarth had taken a 16-8 shot lead, which soon after became a 31-17 substantial lead by the time the eighth end had been played.

If Millwood were to make any impact on the game, Penarth squashed any ideas of a comeback for at the 13th end where Millwood found themselves even further behind, trailing by 53 shots to 37.

The final ends did see Millwood snatch back a few shots, but too little to make any significant change to the outcome of the game.

A word of thanks, however, to Millwood rink 5 for their contribution, a 17-shot win, which did make the final score a bit more respectable, although Penarth ran out winners

by a 17-shot margin, 50-67.

Well played, Penarth, and thanks for the welcome given to Millwood and the after-game hospitality shown. Millwood welcomed Barry Romilly for this Division 4 game with both sides hoping to win this keenly contested game.

Romilly soon settled into the game for after the fifth end, Romilly had taken a four-shot advantage to lead by 16-20.

On completion of the 10th end, the game had swung even further away from Millwood for them to be trailing by nine shots at 33-42.

Could Millwood do anything to counteract the balance the way the game was going?

On the 15th end, the answer was no, for Romilly had now opened up a massive 19 shot gap to lead by 42 shots to 61.

As much as Millwood tried, things did not look any better, for on completion of the 21st and final end, Romilly had increased their lead to run out worthy winners by a margin of 33 shots to win 57-90. BH

## Bridgend DFC family fun day

SATURDAY, July 30 will see Bridgend DFC host its first 'family fun day' at Minerva Street Playing Fields, Bridgend.

The day is about raising money and awareness for our disabled and mental health football teams; the money will help with news kits and transport to tournaments.

On the day there will be a charity five-a-side football tournament, bouncy castles, stalls, refreshments and much more, so please come along and support our good cause!

For more information contact Kelly Hall on 07498 505228.

KH

## News from Porthcawl Bridge Club

LATEST club results:

Saturday, July 2 - First - Trish Saunders & Janet Richards; Second - Dil Evans & Roger Draper. Thursday, July 7 - First - Tony Haworth & Keith Davison; Second - Gary Williams & Pat Haworth.

Saturday, July 9 - First - John Beard & Tony Haworth; Second - Colin & Hazel Heard. Thursday, July 14 - First - Trish Saunders & Pat Cogbill; Second - Rob Charlesworth & John Beard.

The club meets twice a week, Saturday and Thursday, at the Awel-y-Mor centre, 6.45pm-9.45pm, visitors welcome at any time.

To contact the club, call our secretary, Trish, on 01656 785794.

TH

Go to the **The GEM** for the latest stories and breaking news...  
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**£7,995**



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In pure silver, 68,000 miles, over £2,500 of extras  
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- 61 VAUXHALL Corsa 1.4SE Automatic In met blue, 37,000 miles ..... **£6,495**
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- 59 VW Golf Plus 1.4 TSI SE In silver, 50,000 miles, host of extras ..... **REDUCED TO £6,495**
- 58 MAZDA CX7 2.3 In met grey with black leather, 44,000 miles, superb example ..... **£6,495**
- 58 MINI Cooper In met green/white roof, 38,000 miles, 1 owner, A/C etc ..... **£6,495**
- 60 HONDA Jazz 1.3 ES Automatic In met grey, 29,000 miles, a/c etc ..... **£5,995**
- 60 SEAT Leon 1.2 TSI 'S' 5-Dr In black, 43,000 miles. Good looking car ..... **£5,995**
- 10 VAUXHALL Astra 1.4 SE Turbo 5-Dr In silver, 55,000 miles, nice example **REDUCED TO £5,995**
- 13 VOLKSWAGON UP 1.0 Black Edition 51,000 miles, high spec, low running costs ..... **£5,995**
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- 09 PEUGEOT 308 XL 1.6 Diesel 5-Dr In met-grey, 76,000 miles, low running costs ..... **£3,995**
- 58 SKODA Fabia 2 HTP 1.2 5-Dr. Met Grey, 50,000 miles, nice example ..... **£3,795**
- 11 SUZUKI Alto S23 1.0 5-Dr In red, 47,000 miles, low running costs, plus £20 road tax ..... **£3,695**
- 07 TOYOTA Yaris 1.3 Zinc 5-Dr Auto In met-silver, 65,000 miles ..... **£3,695**
- 59 SMART Fortwo Passion Auto In red/silver, 21,000 miles, glass roof ..... **REDUCED TO £3,495**
- 10 SMART Fortwo Pulse MHD Auto In bronze, metallic, 46,000 miles, 1 owner **REDUCED TO £3,495**
- 09 FORD Ka 1.2 Style (New Shape) In silver, 51,000 miles, £30 road tax ..... **REDUCED TO £3,495**
- 59 HYUNDAI i10 Edition 1.1 5-Dr In grey, alloys, C/D, A/C, E/W, £30 road tax ..... **£3,495**
- 57 RENAULT Clio 2.0 Dynamique S In black, 63,000 miles with pan-roof, keyless-go etc ..... **£3,295**
- 58 FIAT Grand Punto 1.4 Dynamic 3-Dr In met-blue, 63,000 miles, low running costs ..... **REDUCED BY £300 TO £2,695**
- 07 VOLKSWAGON Urban Fox 1.2 In red, 59,000 miles, low insurance ..... **£2,695**

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## Sun and stiff breezes on captain's day

A captain's day supported for meeting recently by Sigginstone resident hosted by and society captain Southerndown Golf Geraint Davies. Club for the members of the Glamorgan Farmers' Golf Society that was extremely well

many happy memories he has from his time as a member.

Also invited to the evening's presentation ceremony were other founder members that for various reasons no longer participate in the monthly competitions.

These included life member Gwyn Evans, John Lee, Arwyn John and Ross Farr together with honorary members Gino Cocco and Graham Walker.

Those competing enjoyed warm sunshine but also quite a strong breeze, which proved quite a hazard resulting in 93 balls being lost to the gorse bushes that border the majority of fairways on this cliff top course resulting in below average scores being returned.

Leading the field at the end of the day with 30 Stableford points included John Hibberd, Dan Jarvis, Coun Ray Thomas and treasurer for the day Reg Davies.

Nearest the pin on the par three holes were Brian Jones, Gareth Perkins, Geraint Davies and Dan Jarvis, who also hit the longest drive down the 18th fairway to collect the longest drive prize.

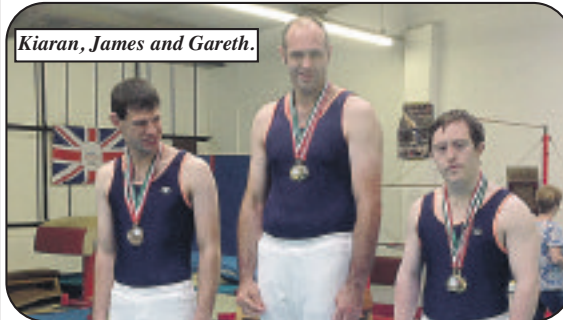
Captain Geraint correctly guessed the high number of balls that would fail to return home which resulted in £100 being collected for the British Diabetes Society.

The society's next meeting is scheduled for Thursday, July 29, at Langland Bay Golf Club and will be sponsored by Maes Glas Veterinary Group.

TMcc

## GYMNASTS IMPRESS IN A REGIONAL COMPETITION

Kiaran, James and Gareth.



GYMNASTS from all round Wales competed at the Special Olympics Wales Regional Artistic Gymnastics Competition, which was held at the Penarth Gymnastics Club in Barry.

We started with the boys followed by the girls and both gave us a wonderful display of what can be achieved with some hard work and dedication.

Level B was won by Alysha Martin Smith and in second place Daisy Darley both from Haverfordwest GC.

Level 2 girls was won by Gemma Bowie Hallam from Pembrokeshire Special Needs GC.

Level 3 girls, with a high quality display of their work, was won by Adele Bevan with her clubmate Lydia James coming second – both of these gymnasts are from Pembrokeshire SNGC.

On to the boys/men group, and boys' level 1 was won by Leon Davies from PSNGC, second Jake Morgan Haverfordwest and third Joshua Critten PSNGC.

Division 1 men's places were taken by the gymnasts from Penarth Gymnastics Club – in first place David Melly, whose work has been improving all year, and who has now won the Welsh Gymnastics and Special Olympics Wales titles for his level followed by Dafydd Williams in second place.

Men's division 2 was won by Gareth Lloyd followed closely by James Savory and third place Kiaran Parson – these three men have been at the top of disability gymnastics for many years now and are continuously changing positions.

Jeff Savory, chair of Special Olympics Wales, stated that the work these gymnasts produce week after week is a credit to themselves, to Penarth Gymnastics Club and their disability section, overseen by Mrs Gwynedd Lingard, for the work that the dedicated volunteer

coaching staff do. Special Olympics Wales would like to thank Penarth Gymnastics Club for allowing us to use their great facility – which is on Ty Verlon Estate, Barry – all judges and volunteers who helped the competition to run so smoothly. JS



David, Gwynedd and Dafydd.

## Barrivale Bridge Club results round-up

LATEST results from Barrivale Bridge Club for July 12:

1st Mark Roderick & Peter Millar 62.25%; 2nd Mia Deschepper & Tim Barsby 62.00%; 3rd Alan Jones & Lyn Matthews 59.08%. Mia Deschepper and Tim Barsby won on handicap.

New members are always welcome at Barrivale. A partner may be arranged if required.

If you would like to join us ring 01446 418380 or 01446 733425 or 01446 735592 call at the Pioneer Hall, Beryl Road, Barry on Tuesdays at 7pm. Alternatively players, inexperienced or new, may attend on Fridays at 10am at the same address.

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## Athletes attend Halo Sport awards



**ATHLETES** representing Bridgend County Borough in regional and national sporting competitions attended Halo's Sport Foundation awards recently.

The recipients were chosen by the Foundation for their commitment to their training and success in competition so far. The foundation - which has Olympic triathlete Helen Jenkins as its ambassador - was launched because it knows 80 per cent of aspiring athletes have limited funding to support their ambitions and the crucial training and competition that will help them progress to national and international level.

The foundation aims to give

ambitious sports people in the county crucial support for their future. This year the foundation is providing essential financial support and free training opportunities to 145 ambitious sportsmen, women and children of all ages (ranging from 11-60), representing 32 different sports, everything from athletics, bowls, surf lifesaving, clay shooting, deaf rugby, para-table tennis to football and judo.

It is all about investing in local talent, supporting local athletes and inspiring local communities.

For more information about the sport foundation and how to apply for a grant - or how you or your business could get involved supporting local athletes, visit [www.halosportfoundation.org.uk](http://www.halosportfoundation.org.uk).

## Pencoed RFC holds end of the season presentation evening



Pictures by  
JULIE  
HANCOCK.

**PENCOED RFC** recently held their end-of-season presentation evening, where the following players received awards:

Kyle Barrett received the top points scorer trophy from Steven Pope in the absence of Adam Williams; Gareth Prentice received the supporters' player of the year trophy from Steve Phillips; coach Alan Cattle presented Dan Watkins with the most promising player trophy; in the absence of David Young, Rhys Thomas received the trophy on his behalf from coach Alan Cattle.

Team manager Dean Moore presented the players' player award to Rhys Clark and coach Gerald Williams presented James Tredray with the player of the year award.

Pencoed RFC training has now commenced for the forthcoming season at their Woodlands training ground every Tuesday and Thursday from 6.30pm. Players old and new are most welcome, and would interested players please contact head coach Gerald Williams on 07875 020 873.

Pencoed Phoenix senior women (age 18 and over) training has now started every Wednesday from 6.30pm - prospective players should contact the team manager Michele Halse on 07709 073 912 for further details.



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